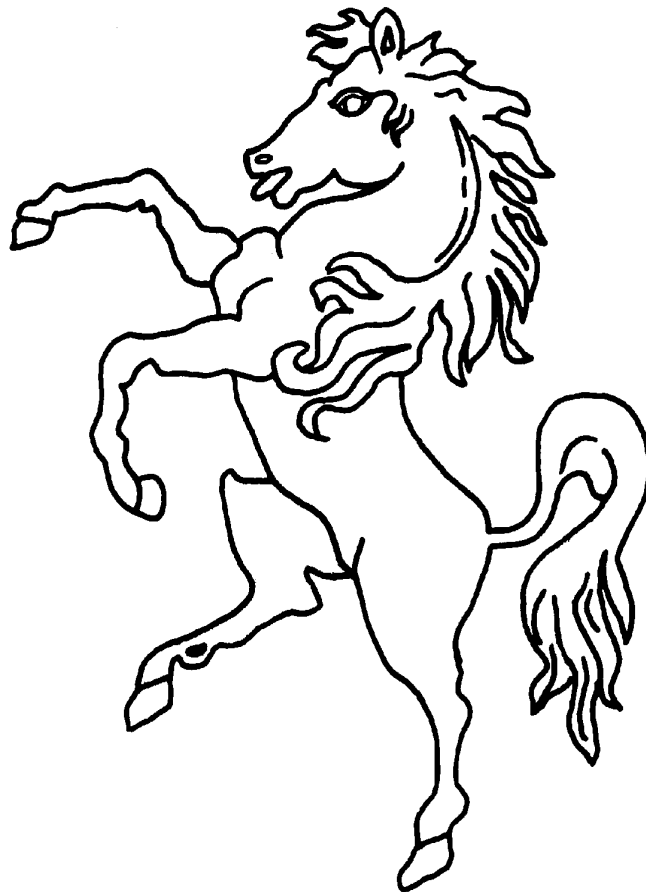


**KENT COUNTY ATHLETIC ASSOCIATION
KENT VETERAN'S CROSS COUNTRY
CHAMPIONSHIPS**



(UNDER UKA and KCAA RULES)

2th December 2023

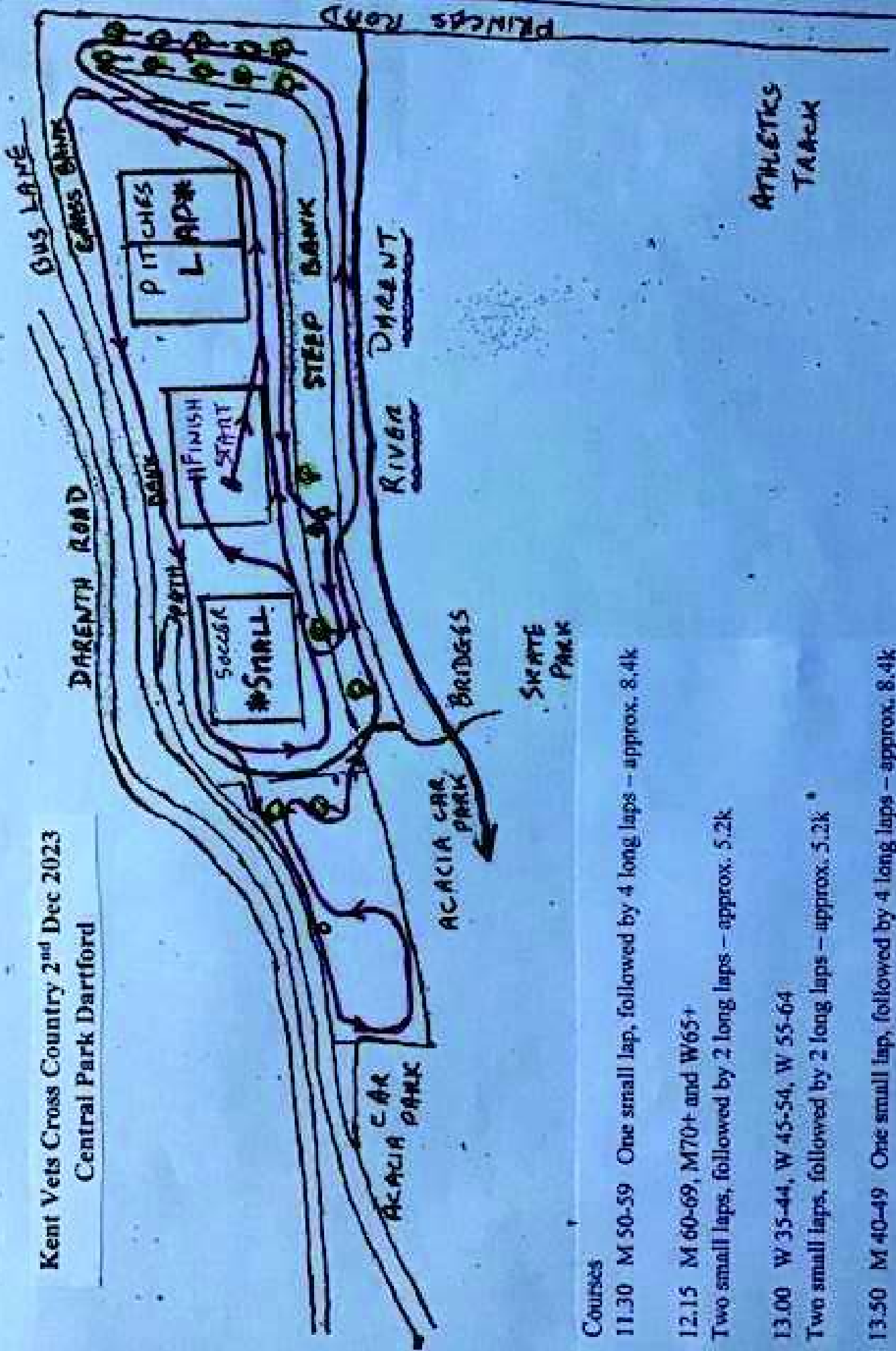
Central Park, Dartford

Kent Veteran's Cross Country Championship
Central Park Dartford
Saturday 2nd December 2023

Race No	Event	Time	Team Awards	Course	Distance
Race 1	M50-M59	11.30	First 4 to score	One small and four long laps	8400m
Race 2	M60-M69	12.15	First 3 to score	Two small and two long laps	5200m
Race 2	M70+	12.15	-	Two small and two long laps	5200m
Race 2	W65+	12.15	-	Two small and two long laps	5200m
Race 3	W35-W44	13.00	First 3 to score	Two small and two long laps	5200m
Race 3	W45-W54	13.00	First 3 to score	Two small and two long laps	5200m
Race 3	W55-W64	13.00	First 3 to score	Two small and two long laps	5200m
Race 4	M40-M49	13.50	First 4 to score	One small and four long laps	8400m

The first 3 finishers in all age groups to be awarded medals

Kent Vets Cross Country 2nd Dec 2023
Central Park Dartford



Courses

- 11.30 M 50-59 One small lap, followed by 4 long laps – approx. 8.4k
- 12.15 M 60-69, M70+ and W65+
Two small laps, followed by 2 long laps – approx. 5.2k
- 13.00 W 35-44, W 45-54, W 55-64
Two small laps, followed by 2 long laps – approx. 5.2k *
- 13.50 M 40-49 One small lap, followed by 4 long laps – approx. 8.4k

M50 - M59 Championship Entries

Race No	Athlete Name	Race No	Athlete Name	Race No	Athlete Name
	Ashford & District RRC		Dulwich Runners AC		Tonbridge AC
1	Adrian Beresford (M55)	47	Andy Bond	85	Tobin Bird (M55)
2	Jim Loftus (M55)			86	Philip Coleman (M55)
3	Scott Lynch (M55)		Folkestone Running and AC	87	Antony Fullbrook (M55)
4	Keith Lynn (M55)	48	Tristan Bruce	88	Derek Jee
5	Adrian Moody (M60)	49	Robert Collier	89	Peter Kernan
6	Andrew Noble (M55)	50	Krzysztof Klidzia (M55)	90	Mark Pitcairn-Knowles (M55)
7	Julius Samson	51	Stephen Male (M55)	91	Christopher Potter
		52	Darren Philip	92	Richard Preston
	Ashford AC		Invicta East Kent AC	93	Ben Reynolds (M55)
8	Ian King	53	Gavin Whitlock	94	Scott Shurmer
				95	Michael Thomson
	Beckenham Running Club		Istead and Ifield Harriers		Tunbridge Wells Harriers
9	Jim Addison	54	Mark Pywell	96	Robin Barwick
10	Neil Phillips (M55)			97	Andrew Deighton (M55)
11	Austin Platt (M55)		Kent AC	98	Saul Harris
12	Andy Regan	55	Luke Armitage (M55)	99	Simon Howden
		56	Julian Gevers (M55)	100	Michael Purse (M55)
	Blackheath & Bromley H AC	57	Philip Marsden	101	Michael Russell (M55)
13	David Beadle (M55)	58	Michael McCartney	102	Colin Timmins (M55)
14	Matt Bullen (M55)	59	Paul McCrone (M55)	103	Christopher Walmsley
15	Luca Ercolani	60	William Pitt	104	Simon Whitaker (M55)
16	Steven Hough	61	Philip Sanders	105	Danny Winson
17	George Kleanthous (M55)	62	Tomas Sloan		
18	Chris Martin				
19	Jason Meers		Larkfield AC		
20	Sheridan Morris (M55)	63	Jonathan Hunter (M55)		
21	Neil Roberts				
22	Barry Slattery (M55)		Maidstone Harriers		
23	Andrew Tutt (M55)	64	Keith Dean (M55)		
		65	Martin Jones		
	Bromley Veterans AC	66	Adrian Perkins		
24	Jason Short	67	Damon Williams		
25	Tim Sowter (M55)				
			Medway and Maidstone AC		
	Cambridge Harriers	68	Adam Featherstone		
26	Paul Ford (M55)	69	Don Lawless (M55)		
27	Ian Miller	70	Lee McMeekin		
28	Christian Poulton (M55)	71	Alun Rodgers (M55)		
29	David Reader	72	Richard Tomlinson (M55)		
		73	Stephen Turpie		
	Canterbury Harriers	74	Gareth Williams (M55)		
30	Colin Kent (M55)				
			Mote Runners		
	Central Park Athletics	75	Nigel Groves (M55)		
31	Barry Angell				
32	Stephen Burgess		Orpington Road Runners		
33	James Carney	76	Robert Jackson		
34	Alan Clisby (M55)	77	Gavin Kitchingham (M55)		
35	Paul Curd (M55)	78	Martin Moss		
	Dartford Harriers AC		Petts Wood Runners		
36	Andrew Archer	79	Kevin Howarth		
37	Reuben Burford	80	David Moore (M55)		
38	Nicholas Varley				
			Sevenoaks AC		
	Dartford Road Runners	81	Allan Lee		
39	Jason Browne				
40	Andrew Green (M55)		South Kent Harriers		
41	Steve Jarvis	82	Lee Sentenacq (M55)		
42	Ian McGrath	83	Kevin Southen		
43	Tony Piper (M55)				
44	Darren Rickard		Swale Combined AC		
45	David Ringrose	84	Philip Larter		
46	Robert White				

M60 - M69 Championship Entries

Race No	Athlete Name
	Ashford & District RRC
106	Stephen Hickman
	Beckenham Running Club
107	Kenneth Baksh (M65)
108	Steven Moss
	Bexley AC
109	Stephen Stewart
110	Kevin Winch
	Blackheath & Bromley H AC
111	Luigi Arcuri (M65)
112	Roger Beswick
113	Mark Ellison
114	Andrew Lawes (M65)
115	Steven Pairman
116	James Unwin
	Cambridge Harriers
117	Martin Hawkins
118	Graham Maynard
119	Ian McCarthy (M65)
120	Paul Warricker
	Canterbury Harriers
121	John Cooper
122	Adam Cowper-Smith
123	Andrew Farrant (M65)
124	Tony Savage (M65)
	Central Park Athletics
125	John Arnould (M65)
126	Anthony Durey
127	Peter Thomas (M65)
	Dartford Harriers AC
128	John Gurney (M65)
129	Mark Kybert
130	Timothy Orr (M65)
	Dartford Road Runners
131	David Ballard
	Dulwich Runners AC
132	Michael Fullilove
133	Stephen Smythe (M65)
134	Tony Tuohy
135	Neville Webb (M65)
	Folkestone Running and AC
136	Torben Jessen
137	Alan Randall
	Greenwich Tritons
138	Gerry Frizzelle (M65)
139	Simon Neville
	Harvel Hash House Harriers
140	Ian Dickson (M65)
	Istead and Ifield Harriers
141	Peter Moore

M70+ Championship Entries

Race No	Athlete Name
	Kent AC
142	John Barron (M65)
143	Roger Beardsworth
144	Bernard Hutchinson (M65)
145	Christopher Lydon
146	Leonard Reilly
147	Gary Timmins
	Maidstone Harriers
148	Stephen Payne (M65)
149	Craig Peake
150	David Thornby (M70)
151	Michael White
	Medway and Maidstone AC
152	Robert Fursey
153	Mark Simpson
154	Jeremy Woolley (M65)
	Mote Runners
155	Alan Probert
	Orpington Road Runners
156	Steven Georgiadis
157	Robert Lawrence
158	Clive London (M65)
	Paddock Wood AC
159	David Sampson
160	John Tolhurst (M65)
	Petts Wood Runners
161	David Poland
	Sevenoaks AC
162	Christopher Desmond
163	Keith Dowson
	South Kent Harriers
164	Jeremy Saynor
	Tonbridge AC
165	Cain Bradley
166	Graeme Charters (M65)
167	Brian Dye (M65)
168	Mark Grange
169	Graeme Saker
170	Andrew Wood
	Tunbridge Wells Harriers
171	Steven Bolton
172	Andrew Howey
173	Geoff Hurrell
174	Gary Oreilly
175	Michael Sharp (M65)
176	Geoff Turner
	Blackheath & Bromley H AC
177	Kenneth Daniel
178	Jim Phelan (M75)
179	Christopher Pike
180	John Turner
	Bromley Veterans AC
181	Christopher Read
	Cambridge Harriers
182	Michael Ellsmore
	Canterbury Harriers
183	Steven Clark
184	Joe Hicks
	Dartford Harriers AC
185	Robert Coombes
	Dartford Road Runners
186	Christopher Dellow
187	Roy Knight
188	John Setford
	Folkestone Running and AC
189	Grahame Eke
	Greenwich Tritons
190	Vernon Thomas (M75)
	Harvel Hash House Harriers
191	Ian Carey
	Invicta East Kent AC
192	John Webb
	Kent AC
193	Daniel Mackay
194	Julian Spencer-Wood
	Mote Runners
195	David Grunfeld
196	Michael Jefferies (M75)
	Orpington Road Runners
197	Stephen Briggs
	Sevenoaks AC
198	Simon Hallpike
199	Geoffrey Kitchener
	South Kent Harriers
200	Michael Hayley
	Tonbridge AC
201	John Harley
202	Alan Newman

W65+ Championship Entries

Race No Athlete Name

Bexley AC

203 Kathy Leaf
204 Geraldine Legon

Blackheath & Bromley H AC

205 Maz Turner (W70)

Canterbury Harriers

206 Elisabeth Batty

Istead and Ifield Harriers

207 Barbara Ockendon (W70)

Kent AC

208 Zoe Gaffen
209 Annabelle Hadlow

Larkfield AC

210 Janice Moorekite

Orpington Road Runners

211 Janet Lenton
212 Claire London (W70)

Tunbridge Wells Harriers

213 Margaret Deighton
214 Lucille Joannes
215 Stella Richardson

W35 - W44 Championship Entries

Race No Athlete Name

Race No Athlete Name

Ashford & District RRC

216 Lauren Aldred
217 Gemma Carter-Collins (W40)
218 Kelly Gammon (W40)
219 Nicola Moffat

Bexley AC

220 Kirsty McEwen

Blackheath & Bromley H AC

221 Trang Nguyen (W40)

Cambridge Harriers

222 Sophie Johnson
223 Katie Sanders (W40)

Canterbury Harriers

224 Joanne Norrington (W40)

Central Park Athletics

225 Leila Banyard
226 Elizabeth Brookes (W40)
227 Coralie Charles
228 Amy Hutchings
229 Gemma May (W40)
230 Lindsey Sanders (W40)

Dartford Harriers AC

231 Anna Cleary (W40)
232 Stephanie Dann
233 Sophie Price (W40)
234 Hannah Roberts (W40)
235 Donna Turner (W40)
236 Ami Woodcock

Dartford Road Runners

237 Madalina Williams (W40)

Harvel Hash House Harriers

238 Emily Plummer
239 Nicola Vander

Istead and Ifield Harriers

240 Sally George (W40)

Kent AC

241 Victoria Cartwright (W40)
242 Nesrin Sabanci (W40)
243 Elinor Skinner (W45)

Larkfield AC

244 Nicola Susans (W40)

Maidstone Harriers

245 Charlotte Bates
246 Amy Perry
247 Julie Stoppani (W60)
248 Justyna Turl (W45)

Medway and Maidstone AC

249 Chloe Hammond (W40)
250 Hayley Palmer (W40)
251 Catherine Rodwell

Tonbridge AC

252 Claire Day (W40)
253 Lisa Knight (W50)
254 Antonia Sanderson (W40)
255 Charlotte Warren

Tunbridge Wells Harriers

256 Vicky Eames (W40)
257 Sonja King (W40)
258 Brenda Purse (W50)

W45 - W54 Championship Entries

Race No	Athlete Name
Ashford & District RRC	
259	Tracey Calnan (W50)
260	Massah Cooper
261	Jayne Fryer (W50)
262	Lucy Johnstone
263	Natalie Songhurst
264	Kelli Sullivan
Ashford AC	
265	Emma Jeffery
Beckenham Running Club	
266	Niamh Brooks
267	Kate Marchant (W55)
268	Aurelia Osborne
Bexley AC	
269	Gill Stewart (W50)
Blackheath & Bromley H AC	
270	Jane Bradshaw (W50)
271	Jennie Butler (W50)
272	Carole Coulon
273	Sara Elmqvist
274	Ashley Pearson
275	Katy Sugden
Cambridge Harriers	
276	Julie Backley (W50)
277	Joanne Barber (W50)
278	Angela Ford (W50)
279	Rupa Ganguli
280	Cara Oliver (W50)
Central Park Athletics	
281	Kirsten McTeer
282	Christine Munday
283	Kelly Noble
Dartford Harriers AC	
284	Kerrie Clarke
285	Jane Crawley
286	Jasper Holliday
Dartford Road Runners	
287	Hazel Behagg
288	Emma Brown
289	Alexandra Cooper (W50)
Greenwich Tritons	
290	Lesley McCarthy (W50)
Harvel Hash House Harriers	
291	Clare Collings
Invicta East Kent AC	
292	Faye Jeacocke
293	Renata McDonnell
Kent AC	
294	Nicola Cartlidge
295	Anne Hepple
296	Elinor Skinner
297	Suzanne Spalding (W50)
298	Cath Stibbs

W55 - W64 Championship Entries

Race No	Athlete Name
Medway and Maidstone AC	
299	Sarah Kenyon (W50)
300	Taryne McPherson
301	Rachael Stewart
Mote Runners	
302	Hanka Eichler-Gregory
303	Jen McLeod (W50)
Petts Wood Runners	
304	Denise Eva (W50)
305	Lucy Tang
Sevenoaks AC	
306	Caroline Fenwick
307	Rebecca Pickard
308	Joanne Rodda
Swale Combined AC	
309	Olwen Cockell (W50)
Tonbridge AC	
310	Rachel Fagg (W50)
311	Selina Hawker
312	Lisa Knight (W50)
313	Grazia Manzotti (W50)
314	Virginie Martel
315	Elizabeth Owen
316	Penny Pilbeam (W50)
317	Theresa White (W50)
Tunbridge Wells Harriers	
318	Smaranda Dranga (W50)
319	Alison Farrall (W50)
320	Jillian Holford (W50)
321	Tara Taylor (W55)
322	Carol Tsang
Beckenham Running Club	
323	Gail Arnott (W60)
324	Tanya Byrne
Cambridge Harriers	
325	Rose Baker
326	Christine Bond
327	Marian Hine
Canterbury Harriers	
328	Nicky Leatherbarrow
Central Park Athletics	
329	Ann Komzolik (W60)
Dartford Harriers AC	
330	Elizabeth Ives
331	Stephanie Wood
Folkestone Running and AC	
332	Chris Childs (W60)
333	Caroline Curtis
334	Jane Wren
Greenwich Tritons	
335	Jane Hinne (W60)
Harvel Hash House Harriers	
336	Sue Cameron
337	Karen Hill (W60)
Kent AC	
338	Zoe Gaffen (W65)
339	Annabelle Hadlow (W65)
340	Ronnie Haydon-Jones (W60)
341	Kathryn Williams
Mote Runners	
342	Tracey Dennis
Orpington Road Runners	
343	Gillian Lawrence (W60)
Paddock Wood AC	
344	Harriot Sinclair
Petts Wood Runners	
345	Jenny Leng
346	Joanne Stephens-Smith (W60)
Tonbridge AC	
347	Maria Heslop
348	Tina Oldershaw
349	Lucy Pitcairn-Knowles

M40 - M49 Championship Entries

Race No	Athlete Name	Race No	Athlete Name	Race No	Athlete Name
	Ashford & District RRC		Harvel Hash House Harriers		Tunbridge Wells Harriers
350	Mark Harrison	392	James Buchan (M45)	432	Richard Bysouth (M45)
351	Daryl Hefer (M45)	393	Chris Miller-Hanna (M45)	433	Andy Eames
352	Luke Roberts	394	Toby Short (M45)	434	George Harris (M45)
353	David Tomlinson (M45)	395	Neil Woolcombe (M45)	435	Alexander Holmes (M45)
354	Neil Woodham			436	Michael King
	Bexley AC		Kent AC	437	Ken MacSporran (M45)
355	Jon Fish (M45)	396	Che Compton (M45)	438	Kannan Mahalingam
356	Simon Wells (M45)	397	Barnaby Day	439	Matt Newman
	Blackheath & Bromley H AC	398	Samuel Evans	440	Edward Steele
357	Sam Aldridge	399	Alex Harris	441	Robert Winter (M45)
358	Philip Bunn	400	Colin Holmes		
359	Darren Corneille	401	Ben Hope (M45)		
360	Leonardus De Bruyn	402	Stephen Jones (M45)		
361	Gareth Evans (M45)	403	Robert Laing (M45)		
362	Micah Evans	404	Raymond Leemoon (M45)		
363	Alex Gibbins (M45)	405	Peter Lighting		
364	Sebastian Jones	406	Chris Mullin (M45)		
365	Ian Scott (M45)	407	Neil Phillips		
	Cambridge Harriers	408	Jonathan Tipper		
366	James Floyd (M45)	409	Philip Woodford-Smith		
367	Stephen Hodges				
368	James MacDonald		Maidstone Harriers		
369	Mark Penny	410	Mathew Brooks		
370	Ben Rew				
371	Rob Shearer (M45)		Medway and Maidstone AC		
372	Peter St Amour (M45)	411	Tristan Hodges (M45)		
	Central Park Athletics	412	Justin Lane (M45)		
373	Johnnie Arnould	413	Nigel Lowther		
374	Neil Arnould	414	Kirill Miryanov		
375	Kelly Baverstock (W45)	415	Anthony Webb (M45)		
376	Patrick Gleeson (M45)	416	Darren Wright (M45)		
377	Antony Hylton (M45)	417	Neill Wright (M45)		
378	Mark Smith				
	Crystal Palace Triathletes		Orpington Road Runners		
379	Daniel Bentley-Gouldstone	418	Andrew Bowes		
380	Jamal Dayes	419	James Willingham (M45)		
	Dartford Harriers AC				
381	Chris Biddle		Petts Wood Runners		
382	Samuel Coombes	420	William Senbanjo		
383	Andrew Pickett				
384	Barry Stephenson		South Kent Harriers		
385	Stuart Waterman (M45)	421	Richard Newsome (M45)		
	Dartford Road Runners				
386	Richey Estcourt (M45)		Tonbridge AC		
387	Barrie Seal (M45)	422	Anthony Bennett (M45)		
	Dulwich Runners AC	423	Andrew Graffin (M45)		
388	James Burrows	424	Richard Harris (M45)		
	Folkestone Running and AC	425	Tim Hill (M45)		
389	Philip Heathfield	426	Julian Rendall (M45)		
	Greenwich Tritons	427	Tom Rule		
390	Ben Guy (M45)	428	Tim Sherman-Samuels		
391	Martin Tynan (M45)	429	Jay Smith		
		430	Joseph Watts		
		431	Tom Woolley		