

## KCAA Relay Championships - Sutcliffe Park, Eltham 12/09/2021

### U13G 4 x 200m

#### Heat 1

1	N	Thanet AC 1	Hope Elliott, Ella Cameron, Isla Muroz-Wood, Ismae Abomeli	1:58.8	Q
2	T	Tonbridge AC 1	Eva Harper, Sofia Charlton, Sofia Tam, Georgiana Sweeting	2:04.6	Q
3	TT	Tonbridge AC 2	Elsa Pawson, Sasha Moran, Lily Tempest, Natalia Lynn	2:09.9	q
4	R	Tonbridge AC 3	Amelia Harris, Emily Willcox, Bethany Collins, Emily Holgate	2:12.9	q

### U13G 4 x 200m

#### Heat 2

1	B	Blackheath & Bromley H AC 1	Heidi Coulson, Emilia Adese, Abigail Williams, Chizam Boniface	2:00.3	Q
2	D	Dartford Harriers AC 1	Laetitia Tene, Angel Salako, Akua Roberts, Chikamso Ugoji	2:04.3	Q
3	H	Central Park AC 1	Jayda Lemmie, Millie Simms, Issy Rayes, Rose Speakman	2:18.2	

### U13G 4 x 200m

#### Final

1	N	Thanet AC 1	Hope Elliott, Ella Cameron, Isla Muroz-Wood, Ismae Abomeli	1:59.8	
2	B	Blackheath & Bromley H AC 1	Heidi Coulson, Emilia Adese, Abigail Williams, Chizam Boniface	2:01.8	
3	D	Dartford Harriers AC 1	Laetitia Tene, Angel Salako, Akua Roberts, Chikamso Ugoji	2:03.0	
4	T	Tonbridge AC 1	Sofia Charlton, Eva Harper, Sofia Tam, Georgiana Sweeting	2:05.7	
5	TT	Tonbridge AC 2	Elsa Pawson, Sasha Moran, Lily Tempest, Natalia Lynn	2:08.1	
6	R	Tonbridge AC 3	Amelia Harris, Emily Willcox, Bethany Collins, Emily Holgate	2:11.3	

### U13B 4 x 200m

#### Heat 1

1	C	Cambridge Harriers 1	Tom Ravenscroft, Elijah Olaleye, Joshua Wellings, Kema Jr. Onyemaechi	1:53.8	Q
2	M	Medway & Maidstone AC 1	Freddie Gibson, Aiden Santer, Lucas Cameron, Bukunmi Edun	1:58.7	Q
3	R	Tonbridge AC 3	Sebastian Kreuzberg, Joel Israel Letsa, Theo Dale, Jago Veale	2:06.8	
4	H	Central Park AC 1	Oliver Stocks, Louis Sanders, Alastair McTeer, Zachary Stocks	2:10.1	
5	J	The Judd School 1	Luke Mais, Henry Bruce, Benjamin Gruneberg, Peter Ives	2:12.9	
6	JJ	The Judd School 2	Christopher Mayo, Toby Gwinnell, Amogh Gautam, Daniel Hart	2:23.4	

### U13B 4 x 200m

#### Heat 2

1	T	Tonbridge AC 1	Lukas van Zyl, Harry Wrigley, Ewan Dobbs, Felix Murray	1:54.9	Q
2	B	Blackheath & Bromley H AC 1	Thomas Vallins, Jamie Ellerton, Joseph Scanes, Theodore Osobu	1:55.3	Q
3	TT	Tonbridge AC 2	Rhys Dobbs, Ben Brown, Devon Brewer, Matthew Buttery	2:03.4	q
4	MM	Medway & Maidstone AC 2	Jake Alford, Leo Travis, Luca Gratwick, Oscar Snow	2:03.5	q
5	BB	Blackheath & Bromley H AC 2	Benjamin O'Grady, James Shaw, Oscar Sadowski, Alfie Whitelock	2:07.1	

### U13B 4 x 200m

#### Final

1	B	Blackheath & Bromley H AC 1	Thomas Vallins, Jamie Ellerton, Joseph Scanes, Theodore Osobu	1:53.3	
2	C	Cambridge Harriers 1	Elijah Olaleye, Tom Ravenscroft, Oliver Cook, Kema Jr. Onyemaechi	1:53.3	
3	T	Tonbridge AC 1	Lukas van Zyl, Harry Wrigley, Ewan Dobbs, Felix Murray	1:55.3	
4	M	Medway & Maidstone AC 1	Freddie Gibson, Aiden Santer, Lucas Cameron, Bukunmi Edun	1:59.3	
5	TT	Tonbridge AC 2	Rhys Dobbs, Ben Brown, Devon Brewer, Matthew Buttery	2:04.1	
6	MM	Medway & Maidstone AC 2	Jake Alford, Leo Travis, Luca Gratwick, Oscar Snow	2:06.6	

### U15B 4 x 200m

#### Heat 1

1	D	Dartford Harriers AC 1	Nasharn Luis, Michael Ijeh, Ty Cooper, Gilbert Solomon	1:43.3	Q
2	J	The Judd School 1	Oliver Finch, Harry Briggs, Leo Clarke, Sergey Khlemanov	1:51.1	Q
3	JJ	The Judd School 2	Nathan Drummond, Ian White, Tom Costello, Ben Morton	1:56.5	q
4	B	Blackheath & Bromley H AC 1	Rayhan Mourtada, Alexander Morrell, Lawrence Goslin, Andrew Nikoro	disq	

### U15B 4 x 200m

#### Heat 2

1	M	Medway & Maidstone AC 1	Daniel Culver, Daniel Shoyoye, Cameron Isaac, Cheyne West	1:39.4	Q
2	BB	Blackheath & Bromley H AC 2	Harrison Vallins, Reo McCausland, David Ikuesan, James Lawson	1:41.4	Q
3	T	Tonbridge AC 1	Reggie French, Joe Stone, Tom Walker, Jan Lousberg	1:47.7	q

### U15B 4 x 200m

#### Final

1	M	Medway & Maidstone AC 1	Daniel Culver, Cheyne West, Cameron Isaac, Daniel Shoyoye	1:37.7	
2	D	Dartford Harriers AC 1	Nasharn Luis, Michael Ijeh, Ty Cooper, Gilbert Solomon	1:41.6	
3	T	Tonbridge AC 1	Reggie French, Joe Stone, Tom Walker, Jan Lousberg	1:41.7	
4	BB	Blackheath & Bromley H AC 2	Harrison Vallins, Reo McCausland, David Ikuesan, James Lawson	1:42.7	
5	J	The Judd School 1	Oliver Finch, Harry Briggs, Sergey Khlemanov, Ian White	disq	
6	B	Blackheath & Bromley H AC 1	Rayhan Mourtada, Alexander Morrell, Lawrence Goslin, Andrew Nikoro	n/s	

### U13G 3 x 800m

#### Final

1	C	Cambridge Harriers 1	Sophia Pawa, Anagha Pai, Iris Williams	8:05.3	
2	M	Medway & Maidstone AC 1	Sienna Mabb, Sofia Cudmore Smith, Rose Crossley	8:06.3	
3	B	Blackheath & Bromley H AC 1	Beth Regan, Ariana Jenner-Heard, Charlotte Bloodworth	8:18.4	
4	K	Invicta East Kent AC 1	Layla Forrest, Gracie Lawton, Lois Baisley	8:28.7	
5	BB	Blackheath & Bromley H AC 2	Lily Bridgeman, Caitlin Hough, Rowan Pearson	8:38.1	

**U13B 3 x 800m****Final**

1	B	Blackheath & Bromley H AC 1	Benjamin O'Grady, Lucas Elmquist, Joseph Scanes	7:18.6
2	T	Tonbridge AC 1	William Bachelor, Charlie Warren, James Petrie	7:38.8
3	C	Cambridge Harriers 1	Aniket Iyengar, Elijah Olaleye, Joshua Wellings	7:59.7
4	BB	Blackheath & Bromley H AC 2	Alfie Whitelock, James Shaw, Charlie Hay	8:07.9
5	J	The Judd School 1	Max Hood, Henry Bruce, Peter Ives	8:31.1
6	G	Blackheath & Bromley H AC 3	Heath Griffin, Isaac Evans, Liam Hough	8:59.7
7	JJ	The Judd School 2	Christopher Mayo, Louis Reaud, William Lambert	9:47.4

**U15G 3 x 800m****Heat 1**

1	C	Cambridge Harriers 1	Mia Harris, Amelia Lawrence, Abigail Richards	7:45.8	Q
2	G	Blackheath & Bromley H AC 3	Amie Gould, Maria Salamanca, Francesca Middleton	7:52.3	Q
3	F	Medway & Maidstone AC 3	Molly Marsh, Heidi Hughes, Elizabeth Fry	8:05.9	q
4	BB	Blackheath & Bromley H AC 2	Isabella Thornton, Isla Spink, Yasmeen Islam-Medeaux	8:08.6	

**U15G 3 x 800m****Heat 2**

1	M	Medway & Maidstone AC 1	Natalia Austin, Iris Crossley, Macey Sawyer	7:34.0	Q
2	B	Blackheath & Bromley H AC 1	Megan Slattery, Lydia Witcombe, Megan Barlow	7:46.3	Q
3	K	Invicta East Kent AC 1	Zoe Vallis, Jessica Broster, Jessica Starck	8:02.6	q
4	MM	Medway & Maidstone AC 2	Beth Palmer, Ferne Peirce, Millie Dack	8:08.6	
5	D	Dartford Harriers AC 1	Betty Adams, Isabelle Aldridge, Lexie Johnson	8:25.8	

**U15G 3 x 800m****Final**

1	B	Blackheath & Bromley H AC 1	Megan Slattery, Lydia Witcombe, Megan Barlow	7:19.8
2	M	Medway & Maidstone AC 1	Natalia Austin, Iris Crossley, Macey Sawyer	7:33.8
3	G	Blackheath & Bromley H AC 3	Amie Gould, Maria Salamanca, Francesca Middleton	7:45.3
4	C	Cambridge Harriers 1	Mia Harris, Amelia Lawrence, Abigail Richards	7:51.2
5	K	Invicta East Kent AC 1	Jessica Broster, Jessica Starck, Zoe Vallis	8:15.5
6	F	Medway & Maidstone AC 3	Molly Marsh, Heidi Hughes, Elizabeth Fry	8:31.8

**U15B 3 x 800m****Final**

1	M	Medway & Maidstone AC 1	Franklin Shepherd, Riley Maisey, Alex Dack	6:26.6
2	B	Blackheath & Bromley H AC 1	Hendri Verster, Alexander Middleton, Jasper Brooks	6:52.1
3	T	Tonbridge AC 1	Harrison Fraser, Joshua Greeves, Oliver Head	7:05.4
4	BB	Blackheath & Bromley H AC 2	Harry Fage, Franco Hillier, Henry Newman	7:17.5
5	J	The Judd School 1	George Bishop, Alec Reynolds, Felipe Fujimori	7:37.8

**U17W 3 x 800m****Final**

1	K	Invicta East Kent AC 1	Zoe Rogers, Lorna Forbes, Amy-Jayne Goodhand	7:48.1
2	C	Cambridge Harriers 1	Inez Rice, Madeline Tynan, Evie Ravenscroft	8:09.9

**U17M 3 x 800m****Final**

1	J	The Judd School 1	George Hopkins, Huxley Crush, Ethan Rocks	6:24.9
2	M	Medway & Maidstone AC 1	Callum Featherstone, Cameron Featherstone, Dylan Leach	6:30.6
3	JJ	The Judd School 2	Edward Coutts, Ewan Cuthbertson, Thomas Claridge	6:43.8

**U13G 4 x 100m****Heat 1**

1	B	Blackheath & Bromley H AC 1	Heidi Coulson, Emilia Adese, Mariana Caceres, Chizam Boniface	55.6	Q
2	N	Thanet AC 1	Beatrice Eaton, Isla Muroz-Wood, Hope Elliott, Ismae Abomeli	56.6	Q
3	C	Cambridge Harriers 1	Daisy Jones, Lauryn Campbell, Daisy Butler, Iris Williams	60.9	
4	H	Central Park AC 1	Jayda Lemmie, Millie Simms, Issy Rayes, Rose Speakman	63/8	
5	RR	Tonbridge AC 4	Lucy Bowart, Bethany Collins, Hermione Brown, Emily Holgate	64.2	

**U13G 4 x 100m****Heat 2**

1	M	Medway & Maidstone AC 1	Joyce Beard, Darcy Scott, Sienna Gratwick, Grace Durrant	56.6	Q
2	T	Tonbridge AC 1	Sofia Charlton, Eva Harper, Sofia Tam, Georgiana Sweeting	57.4	Q
3	K	Invicta East Kent AC 1	Gracie Lawton, Niamh Gavin, Lois Baisley, Layla Forrest	59.0	q
4	D	Dartford Harriers AC 1	Akua Roberts, Angel Salako, Laetitia Tene, Chikamso Ugoji	59.1	q
5	TT	Tonbridge AC 2	Elsa Pawson, Sasha Moran, Lily Tempest, Natalia Lynn	63.6	
6	R	Tonbridge AC 3	Emily Willcox, Amelia Harris, Olivia Pilbeam, Grace Stafford-Brown	disq	

**U13G 4 x 100m****Final**

1	B	Blackheath & Bromley H AC 1	Heidi Coulson, Emilia Adese, Mariana Caceres, Chizam Boniface	56.0
2	N	Thanet AC 1	Beatrice Eaton, Isla Muroz-Wood, Hope Elliott, Ismae Abomeli	56.9
3	M	Medway & Maidstone AC 1	Joyce Beard, Darcy Scott, Sienna Gratwick, Grace Durrant	57.1
4	T	Tonbridge AC 1	Sofia Charlton, Eva Harper, Sofia Tam, Georgiana Sweeting	57.3
5	D	Dartford Harriers AC 1	Akua Roberts, Angel Salako, Laetitia Tene, Chikamso Ugoji	58.5
6	K	Invicta East Kent AC 1	Gracie Lawton, Niamh Gavin, Lois Baisley, Layla Forrest	59.4

**U13B 4 x 100m****Heat 1**

1	T	Tonbridge AC 1	Senul Weerasinghe, Lukas van Zyl, Ewan Dobbs, Matthew Buttery	53.4	Q
2	M	Medway & Maidstone AC 1	Aiden Santer, Jake Alford, Oscar Snow, Bukunmi Edun	56.1	Q
3	J	The Judd School 1	Max Hood, Benjamin Gruneberg, Henry Bruce, Peter Ives	61.1	
4	BB	Blackheath & Bromley H AC 2	Troy Ogedengbe, Oscar Sadowski, Heath Griffin, Liam Hough	62.0	
5	JJ	The Judd School 2	Louis Reaud, Daniel Hart, Christopher Mayo, Amogh Gautam	67.9	

**U13B 4 x 100m****Heat 3**

1	B	Blackheath & Bromley H AC 1	Thomas Vallins, Jamie Ellerton, Charlie Platt, Theodore Osobu	52.1	Q
2	C	Cambridge Harriers 1	Tom Ravenscroft, Oliver Cook, Joshua Wellings, Kema Jr. Onyemaechi	53.2	Q
3	R	Tonbridge AC 3	Felix Murray, Rhys Dobbs, Jago Veale, Sebastian Kreuzberg	57.3	q
4	TT	Tonbridge AC 2	Joel Israel Letsa, Devon Brewer, Theo Dale, George Stevens	60.5	q
5	H	Central Park AC 1	Zachary Stocks, Louis Sanders, Alastair McTeer, Zachary Stocks	62.3	

**U13B 4 x 100m****Final**

1	C	Cambridge Harriers 1	Tom Ravenscroft, Joshua Wellings, Oliver Cook, Kema Jr. Onyemaechi	53.0	
2	B	Blackheath & Bromley H AC 1	Thomas Vallins, Jamie Ellerton, Charlie Platt, Theodore Osobu	53.4	
3	T	Tonbridge AC 1	Senul Weerasinghe, Lukas van Zyl, Ewan Dobbs, Matthew Buttery	53.5	
4	M	Medway & Maidstone AC 1	Aiden Santer, Jake Alford, Oscar Snow, Bukunmi Edun	56.2	
5	R	Tonbridge AC 3	Felix Murray, Rhys Dobbs, Jago Veale, Sebastian Kreuzberg	58.1	
6	TT	Tonbridge AC 2	Joel Israel Letsa, Devon Brewer, Theo Dale, George Stevens	61.3	

**U15G 4 x 100m****Heat 1**

1	C	Cambridge Harriers 1	Faith Assah, Zafirah Alebiosu, Nuriah Orhurhu, Keziah Olaleye	49.3	Q
2	T	Tonbridge AC 1	Elicia Lacey, Evie Dixon, Ella Monk, Anabel Warren	52.9	Q
3	TT	Tonbridge AC 2	Flora Saunders, Matilda Secker, Carmen Wright, Libby Smith	66.1	
4	NN	Thanet AC 2	Leonie Ramsamy, Athena Crompton, Lola Brett, Bethany Shimmen-Smith	57.3	

**U15G 4 x 100m****Heat 2**

1	N	Thanet AC 1	Eve Seery, Harriet Edwards, Lily-Ann Showers, Poppy Rowland-Hill	51.5	Q
2	B	Blackheath & Bromley H AC 1	Alyssa Firla, Nina Whitter, Lily Anderson, Alexia Moren-Rosado	52.4	Q
3	D	Dartford Harriers AC 1	Imogen Smith, Isabella Amarte, Oluwatishe Olunloyo, Zara Okoroafor	53.7	q
4	K	Invicta East Kent AC 1	Leila Azizi, Emily Cananur, Jenna Humphreys, Darcie Maple	52.9	q
5	CC	Cambridge Harriers 2	Janaii Coote, Ogechi Akabueze, Gabriella Noyce, Ciara McGinty	disq	

**U15G 4 x 100m****Final**

1	C	Cambridge Harriers 1	Faith Assah, Zafirah Alebiosu, Nuriah Orhurhu, Keziah Olaleye	49.5	
2	N	Thanet AC 1	Eve Seery, Harriet Edwards, Lily-Ann Showers, Poppy Rowland-Hill	51.4	
3	D	Dartford Harriers AC 1	Imogen Smith, Isabella Amarte, Oluwatishe Olunloyo, Zara Okoroafor	52.6	
4	T	Tonbridge AC 1	Elicia Lacey, Evie Dixon, Ella Monk, Anabel Warren	52.9	
5	B	Blackheath & Bromley H AC 1	Alexia Moren-Rosado, Nina Whitter, Lily Anderson, Alyssa Firla	53.1	
6	K	Invicta East Kent AC 1	Leila Azizi, Emily Cananur, Jenna Humphreys, Darcie Maple	55.6	

**U15B 4 x 100m****Heat 1**

1	M	Medway & Maidstone AC 1	Jake Foster, Cheyne West, Cameron Isaac, Daniel Shoyoye	46.2	
2	B	Blackheath & Bromley H AC 1	Reo McCausland, Rayhan Mourtada, Marley Byfield, Andrew Nikoro	46.2	
3	T	Tonbridge AC 1	Reggie French, Joe Stone, Tom Walker, Jan Lousberg	48.6	
4	D	Dartford Harriers AC 1	Nasharn Luis, Ty Cooper, Michael Ijeh, Gilbert Solomon	50.2	
5	J	The Judd School 1	Nathan Drummond, Leo Clarke, Ian White, Sergey Khlemanov	52.5	

**U15G 4 x 200m****Final**

1	C	Cambridge Harriers 1	Janaii Coote, Ciara McGinty, Nuriah Orhurhu, Zafirah Alebiosu	1:50.6	
2	M	Medway & Maidstone AC 1	Emily Moyle, Amber Matthews, Evie Cameron, Grace Akindeji	1:51.9	
3	B	Blackheath & Bromley H AC 1	Emily Deveney, Erin Simpson, Alexia Moren-Rosado, Nina Whitter	1:54.4	
4	D	Dartford Harriers AC 1	Imogen Smith, Isabella Amarte, Lexie Johnson, Zara Okoroafor	1:54.7	
5	T	Tonbridge AC 1	Elicia Lacey, Flora Saunders, Evie Dixon, Ella Monk	1:56.7	
6	P	Paddock Wood AC 1	Molly Rein, Tabitha Weekes, Emma Townend, Harriet Court	1:57.8	

**U17W 4 x 200m****Final**

1	L	Bexley AC 1	Nirah Valinejad, Emma Powell, Joanne Oluwaji, Chloe Jardine	1:49.6	
2	C	Cambridge Harriers 1	Amirat Mohammed-Hassan, Franchesca Iwegbu, Inez Rice, Chichi Cooper	1:52.3	
3	LL	Bexley AC 2	Evangeline Lawson, Anyiache Nonjang, Keziah Ikpeamaeze, Chinachi Emmanuel-Agugua	1:54.1	

**U17M 4 x 200m****Final**

1	C	Cambridge Harriers 1	Shaquille Fernandez-Folkes, Divine Akinlolu, Dejaune Lingard, Dante Legister	1:31.1	
2	M	Medway & Maidstone AC 1	Kieran Isaac, Daniel Hardy, Ben Lineker, Dylan Purton	1:34.3	
3	J	The Judd School 1	Jonathan Whawell, Eddie Trebess, Dante McNichol, Myles Briscoe-Foster	1:37.4	

**SW 4 x 200m****Final**

1	L	Bexley AC 1	Tiara Chidawanyika (U17W), Sarah Adedeji, Parisa Poonia (U20W), Faye Olszowka	2:00.1	
2	D	Dartford Harriers AC 1	Bonnie Maugey, Laura Sale (W35), Stephanie Murray, Kirstie Taylor (W45)	2:12.0	
3	H	Central Park AC 1	Kirsten McTeer (W45), Ann Komzolik (W60), Lindsey Sanders (W40), Elizabeth Brookes (W40)	2:36.6	

**SM 4 x 200m****Final**

1	M	Medway & Maidstone AC 1	George Blake, Harry Osborne, Nathan Isaac, Alex Marshall	1:29.1
2	B	Blackheath & Bromley H AC 1	Michael Uozzie (U20M), Ralph Baker (U17M), Oliver Robertson (U17M), Adam Islam-Medeaux (U17M)	1:31.5
3	D	Dartford Harriers AC 1	Ademola Odunowo, Adam Bernard (M35), Abass Jah (U20M), Trey McPherson (U20M)	1:34.9
4	L	Bexley AC 1	Adedamola Ajayi (U20M), Harry Baldock (U20M), Fortune Ada-Jahs (U20M), Khalid Dabiri (U20M)	1:37.5

**U17W 4 x 100m****Final**

1	L	Bexley AC 1	Nirah Valinejad, Keziah Ikpeamaeze, Joanne Oluwaji, Chloe Jardine	50.8
2	C	Cambridge Harriers 1	Chichi Cooper, Elizabeth Zebo, Franchesca Iwegbu, Amirat Mohammed-Hassan	52.8
3	K	Invicta East Kent AC 1	Scarlet Thomas-Wright, Izzy Smith, Lorna Forbes, Charlotte Henrich	52.9
4	M	Medway & Maidstone AC 1	Jenny Swandale, Olivia Laws, Sophie Young, Princess Asemota	53.5
5	LL	Bexley AC 2	Evangeline Lawson, Aliyyah Adekola, Tiara Chidawanyika, Anyiache Nonjang	53.7

**U17M 4 x 100m****Final**

1	C	Cambridge Harriers 1	Shaquille Fernandez-Folkes, Divine Akinlolu, Dejaune Lingard, Dante Legister	42.7
2	M	Medway & Maidstone AC 1	Kieran Isaac, Daniel Hardy, Dylan Purton, Ben Lineker	44.6
3	J	The Judd School 1	Dante McNichol, Ethan Rocks, Eddie Trebess, Jonathan Whawell	47.6

**SW 4 x 100m****Final**

1	M	Medway & Maidstone AC 1	Zara Edeleanu, Lucy Hope, Charlotte de la Porte-Godden (U20W), Maddison Sawyer (U20W)	50.8
2	L	Bexley AC 1	Vanessa Robinson (W35), Amelia Brady (U17W), Parisa Poonia (U20W), Sarah Adedeji	57.8

**SM 4 x 100m****Final**

1	M	Medway & Maidstone AC 1	George Blake, Harry Osborne, Nathan Isaac, Alex Marshall	43.2
2	B	Blackheath & Bromley H AC 1	Michael Uozzie (U20M), Maurizio Corrodus (U20M), Oliver Robertson (U17M), Ralph Baker (U17M)	44.8
3	D	Dartford Harriers AC 1	Ademola Odunowo, Richard Brooks (M45), Abass Jah (U20M), Trey McPherson (U20M)	45.5
4	L	Bexley AC 1	Adedamola Ajayi (U20M), Harry Baldock (U20M), Fortune Ada-Jahs (U20M), Khalid Dabiri (U20M)	disq

**SW 4 x 400m****Final**

1	L	Bexley AC 1	Mollie Bishop (U17W), Rebecca Abegunde-Williams (U20W), Beth Armstrong, Faye Olszowka	4:29.1
2	H	Central Park AC 1	Kirsten McTeer (W45), Ann Komzolik (W60), Lindsey Sanders (W40), Elizabeth Brookes (W40)	5:46.4

**U17M 4 x 400m****Final**

1	M	Medway & Maidstone AC 1	Cameron Featherstone, Callum Featherstone, Dylan Purton, Ben Lineker	3:44.2
2	J	The Judd School 1	Ethan Rocks, Huxley Crush, Edward Coutts, Dante McNichol	3:51.5

**SM 4 x 400m****Final**

1	B	Blackheath & Bromley H AC 1	Maurizio Corrodus (U20M), Adam Islam-Medeaux (U17M), Samuel McShane (U17M), Thomas Sugden (U17M)	3:33.8
2	D	Dartford Harriers AC 1	Damir Aries Kayani (U20M), Adam Bernard (M35), Abass Jah (U20M), Trey McPherson (U20M)	3:35.2

**U17W 4 x 300m****Final**

1	L	Bexley AC 1	Joanne Oluwaji, Chinachi Emmanuel-Agugua, Emma Powell, Chloe Jardine	3:02.2
2	M	Medway & Maidstone AC 1	Princess Asemota, Ciren Campbell, Olivia Laws, Jenny Swandale	3:05.5

**U15G 4 x 300m****Heat 1**

1	N	Thanet AC 1	Eve Seery, Harriet Edwards, Lily-Ann Showers, Poppy Rowland-Hill	2:59.0	Q
2	B	Blackheath & Bromley H AC 1	Tallulah Ndikanwu, Megan Barlow, Alyssa Firla, Emily Deveney	3:02.1	Q
3	BB	Blackheath & Bromley H AC 2	Molly-May Mooney-Clarke, Islay Pearson, Lola Bischoff, Madeleine Marston	3:16.8	q
4	D	Dartford Harriers AC 1	Imogen Smith, Lexie Johnson, Isabelle Aldridge, Betty Adams	3:25.9	

**U15G 4 x 300m****Heat 2**

1	K	Invicta East Kent AC 1	Georgina Kyte, Jessica Broster, Zoe Vallis, Jessica Starck	3:09.0	Q
2	T	Tonbridge AC 1	Ella Thomas, Matilda Secker, Carmen Wright, Anabel Warren	3:09.4	Q
3	C	Cambridge Harriers 1	Gabriella Noyce, Mia Harris, Amelia Lawrence, Faith Assah	3:09.7	q
4	M	Medway & Maidstone AC 1	Nia Thomas, Erin Marsh, Mercedes McGivern, Sophie Stratford	3:24.4	

**U15G 4 x 300m****Final**

1	N	Thanet AC 1	Eve Seery, Harriet Edwards, Lily-Ann Showers, Poppy Rowland-Hill	2:58.1
2	B	Blackheath & Bromley H AC 1	Emily Deveney, Megan Barlow, Alyssa Firla, Tallulah Ndikanwu	2:58.5
3	C	Cambridge Harriers 1	Gabriella Noyce, Amelia Lawrence, Keziah Olaleye, Faith Assah	3:01.7
4	T	Tonbridge AC 1	Ella Thomas, Carmen Wright, Matilda Secker, Anabel Warren	3:09.8
5	K	Invicta East Kent AC 1	Georgina Kyte, Jessica Broster, Zoe Vallis, Jessica Starck	3:15.5
6	BB	Blackheath & Bromley H AC 2	Madeleine Marston, Islay Pearson, Lola Bischoff, Molly-May Mooney-Clarke	3:21.7

**U15B 4 x 300m****Final**

1	B	Blackheath & Bromley H AC 1	James Lawson, Alexander Morrell, Lawrence Goslin, Marley Byfield	2:39.1
2	D	Dartford Harriers AC 1	Gilbert Solomon, Nasham Luis, Ty Cooper, Michael Ijeh	2:48.6
3	M	Medway & Maidstone AC 1	Henry Gibson, Charlie Rouse, Benjamin Purton, Jake Foster	2:53.0
4	BB	Blackheath & Bromley H AC 2	Harrison Vallins, Franco Hillier, Harry Fage, Hendri Verster	2:53.5
5	J	The Judd School 1	Oliver Finch, George Bishop, Ben Morton, Sergey Khlemanov	3:12.4