

KCAA Veterans/Masters Championships - Erith Stadium, Erith 17-18/09/2022

M35

100m		(b)		Final	w/s+2.7
No.	Name	Club		Perf	
1	G 31	Adam Bernard	Dartford Harriers AC	12.16	

200m		(a)		Final	w/s+0.8
No.	Name	Club		Perf	
1	G 31	Adam Bernard	Dartford Harriers AC	24.32	CBP
2	S 48	Conrad Davis	Bexley AC	27.33	

400m		(b)		Final	Perf
No.	Name	Club			
1	G 31	Adam Bernard	Dartford Harriers AC	55.89	

800m		(a)		Final	Perf
No.	Name	Club			
1	G 58	Terry Hawkey	Dartford Harriers AC	2:07.15	

Shot		(b)		Final	Perf
No.	Name	Club			
1	G 121	Aaron Mckeown	Thanet AC	10.47	10.18, 10.13, x, 9.49, 10.40, 10.47

Discus		(b)		Final	Perf
No.	Name	Club			
1	G 121	Aaron Mckeown	Thanet AC	29.93	21.54, 28.57, 24.26, 29.93, 27.19, 26.55

M40

100m		(b)		Final	w/s+2.7
No.	Name	Club		Perf	
1	G 33	Steven Tester	Tonbridge AC	11.62	
2	S 34	Richard Brooks (M45)	Metropolitan Police	11.91	
3	B 32	Ashley Reid	Blackheath & Bromley H AC	12.12	

200m		(a)		Final	w/s+0.8
No.	Name	Club		Perf	
1	G 34	Richard Brooks (M45)	Metropolitan Police	24.68	
2	S 32	Ashley Reid	Blackheath & Bromley H AC	25.13	
3	B 49	Stuart McNally (M45)	Dartford Harriers AC	26.52	

400m		(b)		Final	Perf
No.	Name	Club			
1	G 33	Steven Tester	Tonbridge AC	53.73	
2	S 34	Richard Brooks (M45)	Metropolitan Police	56.17	
3	B 49	Stuart McNally (M45)	Dartford Harriers AC	58.06	
4		61	Darren Wright (M45)	Medway and Maidstone AC	58.10

800m		(a)		Final	Perf
No.	Name	Club			
1	G 75	Edmund Adigwe (M45)	Cambridge Harriers	2:06.14	
2	S 72	Stuart Waterman	Dartford Harriers AC	2:14.57	
3	B 61	Darren Wright (M45)	Medway and Maidstone AC	2:16.31	
4		74	Tuan Tran (M45)	Blackheath & Bromley H AC	2:45.71

1500m		(b)		Final	Perf
No.	Name	Club			
1	G 60	Darren Corneille	Blackheath & Bromley H AC	4:52.20	

5000m		(a)		Final	Perf
No.	Name	Club			
1	G 98	James MacDonald	Cambridge Harriers	16:38.92	
2	S 97	Neill Wright (M45)	Medway and Maidstone AC	17:22.21	
3	-	96	Denes Vadasz	Bexley AC	24:32.81

110m Hurdles		(b)		Final	w/s+1.8
No.	Name	Club		Perf	
1	G 105	Miguel Stucchi (M45)	Kent AC	21.60	

2000m Walk		(b)		Final	
No.		Name	Club		Perf
1	G	107	Matthew Ellerton (M45)	Blackheath & Bromley H AC	12:13.31

Discus		(b)		Final	
No.		Name	Club		Perf
1	-	132	Paul Lowry (M45)	Invicta EK	23.06

x, x, x, 21.61, x, 23.06

Hammer		(b)		Final	
No.		Name	Club		Perf
1	G	132	Paul Lowry (M45)	Invicta EK	30.80

28.82, 30.80, x, 28.66, x, 28.88

M50

100m		(b)		Final		w/s+2.3
No.		Name	Club		Perf	
1	G	37	Mark McAllister	Tonbridge AC	12.12	
2	S	19	Stephen Daly	Tonbridge AC	13.14	
3	B	20	John Foster	Medway and Maidstone AC	13.54	
4		36	Michael Pape	Cambridge Harriers	13.58	
5		35	Terry Gibbs (M55)	Dartford Harriers AC	14.48	

CBP

200m		(a)		Final		w/s+3.0
No.		Name	Club		Perf	
1	G	37	Mark McAllister	Tonbridge AC	24.81	
2	S	19	Stephen Daly	Tonbridge AC	26.49	
3	B	20	John Foster	Medway and Maidstone AC	28.06	
4		35	Terry Gibbs (M55)	Dartford Harriers AC	29.93	

400m		(b)		Final	
No.		Name	Club		Perf
1	G	62	Mark Jessup	Holland Sports AC	59.92
2	S	19	Stephen Daly	Tonbridge AC	62.09
3	B	64	Adrian Donnelly	Medway and Maidstone AC	63.96

800m		(a)		Final	
No.		Name	Club		Perf
1	G	21	Oloff Van Zyl	Sevenoaks AC	2:18.21
2	S	63	Reuben Burford	Dartford Harriers AC	2:21.55
3	B	64	Adrian Donnelly	Medway and Maidstone AC	2:28.52
4		76	Dom Fiore	Cambridge Harriers	2:30.14

1500m		(b)		Final	
No.		Name	Club		Perf
1	G	87	Alun Rodgers (M55)	Medway and Maidstone AC	5:00.25
2	S	88	Martin Kelk (M55)	Faversham RC	5:03.45
3	B	76	Dom Fiore	Cambridge Harriers	5:06.40
4		89	Philip Coleman (M55)	Tonbridge AC	5:08.07

5000m		(a)		Final	
No.		Name	Club		Perf
1	G	100	Richard Tomlinson	Medway and Maidstone AC	17:20.44
2	S	87	Alun Rodgers (M55)	Medway and Maidstone AC	18:04.16
3	B	99	Graham Maynard (M55)	Cambridge Harriers	20:25.85

100m Hurdles		(a)		Final		w/s-0.2
No.		Name	Club		Perf	
1	G	21	Oloff Van Zyl	Sevenoaks AC	18.65	

400m Hurdles		(b)		Final	
No.		Name	Club		Perf
1	G	21	Oloff Van Zyl	Sevenoaks AC	67.99

Shot		(b)		Final	
No.		Name	Club		Perf
1	G	122	Graham Holder	Bexley AC	10.11
2	S	123	Steve Rodwell	Medway and Maidstone AC	9.34

x, 9.49, 10.11, 9.72, -, -
8.45, 8.82, 8.77, 8.80, 8.99, 9.34

Discus		(b)		Final	
		No.	Name	Club	Perf
1	G	122	Graham Holder	Bexley AC	34.67
2	-	134	Stephen Talbot	Dartford Harriers AC	27.55
3	-	21	Oloff Van Zyl	Sevenoaks AC	26.03
4		133	Karl Lowry	Invicta EK	22.47

33.61, 32.80, 34.04, 34.67, x, -
27.55, 24.02, 24.92, 22.96, x, 26.60
25.04, 22.78, 25.60, x, 26.03, x
22.47, x, x, 21.98, x, x

Hammer		(b)		Final	
		No.	Name	Club	Perf
1	G	122	Graham Holder	Bexley AC	53.30
2	S	134	Stephen Talbot	Dartford Harriers AC	35.75
3	-	133	Karl Lowry	Invicta EK	27.08

CBP 51.46, 53.29, 53.12, 50.38, 52.84, 53.30
x, 35.75, 33.39, 35.27, 34.75, 35.75
24.44, 27.08, x, x, x, x

Javelin		(b)		Final	
		No.	Name	Club	Perf
1	G	123	Steve Rodwell	Medway and Maidstone AC	33.66

x, 31.83, 33.66, 32.89, 33.03, x

M60

100m		(b)		Final		w/s+2.1
		No.	Name	Club	Perf	
1	G	40	Mark Woods	Paddock Wood AC	13.09	
2	S	7	Gary Capon	Dartford Harriers AC	13.85	
3	B	25	Timothy Carter (M65)	Cambridge Harriers	14.84	
4		39	Nigel Field (M65)	Tonbridge AC	16.68	

CBP

200m		(a)		Final		w/s+3.7
		No.	Name	Club	Perf	
1	G	40	Mark Woods	Paddock Wood AC	26.29	
2	S	25	Timothy Carter (M65)	Cambridge Harriers	30.12	
3	B	39	Nigel Field (M65)	Tonbridge AC	35.03	

CBP

400m		(b)		Final	
		No.	Name	Club	Perf
1	G	51	Colin Bates	Dartford Harriers AC	62.48
2	S	67	Raymond Daniel (M65)	Cambridge Harriers	70.33
3	B	25	Timothy Carter (M65)	Cambridge Harriers	71.22

800m		(a)		Final	
		No.	Name	Club	Perf
1	G	79	Mark Ashby	Cambridge Harriers	2:37.04
2	S	77	Raymond Chapman	South London Harriers	2:55.60

1500m		(b)		Final	
		No.	Name	Club	Perf
1	G	92	Tony Tuohy	Dulwich Runners	4:59.11
2	S	91	Philip Carstairs	Veterans AC	5:55.45
3	-	90	Martin Hawkins	Cambridge Harriers	6:06.81

CBP

5000m		(a)		Final	
		No.	Name	Club	Perf
1	G	92	Tony Tuohy	Dulwich Runners	18:17.15
2	S	90	Martin Hawkins	Cambridge Harriers	22:05.07

300m Hurdles		(b)		Final	
		No.	Name	Club	Perf
1	G	67	Raymond Daniel (M65)	Cambridge Harriers	54.95

2000m Walk		(b)		Final	
		No.	Name	Club	Perf
1	G	79	Mark Ashby	Cambridge Harriers	11:17.76

CBP

Shot		(b)		Final	
		No.	Name	Club	Perf
1		126	Nick Barton (G)	South London Harriers	11.32
2	G	127	John Fenton (M65)	Dartford Harriers AC	11.13
3		23	Kevin Baker (G)	Brighton & Hove	10.42
4	S	129	Andrew Rushbrook	Bexley AC	10.33
5	B	135	Peter Wishart	Cambridge Harriers	9.72
6		124	Peter Buxton	Tonbridge AC	9.65
7		128	Timothy Reynolds	Thanet AC	7.51

10.90, 11.32, 11.13, 10.87, 10.42, x
11.13, x, 10.75, -, -, -
9.50, 10.42, 10.14, 9.51, 9.88, 9.70
10.20, 10.13, 9.60, 10.33, 10.25, 9.77
9.44, 9.46, 9.39, 9.52, 9.72, 9.72
9.64, 8.27, 9.60, 9.58, 9.65, 9.63
7.51, 7.50, 7.01, x, 7.18, 7.28

Discus		(b) Final		
No.	Name	Club	Perf	
1	126 Nick Barton (G)	South London Harriers	41.13	
2	G 135 Peter Wishart	Cambridge Harriers	36.20	
3	S 129 Andrew Rushbrook	Bexley AC	34.99	
4	B 22 Wynn Howe	SCVAC	34.87	
5	124 Peter Buxton	Tonbridge AC	31.80	
6	23 Kevin Baker (G)	Brighton & Hove	31.63	
7	127 John Fenton (M65)	Dartford Harriers AC	30.78	
8	128 Timothy Reynolds	Thanet AC	26.41	

40.23, 38.93, x, 39.31, 37.32, 41.13
 33.32, 35.90, 36.20, 35.42, 35.58, 33.16
 30.75, 26.92, 34.99, x, x, x
 30.41, x, x, 34.87, 33.05, x
 26.96, 31.80, 31.11, 31.74, 30.62, x
 29.70, 31.63, 29.10, 30.42, 30.19, x
 24.98, 28.54, 29.12, x, x, 30.78
 22.16, 21.66, 23.89, 23.80, 26.41, x

Hammer		(b) Final		
No.	Name	Club	Perf	
1	126 Nick Barton (G)	South London Harriers	37.41	
2	G 129 Andrew Rushbrook	Bexley AC	37.19	
3	S 135 Peter Wishart	Cambridge Harriers	27.52	
4	- 68 Paris Hunt	Cambridge Harriers	23.83	

x, 34.06, x, 32.49, 37.41, 34.31
 33.44, 37.19, x, 37.00, x, x
 27.52, x, x, x, 25.76
 x, 21.39, x, 22.79, 22.30, 23.83

Javelin		(b) Final		
No.	Name	Club	Perf	
1	23 Kevin Baker (G)	Brighton & Hove	35.73	
2	G 68 Paris Hunt	Cambridge Harriers	34.00	
3	126 Nick Barton (G)	South London Harriers	33.88	
4	S 22 Wynn Howe	SCVAC	31.93	
5	B 124 Peter Buxton	Tonbridge AC	31.06	
6	129 Andrew Rushbrook	Bexley AC	26.70	

34.03, 35.73, x, 33.97, 33.79, 34.20
 34.00, 32.36, 33.28, 33.26, x, x
 33.88, x, 31.12, 32.22, 31.39, x
 27.71, 31.93, 30.39, 31.05, 30.38, 31.12
 28.19, x, 27.34, 31.06, x, x
 22.17, 26.70, x, 24.95

M70

100m		(b) Final			w/s+2.1
No.	Name	Club	Perf		
1	G 41 Douglas Lucas	Cambridge Harriers	14.20		CBP

200m		(a) Final			w/s+3.2
No.	Name	Club	Perf		
1	G 41 Douglas Lucas	Cambridge Harriers	29.82		
2	S 54 Geoffrey Kitchener	Sevenoaks AC	33.19		

800m		(a) Final		
No.	Name	Club	Perf	
1	G 81 John McGlashan	Veterans AC	3:12.17	
2	S 80 Peter Hamilton	Blackheath & Bromley H AC	3:25.08	

5000m		(a) Final		
No.	Name	Club	Perf	
1	G 102 Richard Seabrook (M75)	Beckenham RC	24:18.62	
2	S 80 Peter Hamilton	Blackheath & Bromley H AC	25:31.37	

Shot		(b) Final		
No.	Name	Club	Perf	
1	130 Anthony Richards (G)	Highgate Harriers	11.78	
2	G 131 John Gilbert (M75)	Veterans AC	7.51	

11.47, x, x, x, 11.78, x
 7.22, x, 7.13, x, x, 7.51

Discus		(b) Final		
No.	Name	Club	Perf	
1	130 Anthony Richards (G)	Highgate Harriers	32.18	
2	G 136 Trevor Bent (M75)	Dartford Harriers AC	18.65	
	131 John Gilbert (M75)	Veterans AC	nm	

30.23, 29.60, x, 31.56, 30.56, 32.18
 17.84, x, 18.65, 18.35, 18.26, -
 x, x, x, x, x, x

Hammer		(b) Final		
No.	Name	Club	Perf	
1	G 137 Robert Bridges	Belgrave Harriers	30.07	
2	S 131 John Gilbert (M75)	Veterans AC	27.06	
3	- 136 Trevor Bent (M75)	Dartford Harriers AC	18.11	

23.78, 25.35, 25.25, 24.65, x, 30.07
 27.06, x, x, x, x, x
 17.17, 18.11, R

Javelin		(b) Final		
No.	Name	Club	Perf	
1	130 Anthony Richards (G)	Highgate Harriers	29.58	
2	G 131 John Gilbert (M75)	Veterans AC	17.27	

x, x, x, x, 29.58, x
 x, 17.27, x, x, x, x

M80

		200m Hurdles (b)		Final	w/s+2.1
		No.	Name	Club	Perf
1	G	106	Barry Ferguson	Cambridge Harriers	49.83

CBP

W35

		100m (b)		Final	w/s+2.1
		No.	Name	Club	Perf
1	G	42	Claire Capon	Dartford Harriers AC	13.96

		200m (a)		Final	w/s+1.3
		No.	Name	Club	Perf
1	G	55	Rachel Hicks	Belgrave Harriers	30.33

		400m (b)		Final	Perf
		No.	Name	Club	Perf
1	G	69	Rebecca Miah	SCVAC	69.90

		1500m (b)		Final	Perf
		No.	Name	Club	Perf
1	G	93	Lucy Marlow	Cambridge Harriers	5:15.10

		5000m (a)		Final	Perf
		No.	Name	Club	Perf
1	G	93	Lucy Marlow	Cambridge Harriers	19:17.40

		100m Hurdles (a)		Final	w/s-0.2
		No.	Name	Club	Perf
1	G	55	Rachel Hicks	Belgrave Harriers	17.17

CBP

		400m Hurdles (b)		Final	Perf
		No.	Name	Club	Perf
1	G	55	Rachel Hicks	Belgrave Harriers	76.34

CBP

		Shot (a)		Final	Perf
		No.	Name	Club	Perf
1	-	110	Natalie Mann	Cambridge Harriers	7.12

7.04, 6.05, 6.38, 6.78, 6.50, 7.12

		Discus (a)		Final	Perf
		No.	Name	Club	Perf
1	G	110	Natalie Mann	Cambridge Harriers	24.85
2	-	42	Claire Capon	Dartford Harriers AC	20.96
3	-	69	Rebecca Miah	SCVAC	13.75

22.57, 24.85, 22.51, 21.44, x, 23.57

20.96, x, x, x, x, x

12.20, 13.75, 13.74

		Hammer (a)		Final	Perf
		No.	Name	Club	Perf
1	G	42	Claire Capon	Dartford Harriers AC	34.54
2	S	110	Natalie Mann	Cambridge Harriers	31.11

32.86, 34.46, 34.26, 33.88, 34.54, 32.22

30.33, x, x, 31.11, 30.80, 30.97

		Javelin (a)		Final	Perf
		No.	Name	Club	Perf
1	-	110	Natalie Mann	Cambridge Harriers	21.63

19.43, 20.36, 20.22, x, 20.02, 21.63

W40

		100m (b)		Final	w/s+2.1
		No.	Name	Club	Perf
1	G	44	Kirstie Cooper (W45)	Dartford Harriers AC	14.22
2	S	46	Sarah Westrap (W45)	Tonbridge AC	15.30
3	B	45	Zsuzsanna Racz	Bexley AC	16.22

		200m (a)		Final	w/s+1.3
		No.	Name	Club	Perf
1	G	56	Karolina Mykietyn	Central Park Athletics	28.52
2	S	57	Bernadette Harrop (W45)	Medway and Maidstone AC	32.95
3	-	45	Zsuzsanna Racz	Bexley AC	36.20

400m		(b)	Final	
No.	Name	Club	Perf	
1	G 57	Bernadette Harrop (W45)	Medway and Maidstone AC	75.81

800m		(a)	Final	
No.	Name	Club	Perf	
1	G 82	Chloe Hammond	Medway and Maidstone AC	2:35.64
2	S 84	Ashley Pearson (W45)	Blackheath & Bromley H AC	2:40.26

1500m		(b)	Final	
No.	Name	Club	Perf	
1	G 82	Chloe Hammond	Medway and Maidstone AC	5:19.97
2	S 94	Olwen Cockell (W45)	Swale Combined AC	5:57.62

5000m		(a)	Final	
No.	Name	Club	Perf	
1	G 103	Clare Norris (W45)	Dulwich Runners	21:18.38
2	S 94	Olwen Cockell (W45)	Swale Combined AC	21:30.98

80m Hurdles		(a)	Final		w/s+1.6
No.	Name	Club	Perf		
1	G 15	Elizabeth Bignell	Paddock Wood AC	17.83	

Shot		(a)	Final		
No.	Name	Club	Perf		
1	G 111	Marianne Berndt	Medway and Maidstone AC	10.52	

10.52, 9.79, 10.36, 9.77, 9.93, 9.91

Discus		(a)	Final		
No.	Name	Club	Perf		
1	G 111	Marianne Berndt	Medway and Maidstone AC	31.34	
2	- 116	Sam Ansell (W45)	Bexley AC	15.70	

x, 31.10, 29.07, 24.14, 31.34, 30.04
14.68, 12.71, 14.32, 13.27, x, 15.70

Hammer		(a)	Final		
No.	Name	Club	Perf		
1	G 118	Stacy Taylor	Dartford Harriers AC	25.57	
2	S 15	Elizabeth Bignell	Paddock Wood AC	23.64	

22.97, 23.38, 23.59, 25.57, x, 25.01
x, 21.62, 21.73, 23.64, x, 23.30

Javelin		(a)	Final		
No.	Name	Club	Perf		
1	- 15	Elizabeth Bignell	Paddock Wood AC	18.13	

x, 18.13, x, x, x, x

W50

100m		(b)	Final		w/s+2.1
No.	Name	Club	Perf		
1	G 28	Helen Bond	Tonbridge AC	15.81	
2	S 47	Kate Maryon	Paddock Wood AC	15.89	

800m		(a)	Final		
No.	Name	Club	Perf		
1	G 86	Clare Elms (W55)	Kent AC	2:32.21	
2	S 85	Julie Backley	Cambridge Harriers	2:52.02	

CBP

1500m		(b)	Final		
No.	Name	Club	Perf		
1	G 85	Julie Backley	Cambridge Harriers	5:34.80	
	71	Lisa Knight	Tonbridge AC	dnf	

5000m		(a)	Final		
No.	Name	Club	Perf		
1	G 86	Clare Elms (W55)	Kent AC	18:50.27	
2	S 85	Julie Backley	Cambridge Harriers	20:14.00	
3	B 104	Jane Wren (W55)	Folkestone RC	23:39.67	

2000m Walk		(b)	Final		
No.	Name	Club	Perf		
1	G 108	Grazia Manzotti	Tonbridge AC	10:35.32	

CBP

Shot		(a)		Final	
		No.	Name	Club	Perf
1	G	113	Vanessa Hannam	Medway and Maidstone AC	10.80
2	S	114	Sally Vine (W55)	Tonbridge AC	7.49
3	B	10	Christine Pates (W55)	Bexley AC	7.13
4		112	Amanda Gent (W55) (G)	Dartford Harriers AC	5.23

CBP 10.64, 10.65, 10.71, 10.56, x, 10.80
7.17, 6.92, 6.68, 7.14, 6.73, 7.49
6.63, 7.13, 6.75, 6.84, 7.01, 6.76
4.40, 4.87, 5.23, x, 4.69, 4.64

Discus		(a)		Final	
		No.	Name	Club	Perf
1	G	113	Vanessa Hannam	Medway and Maidstone AC	35.13
2	S	114	Sally Vine (W55)	Tonbridge AC	21.11
3	B	10	Christine Pates (W55)	Bexley AC	16.11
4		112	Amanda Gent (W55) (G)	Dartford Harriers AC	12.62

CBP 32.69, 31.45, 32.86, 34.26, x, 35.13
x, 20.01, 17.01, 19.67, 21.11, 19.63
16.11, x, x, 14.50, 12.36, 15.30
x, x, 10.80, 10.42, x, 12.62

Hammer		(a)		Final	
		No.	Name	Club	Perf
1	G	119	Amanda Holder	Bexley AC	25.35
2	S	114	Sally Vine (W55)	Tonbridge AC	24.84

25.35, x, 22.99, x, x, 19.74
22.48, 22.07, 23.77, 22.48, 23.50, 24.84

Javelin		(a)		Final	
		No.	Name	Club	Perf
1	G	113	Vanessa Hannam	Medway and Maidstone AC	26.20
2	S	114	Sally Vine (W55)	Tonbridge AC	21.00
3	-	10	Christine Pates (W55)	Bexley AC	15.80
4		112	Amanda Gent (W55) (G)	Dartford Harriers AC	12.22

23.48, 26.20, x, 25.71, 26.18, x
x, 15.85, x, 20.04, 21.00, 18.52
15.80, 15.45, x, x, x, 13.99
8.93, 9.77, 9.00, 9.97, 12.12, 12.22

W60

2000m Walk		(b)		Final	
		No.	Name	Club	Perf
		109	Geraldine Legon	Bexley AC	disq

Shot		(a)		Final	
		No.	Name	Club	Perf
1	G	115	Lyn Sole	Thanet AC	6.83
2	S	29	Liz Slater	Bexley AC	6.36
3	B	117	Barbara Macanas (W65)	Herne Hill H	6.00

6.83, 6.51, 6.21, 6.43, 6.22, 5.73
6.12, 6.13, 6.16, 5.95, 6.36, 6.11
x, 5.42, 6.00, 5.52, 5.54, 5.90

Discus		(a)		Final	
		No.	Name	Club	Perf
1	G	115	Lyn Sole	Thanet AC	20.06
2	S	117	Barbara Macanas (W65)	Herne Hill H	15.12
3	B	29	Liz Slater	Bexley AC	14.07

19.29, x, 19.31, 20.06, 19.79, 18.76
14.27, 14.29, x, x, x, 15.12
14.07, 12.21, x, 11.69, 12.19, 12.88

Hammer		(a)		Final	
		No.	Name	Club	Perf
1	G	117	Barbara Macanas (W65)	Herne Hill H	20.56
2	S	115	Lyn Sole	Thanet AC	20.54
3	B	29	Liz Slater	Bexley AC	19.87
4		120	Christine Lynch	Swale Combined AC	16.10

19.42, 19.14, 20.56, 20.05, 20.12, 19.29
18.70, 20.17, 19.87, 20.54, 20.27, 18.13
18.30, x, 18.45, 19.87, 16.76, 18.76
15.95, 16.10, 15.68, 15.75, 14.80, 15.48

Javelin		(a)		Final	
		No.	Name	Club	Perf
1	G	120	Christine Lynch	Swale Combined AC	16.40
2	-	117	Barbara Macanas (W65)	Herne Hill H	11.42

x, 15.54, 16.40, x, 15.69, 15.40
x, x, 10.82, 11.42, 10.11, 10.95