

**KCAA Veterans/Masters Championships - Medway Park, Gillingham 16-17/09/2023**

**M35**

<b>100m</b>		(b)		<b>Final</b>		w/s-0.4
	No.	Name	Club		Perf	
1	G	4	Steven Foy	Dartford Harriers AC	12.40	
2	S	2	Adam Bernard	Dartford Harriers AC	12.47	
3	B	1	Bilen Ahmet	Kingston AC & Poly H	13.34	

<b>200m</b>		(a)		<b>Final</b>		w/s-0.7
	No.	Name	Club		Perf	
1	G	4	Steven Foy	Dartford Harriers AC	24.64	
2	S	2	Adam Bernard	Dartford Harriers AC	24.70	
3	B	1	Bilen Ahmet	Kingston AC & Poly H	27.14	

<b>400m</b>		(b)		<b>Final</b>		Perf
	No.	Name	Club		Perf	
1	G	2	Adam Bernard	Dartford Harriers AC	55.05	

<b>800m</b>		(a)		<b>Final</b>		Perf
	No.	Name	Club		Perf	
1	G	7	Sean Rodwell	Medway and Maidstone AC	2:20.55	
2	S	6	Timothy Ayres	Blackheath & Bromley H AC	2:29.02	

<b>1500m</b>		(b)		<b>Final</b>		Perf
	No.	Name	Club		Perf	
1	G	7	Sean Rodwell	Medway and Maidstone AC	4:52.52	

<b>5000m</b>		(a)		<b>Final</b>		Perf
	No.	Name	Club		Perf	
1	G	7	Sean Rodwell	Medway and Maidstone AC	18:53.47	

<b>110m Hurdles</b>		(b)		<b>Final</b>		w/s-3.3
	No.	Name	Club		Perf	
1	G	1	Bilen Ahmet	Kingston AC & Poly H	18.81	
2	S	3	Luke Williams	Havering AC	20.12	

<b>400m Hurdles</b>		(b)		<b>Final</b>		Perf
	No.	Name	Club		Perf	
1	G	2	Adam Bernard	Dartford Harriers AC	66.65	
2	S	1	Bilen Ahmet	Kingston AC & Poly H	68.37	

<b>Shot</b>		(b)		<b>Final</b>		Perf
	No.	Name	Club		Perf	
1	G	8	Aaron Mckeown	Thanet AC	10.75	
2	-	1	Bilen Ahmet	Kingston AC & Poly H	9.97	

10.12, 9.68, 9.89, 10.00, 10.33, 10.75  
9.39, 9.97, 9.79, 9.44, 9.24, 9.80

<b>Discus</b>		(b)		<b>Final</b>		Perf
	No.	Name	Club		Perf	
1	G	8	Aaron Mckeown	Thanet AC	32.67	

26.00, 31.52, 32.67, x, x, x

**M40**

<b>100m</b>		(b)		<b>Final</b>		w/s-0.4
	No.	Name	Club		Perf	
1	G	10	Daniel Ofosu	Ashford AC	12.88	

<b>200m</b>		(a)		<b>Final</b>		w/s-0.7
	No.	Name	Club		Perf	
1	G	10	Daniel Ofosu	Ashford AC	26.02	
2	S	16	Darren Wright (M45)	Medway and Maidstone AC	26.98	

<b>400m</b>		(b)		<b>Final</b>		Perf
	No.	Name	Club		Perf	
1	G	17	Stuart Waterman (M45)	Dartford Harriers AC	56.36	
2	S	16	Darren Wright (M45)	Medway and Maidstone AC	59.89	

800m		(a)		Final	
No.		Name	Club	Perf	
1	G	17	Stuart Waterman (M45)	Dartford Harriers AC	2:06.14
2	S	19	Stuart McNally (M45)	Dartford Harriers AC	2:06.29
3	B	22	Nebojsa Jovanovic	Cambridge Harriers	2:09.31
4		16	Darren Wright (M45)	Medway and Maidstone AC	2:17.74

1500m		(b)		Final	
No.		Name	Club	Perf	
1	G	17	Stuart Waterman (M45)	Dartford Harriers AC	4:32.19
2	S	21	Neill Wright (M45)	Medway and Maidstone AC	4:39.81
3	B	19	Stuart McNally (M45)	Dartford Harriers AC	4:43.62

5000m		(a)		Final	
No.		Name	Club	Perf	
1	G	24	Anthony Webb (M45)	Medway and Maidstone AC	16:34.39
2	S	21	Neill Wright (M45)	Medway and Maidstone AC	17:07.12

110m Hurdles		(b)		Final		w/s-3.3
No.		Name	Club	Perf		
1	G	11	Peter Davey (M45)	Ashford AC	17.58	

2000m Walk		(b)		Final		
No.		Name	Club	Perf		
1	G	25	Matthew Ellerton (M45)	Blackheath & Bromley H AC	11:49.67	CBP

Discus		(b)		Final		
No.		Name	Club	Perf		
1	-	10	Daniel Ofosu	Ashford AC	24.90	

23.13, 23.06, 24.28, 23.65, 24.00, 24.90

#### M50

100m		(b)		Final		w/s+1.2
No.		Name	Club	Perf		
1	G	30	Richard Brooks	Metropolitan Police AC	11.88	CBP
2	S	32	Mark McAllister	Tonbridge AC	12.22	
3	B	29	Wole Odele (M55)	Cambridge Harriers	13.09	
4		33	Leo-Kennedy Azodoh (M55)	Bexley AC	14.29	
5		31	John Foster	Medway and Maidstone AC	14.29	

200m		(a)		Final		w/s+0.2
No.		Name	Club	Perf		
1	G	30	Richard Brooks	Metropolitan Police AC	24.57	CBP
2	S	32	Mark McAllister	Tonbridge AC	25.03	
3	B	31	John Foster	Medway and Maidstone AC	28.97	
4		34	Dean Parkinson	Medway and Maidstone AC	29.50	
5		33	Leo-Kennedy Azodoh (M55)	Bexley AC	29.71	

400m		(b)		Final		
No.		Name	Club	Perf		
1	G	30	Richard Brooks	Metropolitan Police AC	55.27	
2	S	29	Wole Odele (M55)	Cambridge Harriers	57.08	
3	B	32	Mark McAllister	Tonbridge AC	58.51	
4		35	Gary Walsh (M55)	Sevenoaks AC	69.78	

800m		(a)		Final		
No.		Name	Club	Perf		
1	G	35	Gary Walsh (M55)	Sevenoaks AC	2:43.70	

1500m		(b)		Final		
No.		Name	Club	Perf		
1	G	26	Oloff Van Zyl	Sevenoaks AC	4:47.54	
2	S	38	Alun Rodgers (M55)	Medway and Maidstone AC	5:28.79	

5000m		(a)		Final		
No.		Name	Club	Perf		
1	G	39	Reuben Burford	Dartford Harriers AC	18:18.85	
2	S	26	Oloff Van Zyl	Sevenoaks AC	18:23.37	
3	B	38	Alun Rodgers (M55)	Medway and Maidstone AC	18:43.11	
4		42	Gareth Williams (M55)	Medway and Maidstone AC	19:11.54	
5		40	Anthony Durey (M55)	Central Park Athletics	19:39.45	

<b>2000m Walk (b) Final</b>					
No.		Name	Club	Perf	
1	-	31	John Foster	Medway and Maidstone AC	15:22.27

<b>Shot (b) Final</b>					
No.		Name	Club	Perf	
1	G	44	Graham Holder	Bexley AC	11.44
2	S	32	Mark McAllister	Tonbridge AC	10.61
3	B	45	Steve Rodwell (M55)	Medway and Maidstone AC	9.24

10.27, 10.82, 11.44, -, -, -  
x, 10.41, 10.58, 10.61, x, -  
8.88, 9.24, 8.90, 9.15, 9.06, 8.83

<b>Discus (b) Final</b>					
No.		Name	Club	Perf	
1	G	44	Graham Holder	Bexley AC	39.17
2	S	46	Stephen Talbot (M55)	Dartford Harriers AC	28.50
3	-	26	Oloff Van Zyl	Sevenoaks AC	26.33

36.10, x, x, 33.37, 39.17, -  
26.60, 26.97, 27.37, 28.50, x, 25.02  
23.97, 25.92, 26.01, 26.33, 22.62, 21.41

<b>Hammer (b) Final</b>					
No.		Name	Club	Perf	
1	G	44	Graham Holder	Bexley AC	54.01
2	S	46	Stephen Talbot (M55)	Dartford Harriers AC	33.75

CBP 50.30, 53.51, 54.01, 52.34, 51.24, x  
x, 30.02, x, 27.09, 31.10, 33.75

<b>Javelin (b) Final</b>					
No.		Name	Club	Perf	
1	G	32	Mark McAllister	Tonbridge AC	33.74
2	S	45	Steve Rodwell (M55)	Medway and Maidstone AC	31.63
3	B	26	Oloff Van Zyl	Sevenoaks AC	29.13

x, 31.45, 30.72, 31.51, 33.74, 30.53  
x, x, x, x, 30.96, 31.63  
29.13, x, x, 24.70, x, 26.60

## M60

<b>100m (b) Final w/s+0.3</b>					
No.		Name	Club	Perf	
1	G	52	Colin Bates	Dartford Harriers AC	14.16

<b>200m (a) Final w/s-2.1</b>					
No.		Name	Club	Perf	
1	G	52	Colin Bates	Dartford Harriers AC	28.34

<b>400m (b) Final</b>					
No.		Name	Club	Perf	
1	G	52	Colin Bates	Dartford Harriers AC	63.09
2	S	50	Steven Moss	Beckenham Running Club	65.98

<b>800m (a) Final</b>					
No.		Name	Club	Perf	
1	G	53	Mark Kybert	Dartford Harriers AC	2:27.45
2	S	48	Ian Crawley	Tonbridge AC	2:33.72
3	B	54	Robert Fursey	Medway and Maidstone AC	2:46.60
4		57	Raymond Chapman (M65)	South London Harriers	2:50.61

CBP

<b>1500m (b) Final</b>					
No.		Name	Club	Perf	
1	G	53	Mark Kybert	Dartford Harriers AC	5:25.35
2	S	54	Robert Fursey	Medway and Maidstone AC	5:29.92
3	-	58	Jeremy Saynor	South Kent Harriers	6:34.99

<b>5000m (a) Final</b>					
No.		Name	Club	Perf	
1	G	59	Tony Tuohy	Dulwich Runners	19:00.01
2	S	56	Graeme Saker	Tonbridge AC	19:02.63
3	B	54	Robert Fursey	Medway and Maidstone AC	21:40.79
4		58	Jeremy Saynor	South Kent Harriers	23:31.18

<b>100m Hurdles (a) Final w/s-0.7</b>					
No.		Name	Club	Perf	
1	G	48	Ian Crawley	Tonbridge AC	19.42
2	S	60	Terry Gibbs	Dartford Harriers AC	20.14

<b>300m Hurdles (b) Final</b>					
No.		Name	Club	Perf	
1	G	60	Terry Gibbs	Dartford Harriers AC	55.19

Shot		(b) Final		
	No.	Name	Club	Perf
1		61 Kevin Baker (G)	Brighton & Hove AC	10.86
2		48 Ian Crawley (G)	Tonbridge AC	10.83
3	G	65 Peter Wishart	Cambridge Harriers	10.77
4	S	64 Andrew Rushbrook	Bexley AC	10.62
5	B	63 Peter Buxton	Tonbridge AC	9.42

9.87, 10.24, 10.86, 10.45, 10.47, x  
 10.46, x, 10.46, 10.46, 10.40, 10.83  
 10.30, 10.32, 10.40, 10.77, 10.23, x  
 9.96, 10.33, 10.39, 10.23, 10.54, 10.62  
 9.03, 9.42, 9.05, 9.33, 9.26, 8.63

Discus		(b) Final		
	No.	Name	Club	Perf
1	G	48 Ian Crawley	Tonbridge AC	38.47
2	S	65 Peter Wishart	Cambridge Harriers	38.03
3	B	64 Andrew Rushbrook	Bexley AC	37.22
4		68 Paris Hunt	Cambridge Harriers	33.90
5		61 Kevin Baker (G)	Brighton & Hove AC	33.68
6		63 Peter Buxton	Tonbridge AC	32.57
7		67 Wynn Howe (M65)	SCVAC	30.30

x, 35.68, x, 38.47, 38.00, 38.12  
 35.94, x, 38.03, 36.76, 35.00, 34.16  
 34.23, x, 31.80, 36.68, 36.36, 37.22  
 32.41, x, 32.27, 32.18, 33.90, x  
 32.07, 33.33, 33.68, 31.92, 33.00, 31.77  
 25.67, 25.88, 25.64, 32.57, 30.67, x  
 28.45, 30.30, x, x, x, x

Hammer		(b) Final		
	No.	Name	Club	Perf
1	G	64 Andrew Rushbrook	Bexley AC	36.91
2	S	67 Wynn Howe (M65)	SCVAC	28.13
3	B	65 Peter Wishart	Cambridge Harriers	27.51
4		63 Peter Buxton	Tonbridge AC	26.08
5		68 Paris Hunt	Cambridge Harriers	25.28

x, 36.91, 33.44, 36.25, 33.86, x  
 23.38, x, x, 26.33, 28.13, x  
 25.68, 27.38, 26.37, 27.51, 25.78, x  
 23.16, 23.41, 24.65, x, 25.30, 26.08  
 x, 22.33, 22.48, 23.13, 25.28, 24.03

Javelin		(b) Final		
	No.	Name	Club	Perf
1	G	66 John Fenton (M65)	Dartford Harriers AC	39.70
2		61 Kevin Baker (G)	Brighton & Hove AC	34.82
3	S	68 Paris Hunt	Cambridge Harriers	33.98
4	B	67 Wynn Howe (M65)	SCVAC	33.40
5		63 Peter Buxton	Tonbridge AC	31.59
6		48 Ian Crawley	Tonbridge AC	31.36

x, 39.70, x, -, -, -  
 34.30, 34.82, 33.96, x, 31.79, x  
 31.19, 31.26, 33.98, 31.35, 31.85, 31.36  
 30.87, 32.31, 30.53, 33.40, 31.66, 29.20  
 28.67, 29.36, 29.74, 28.79, 26.94, 31.59  
 29.22, 28.00, 29.86, 31.36, 27.13, x

## M70

100m		(b) Final			w/s+0.3
	No.	Name	Club	Perf	
1	G	70 Timothy Carter	Cambridge Harriers	14.93	
2	S	72 Les Percival	Paddock Wood AC	16.08	

200m		(a) Final			w/s-2.1
	No.	Name	Club	Perf	
1	G	71 Douglas Lucas	Cambridge Harriers	29.19	
2	S	70 Timothy Carter	Cambridge Harriers	30.46	
3	B	72 Les Percival	Paddock Wood AC	31.89	
4		73 Geoffrey Kitchener	Sevenoaks AC	34.28	

400m		(b) Final		
	No.	Name	Club	Perf
1	G	71 Douglas Lucas	Cambridge Harriers	68.54
2	S	70 Timothy Carter	Cambridge Harriers	70.18
3	B	72 Les Percival	Paddock Wood AC	76.06

CBP

800m		(a) Final		
	No.	Name	Club	Perf
1	G	74 Christopher Read	Bromley Vets AC	3:07.74

1500m		(b) Final		
	No.	Name	Club	Perf
1	G	74 Christopher Read	Bromley Vets AC	6:36.38

5000m		(a) Final		
	No.	Name	Club	Perf
1	G	75 Alan Newman	Tonbridge AC	22:40.06

CBP

80m Hurdles		(a) Final			w/s+0.9
	No.	Name	Club	Perf	
1		51 Robert Sibley (G)	Medway and Maidstone AC	21.07	

Shot		(b)		Final	
	No.	Name	Club	Perf	
1	G	76	Peter Hawney	Bexley AC	9.79
2	S	78	David Chambers (M75)	Invicta East Kent	9.76

9.35, 9.34, 9.62, 9.65, 9.79, 9.63  
9.28, 9.76, x, x, 9.39, x

Discus		(b)		Final	
	No.	Name	Club	Perf	
1		77	Anthony Richards (G)	Highgate Harriers	29.23
2	G	76	Peter Hawney	Bexley AC	28.91
3	S	78	David Chambers (M75)	Invicta East Kent	26.26
4	-	79	Trevor Bent (M75)	Dartford Harriers AC	16.58

26.61, 27.68, 29.23, 28.26, x, 28.91  
24.62, 24.68, x, 25.85, 25.67, 28.91  
23.94, 26.26, 24.67, 25.23, 25.00, x  
x, x, 16.58, 16.41, x, -

Hammer		(b)		Final	
	No.	Name	Club	Perf	
1	G	76	Peter Hawney	Bexley AC	31.79
2	S	80	Robert Bridges	Belgrave Harriers	27.54
3	-	79	Trevor Bent (M75)	Dartford Harriers AC	19.35

26.12, 29.10, 28.54, 31.78, 31.79, 29.95  
27.54, 27.49, 26.85, 25.12, x, 25.76  
18.84, 19.35, -, -, -, -

Javelin		(b)		Final	
	No.	Name	Club	Perf	
1	G	78	David Chambers (M75)	Invicta East Kent	21.39

20.69, 20.68, 20.78, 21.39, x, x

### M80

100m		(b)		Final		w/s+0.3
	No.	Name	Club	Perf		
1	G	81	Barry Ferguson	Cambridge Harriers	19.55	CBP

Shot		(b)		Final	
	No.	Name	Club	Perf	
1	G	82	John Gilbert	SCVAC	8.04

CBP 8.04, x, x, -, x, x

Discus		(b)		Final	
	No.	Name	Club	Perf	
1	G	82	John Gilbert	SCVAC	21.47

CBP x, 17.66, 19.28, 19.82, 21.47, 20.23

Hammer		(b)		Final	
	No.	Name	Club	Perf	
1	G	82	John Gilbert	SCVAC	29.11

x, 26.75, 29.11, 27.57, 25.03, 29.03

Javelin		(b)		Final	
	No.	Name	Club	Perf	
1	G	82	John Gilbert	SCVAC	15.91

15.21, 15.77, 15.91, x, x, x

### W35

200m		(a)		Final		w/s-1.5
	No.	Name	Club	Perf		
1	G	85	Rachel Hicks	Belgrave Harriers	29.13	

400m		(b)		Final	
	No.	Name	Club	Perf	
1	G	86	Rebecca Miah	Dartford Harriers AC	68.88

400m Hurdles		(b)		Final	
	No.	Name	Club	Perf	
1	G	85	Rachel Hicks	Belgrave Harriers	71.09

CBP

Shot		(a)		Final	
	No.	Name	Club	Perf	
1	G	89	Charlotte Nicholls	Tonbridge AC	9.22
2	-	88	Natalie Mann	Cambridge Harriers	6.45

8.46, 8.92, x, 8.87, 8.49, 9.22  
6.31, x, 5.50, 6.41, 6.45, x

Discus		(a)		Final	
	No.	Name	Club	Perf	
1	G	89	Charlotte Nicholls	Tonbridge AC	28.05
2	S	88	Natalie Mann	Cambridge Harriers	25.06
3	-	90	Claire Capon	Dartford Harriers AC	23.77

22.73, 28.05, x, x, x, x  
22.99, 25.06, 25.05, 23.41, 24.38, x  
x, 22.40, 21.96, 21.30, 23.77, x

<b>Hammer</b>		(a)		<b>Final</b>	
		No.	Name	Club	Perf
1	G	90	Claire Capon	Dartford Harriers AC	36.49
2	S	89	Charlotte Nicholls	Tonbridge AC	34.83
3	B	88	Natalie Mann	Cambridge Harriers	33.89

32.50, x, 35.97, 36.49, x, 34.28  
30.07, x, 32.84, x, 32.57, 34.83  
26.74, 33.89, 31.73, x, x, 28.05

<b>Javelin</b>		(a)		<b>Final</b>	
		No.	Name	Club	Perf
1	-	89	Charlotte Nicholls	Tonbridge AC	22.67
2	-	88	Natalie Mann	Cambridge Harriers	20.03
3	-	90	Claire Capon	Dartford Harriers AC	17.48

20.28, x, 21.26, 20.74, 22.67, x  
18.31, 17.37, 19.07, 18.42, 20.03, 19.63  
16.43, 17.48, 15.32, 15.93, x, 14.92

#### W40

<b>100m</b>		(b)		<b>Final</b>		w/s-1.5
		No.	Name	Club	Perf	
1	G	97	Daniela Sage (W45)	Blackheath & Bromley H AC	14.00	
2	S	95	Kalina Detko	Dartford Harriers AC	14.63	
3	B	96	Kirstie Cooper (W45)	Dartford Harriers AC	14.83	
4		94	Helen Mitroi (W45)	Dartford Harriers AC	15.45	

<b>200m</b>		(a)		<b>Final</b>		w/s-1.5
		No.	Name	Club	Perf	
1	G	95	Kalina Detko	Dartford Harriers AC	30.67	
2	S	96	Kirstie Cooper (W45)	Dartford Harriers AC	31.29	

<b>800m</b>		(a)		<b>Final</b>	
		No.	Name	Club	Perf
1	G	100	Rebecca Pickard (W45)	Sevenoaks AC	2:37.40
2	S	99	Ashley Pearson (W45)	Blackheath & Bromley H AC	2:37.45
3	B	98	Taryne McPherson (W45)	Medway and Maidstone AC	2:44.35

<b>1500m</b>		(b)		<b>Final</b>	
		No.	Name	Club	Perf
1	G	101	Gemma Carter-Collins	Ashford & District RR	5:23.87
2	S	99	Ashley Pearson (W45)	Blackheath & Bromley H AC	5:24.61
3	B	100	Rebecca Pickard (W45)	Sevenoaks AC	5:26.40
4		98	Taryne McPherson (W45)	Medway and Maidstone AC	5:28.90

<b>5000m</b>		(a)		<b>Final</b>	
		No.	Name	Club	Perf
1	G	101	Gemma Carter-Collins	Ashford & District RR	19:42.75

<b>80m Hurdles</b>		(a)		<b>Final</b>		w/s+0.9
		No.	Name	Club	Perf	
1	G	93	Sarah Westrap (W45)	Tonbridge AC	15.72	
2	S	95	Kalina Detko	Dartford Harriers AC	17.03	

<b>2000m Walk</b>		(b)		<b>Final</b>	
		No.	Name	Club	Perf
1	-	104	Kirsten McTeer (W45)	Central Park Athletics	16:12.60

<b>Hammer</b>		(a)		<b>Final</b>	
		No.	Name	Club	Perf
1	G	105	Stacy Taylor	Dartford Harriers AC	25.59
2		91	Elizabeth Bignell (G)	Paddock Wood AC	24.46

23.25, x, 25.59, 24.21, 24.15, x  
x, 24.41, x, 24.46, x, 22.63

<b>Javelin</b>		(a)		<b>Final</b>	
		No.	Name	Club	Perf
1		91	Elizabeth Bignell (G)	Paddock Wood AC	22.27
2	-	93	Sarah Westrap (W45)	Tonbridge AC	17.73

21.67, 22.27, 21.94, x, x, 21.17  
17.45, 16.79, 16.42, 17.19, 17.73, 16.61

#### W50

<b>100m</b>		(b)		<b>Final</b>		w/s-1.5
		No.	Name	Club	Perf	
1	G	109	Diane Wright	Tonbridge AC	14.45	
2	S	108	Bernadette Harrop	Medway and Maidstone AC	15.64	

=CBP

200m		(a)		Final	w/s-1.5
No.	Name	Club		Perf	
1	G	108	Bernadette Harrop	Medway and Maidstone AC	32.62
2	S	110	Caroline Curtis (W55)	Folkestone RC	35.35

1500m		(b)		Final	Perf
No.	Name	Club		Perf	
1	G	113	Olwen Cockell	Swale Combined AC	6:05.78

5000m		(a)		Final	Perf
No.	Name	Club		Perf	
1	G	113	Olwen Cockell	Swale Combined AC	21:36.98
2	S	110	Caroline Curtis (W55)	Folkestone RC	22:59.86
3	B	114	Jane Wren (W55)	Folkestone RC	25:16.61

2000m Walk		(b)		Final	Perf
No.	Name	Club		Perf	
1	G	115	Grazia Manzotti	Tonbridge AC	10:33.59

CBP

Shot		(a)		Final	Perf
No.	Name	Club		Perf	
1	G	116	Jennifer Agyepong (W55)	Cambridge Harriers	8.80

8.52, 8.73, x, 8.65, 8.79, 8.80

Discus		(a)		Final	Perf
No.	Name	Club		Perf	
1	-	117	Sam Ansell	Bexley AC	16.92

x, 16.92, 16.33, x, 16.06, 16.34

Hammer		(a)		Final	Perf
No.	Name	Club		Perf	
1	G	116	Jennifer Agyepong (W55)	Cambridge Harriers	38.37

CBP 32.08, 38.37, x, 12.03, 30.44, 34.22

## W60

100m		(b)		Final	w/s-1.5
No.	Name	Club		Perf	
1	G	120	Teresa Hinton	Paddock Wood AC	18.44

2000m Walk		(b)		Final	Perf
No.	Name	Club		Perf	
1	G	122	Lesley Hall (W65)	Ashford AC	15:02.93

Shot		(a)		Final	Perf
No.	Name	Club		Perf	
1	G	120	Teresa Hinton	Paddock Wood AC	7.52
2	S	119	Christine Pates	Bexley AC	6.93
3	B	121	Liz Slater (W65)	Bexley AC	6.44
4		124	Barbara Macanas (W65)	Herne Hill Harriers	5.70
5		123	Amanda Gent (G)	Dartford Harriers AC	5.18

7.09, 7.52, 7.18, 6.98, 7.21, x  
6.12, 6.93, 6.46, 6.72, 6.62, 6.35  
5.98, 6.44, 5.69, x, 6.21, 5.45  
5.46, 5.66, 5.70, x, 5.20, x  
4.60, x, 4.18, 4.77, 5.18, 3.87

Discus		(a)		Final	Perf
No.	Name	Club		Perf	
1	G	119	Christine Pates	Bexley AC	16.11
2	S	124	Barbara Macanas (W65)	Herne Hill Harriers	14.53
3	B	121	Liz Slater (W65)	Bexley AC	14.25
4		123	Amanda Gent (G)	Dartford Harriers AC	11.38

15.14, 15.23, 15.46, 16.11, 15.25, x  
x, x, 14.53, x, 14.22, 13.27  
13.64, 14.25, x, 13.26, 11.88, 12.75  
x, 10.90, x, 10.28, x, 11.38

Hammer		(a)		Final	Perf
No.	Name	Club		Perf	
1	G	120	Teresa Hinton	Paddock Wood AC	22.02
2	S	121	Liz Slater (W65)	Bexley AC	19.99
3	B	124	Barbara Macanas (W65)	Herne Hill Harriers	19.36
4		125	Christine Lynch (W65)	Swale Combined AC	16.89

22.02, 21.47, 21.90, 20.35, 21.23, x  
19.30, 18.94, 18.02, 15.99, 19.99, 19.69  
18.06, 19.07, 19.36, x, x, 19.29  
16.89, 16.40, 16.31, 15.99, 15.89, 16.67

Javelin		(a)		Final	Perf
No.	Name	Club		Perf	
1	-	119	Christine Pates	Bexley AC	15.37
2	S	125	Christine Lynch (W65)	Swale Combined AC	14.85
3	-	124	Barbara Macanas (W65)	Herne Hill Harriers	11.26
4		123	Amanda Gent (G)	Dartford Harriers AC	10.37

15.22, x, 15.37, 13.40, x, 15.33  
13.04, 14.05, 14.34, 14.77, x, 14.85  
9.65, 11.26, x, x, 8.90, x  
8.45, x, 9.77, 10.37, x, 9.91