

Kent Indoor Championships

Lee Valley Athletics Centre 5th March 2011

PROGRAMME OF EVENTS

TRACK						FIELD				
Time	Event	Age Group		Entries		Time	Event	Age Group	Entries	
T1	10.00	60mH	U15G	Heats	7	F1	10.00	POLE VAULT	SM	6
T2	10.10	60mH	U17W	Final	6	F2	10.00	POLE VAULT	U20M	2
T3	10.20	60mH	U15B	Final	4	F3	10.00	POLE VAULT	SW	5
T4	10.25	60mH	U20W	Final	2	F4	10.00	POLE VAULT	U20W	1
T5	10.30	60mH	U17M	Final	4	F5	10.00	LONG JUMP	U15G	9
T6	10.35	60mH	U20M	Final	3	F6	10.00	LONG JUMP	U15B	12
T7	10.45	60mH	SM	Final	4	F7	10.00	HIGH JUMP	U17M	3
T8	10.50	60mH	U15G	Final		F8	10.00	HIGH JUMP	U15B	6
T9	11.00	60m	U15G	Heats	26	F9	10.00	HIGH JUMP	U17W	3
T10	11.20	60m	U15B	Heats	12	F10	10.00	HIGH JUMP	U15G	4
T11	11.30	60m	U17M	Heats	16	F11	11.10	LONG JUMP	SW	1
T12	11.40	60m	U17W	Heats	13	F12	11.10	LONG JUMP	U20W	4
T13	11.50	60m	U20M	Heats	12	F13	11.10	LONG JUMP	U17W	8
T14	12.00	60m	SM	Heats	13	F14	11.25	LONG JUMP	SM	2
T15	12.15	60m	U20W	Heats	7	F15	11.25	LONG JUMP	U20M	8
T16	12.20	60m	U15G	S/F		F16	11.25	LONG JUMP	U17M	6
T17	12.30	300m	U17W	Heats	8	F17	12.50	TRIPLE JUMP	U17M	5
T18	12.40	60m	SW	Final	2	F18	12.50	TRIPLE JUMP	U15B	2
T19	12.45	60m	U15B	Final		F19	12.50	TRIPLE JUMP	SW	1
T20	12.50	60m	U17M	Final		F20	12.50	TRIPLE JUMP	U20W	3
T21	12.55	60m	U17W	Final		F21	12.50	TRIPLE JUMP	U17W	3
T22	13.00	60m	U20M	Final		F22	13.30	SHOT	SM	8
T23	13.05	60m	SM	Final		F23	13.30	SHOT	U20M	4
T24	13.10	60m	U15G	Final		F24	13.30	SHOT	U17M	5
T25	13.15	60m	U20W	Final		F25	13.55	TRIPLE JUMP	SM	5
T26	13.30	400m	U20M	Heats	8	F26	13.55	TRIPLE JUMP	U20M	4
T27	13.40	400m	U17M	Heats	7	F27	14.00	HIGH JUMP	SM	3
T28	13.50	400m	U20W	Heats	10	F28	14.00	HIGH JUMP	U20M	4
T29	14.00	400m	SM	Final	4	F29	14.00	HIGH JUMP	SW	3
T30	14.20	400m	U15B	Final	2	F30	14.00	HIGH JUMP	U20W	3
T31	14.25	400m	SW	Final	3	F31	15.00	POLE VAULT	U17M	4
T32	14.30	800m	U15G	Heats	9	F32	15.00	POLE VAULT	U15B	2
T33	14.40	800m	U17W	Heats	9	F33	15.00	POLE VAULT	U17W	2
T34	14.50	200m	U15B	Heats	14	F34	15.00	POLE VAULT	U15G	4
T35	15.00	200m	U15G	Heats	15	F35	15.30	SHOT	U15B	1
T36	15.10	200m	U17M	Heats	13	F36	15.30	SHOT	SW	1
T37	15.20	200m	U17W	Heats	17	F37	15.30	SHOT	U20W	3
T38	15.30	200m	U20M	Heats	9	F38	15.30	SHOT	U17W	1
T39	15.40	200m	U20W	Heats	9	F39	15.30	SHOT	U15G	9
T40	15.50	200m	SM	Final	5					
T41	15.55	200m	SW	Final	2					
T42	16.00	300m	U17W	Final						
T43	16.10	400m	U20M	Final						
T44	16.15	400m	U20W	Final						
T45	16.20	400m	U17M	Final						
T46	16.25	200m	U15B	Final						
T47	16.30	200m	U15G	Final						
T48	16.35	200m	U17M	Final						
T49	16.40	200m	U17W	Final						
T50	16.45	200m	U20M	Final						
T51	16.50	200m	U20W	Final						
T52	16.55	800m	U15B	Final	6					
T53	17.00	800m	U17M	Final	7					
T54	17.05	800m	U20M	Final	5					
T55	17.10	800m	SW	Final	1					
T56	17.10	800m	U20W	Final	2					
T57	17.15	800m	SM	Final	5					
T58	17.20	800m	U15G	Final						
T59	17.25	800m	U17W	Final						

- If you are competing in a TRACK event you MUST report to Track Registration at least 45 minutes before the scheduled start of each track event, and MUST report to the Marksman in the Athlete Call Up Area 10 minutes before the event.
- Athletes competing in FIELD events MUST report directly to that event 15 minutes before the event is due to start and MUST be alert to any announcements regarding their event.
- For TRACK events, if insufficient athletes report for the heats the Final will be run at the heat time. Similarly if the number of heats does not warrant a second round the Final will be run at time of the second round.
- Club (school) colours MUST be worn, or clothing acceptable under UKA rule 17.
- If, after reporting for an event or after qualifying for a second round or Final, you have need to withdraw, you MUST inform the Referee for that event. You will be allowed to withdraw but will not be allowed to compete again during the course of the day.
- Competitors and Coaches should be aware of the rules regarding ASSISTANCE; UKA rules 21 & 105.

- Athletes must be aware that maximum 6mm length spikes are permitted to be used in the Centre.
- Only Centre provided starting blocks are permitted to be used.
- The Athlete Call Area will be located at the Cinema end of the Centre. Coaches and spectators will not be permitted to pass through this area.
- No Coaches or spectators will be permitted to be on the back straight when the circular races are in progress.