

Kent County Championship Results Saturday 14/05/2022

Senior Men

100m		Heat 1		w/s= -0.6	
No.	Athlete	Club	Perf		
1	7	Nathan Brown	Kent AC	11.12	Q
2	13	Alex Marshall	Medway and Maidstone AC	11.15	Q
3	16	Harry Osborne	Medway and Maidstone AC	11.23	Q
4	3	Justin Bailey	Dartford Harriers AC	11.62	
5	5	Richard Brooks (M45)	Metropolitan Police AC	12.44	
	4	Duayne Bovell (M35)	Blackheath & Bromley Harriers AC	DIS	
	1	Iyioluwa Adesan	Cambridge Harriers	DIS	

100m		Heat 2		w/s= -1.6	
No.	Athlete	Club	Perf		
1	14	Michael Measter	Belgrave Harriers	10.84	Q
2	19	Ishmael Smith-John	Crawley AC	10.95	Q
3	10	Nathan Isaac	Medway and Maidstone AC	11.12	Q
4	9	Max Harbord	Kent AC	11.44	q
5	17	Lewis Parsons	Thanet AC	11.48	q
6	2	Alexandros Anagnostou	Medway and Maidstone AC	11.67	
7	11	Ruslanas Jegorovas (M40)	Dartford Harriers AC	14.23	

100m		Final		w/s= 1.1	
No.	Athlete	Club	Perf		
1	14	Michael Measter	Belgrave Harriers	10.67	
2	19	Ishmael Smith-John	Crawley AC	10.83	
3	13	Alex Marshall	Medway and Maidstone AC	10.84	
4	7	Nathan Brown	Kent AC	10.87	
5	10	Nathan Isaac	Medway and Maidstone AC	11.01	
6	16	Harry Osborne	Medway and Maidstone AC	11.19	
7	9	Max Harbord	Kent AC	11.35	
8	17	Lewis Parsons	Thanet AC	11.48	

400m		Heat 1			
No.	Athlete	Club	Perf		
1	21	Connor Neal	Thanet AC	49.35	Q
2	27	Kieran Eland	Tonbridge AC	49.97	Q
3	23	Kristian Samwell-Nash	Ashford AC	50.12	Q
4	28	Noah Friend	Tonbridge AC	50.52	q
5	20	Joseph Burton	Medway and Maidstone AC	51.17	
6	24	Adam Bernard (M35)	Dartford Harriers AC	53.03	
7	26	Samuel Day	Tonbridge AC	53.76	

400m		Heat 2			
No.	Athlete	Club	Perf		
1	33	Bailey Stickings	Blackheath & Bromley Harriers AC	49.40	Q
2	30	Omari Markland-Montgomery	Cambridge Harriers	49.67	Q
3	34	Ewan Wood	Tonbridge AC	49.71	Q
4	32	Joseph O'Hara	Bexley AC	50.32	q
5	25	George Blake	Medway and Maidstone AC	52.51	
6	29	Matthew Knight	Blackheath & Bromley Harriers AC	53.96	
7	5	Richard Brooks (M45)	Metropolitan Police AC	55.13	
8	11	Ruslanas Jegorovas (M40)	Dartford Harriers AC	66.99	

400m		Final			
No.	Athlete	Club	Perf		
1	21	Connor Neal	Thanet AC	48.22	
2	33	Bailey Stickings	Blackheath & Bromley Harriers AC	48.56	
3	30	Omari Markland-Montgomery	Cambridge Harriers	48.70	
4	23	Kristian Samwell-Nash	Ashford AC	48.74	
5	34	Ewan Wood	Tonbridge AC	49.50	
6	27	Kieran Eland	Tonbridge AC	49.91	
7	28	Noah Friend	Tonbridge AC	50.24	
8	32	Joseph O'Hara	Bexley AC	51.02	

1500m		Final			
No.	Athlete	Club	Perf		
1	45	Oliver Weston	Invicta East Kent AC	4:15.09	
2	50	Thomas Storer	Invicta East Kent AC	4:18.47	
3	36	Edmund Adigwe (M45)	Cambridge Harriers	4:18.73	
4	49	Andrew Scoones	Swale Combined AC	4:34.93	
5	48	Mark Kybert (M60)	Dartford Harriers AC	5:26.82	
6	46	Andrew Archer (M50)	Dartford Harriers AC	5:28.77	
7	11	Ruslanas Jegorovas (M40)	Dartford Harriers AC	5:36.16	

5000m		Final			
No.	Athlete	Club	Perf		
1	609	Wegahta Zerom (U20M)	Ashford AC	15:04.16	
2	607	Teweldebhan Menges	Medway and Maidstone AC	15:14.81	
3	605	Matthew Dubery (U20M)	Tonbridge AC	15:56.05	
4	604	Robert Donohue	Blackheath & Bromley Harriers AC	16:03.86	
5	606	Jayden Iles	Medway and Maidstone AC	16:06.36	
	50	Thomas Storer	Invicta East Kent AC	DNS	

Pole Vault		Final	
No.	Athlete	Club	Perf
1	35 Douglas Noel	Invicta East Kent AC	4.20
2	57 Luke Williams	Ashford AC	3.50
3	56 Roger Platt	Blackheath & Bromley Harriers AC	3.20
4	54 Bilen Ahmet	Kingston AC & Polytechnic Harriers	3.10
	25 George Blake	Medway and Maidstone AC	nm

3.70 xo;3.80 o;3.90 -;4.00 o;4.10 o;4.20 o;4.30 xxx
 3.20 o;3.40 o;3.50 xo;3.60 xxx
 2.60 o;2.80 o;3.00 o;3.10 o;3.20 xo;3.40 xxx
 2.60 o;2.80 xo;3.00 o;3.10 o;3.20 xr
 3.70 xxx

Shot		Final	
No.	Athlete	Club	Perf
1	61 Alexander Hookway	Tonbridge AC	12.24
2	35 Douglas Noel	Invicta East Kent AC	11.05
3	62 Khuwayne Linton	Harrow AC	10.75
4	64 Milton McNichol Jr	Tonbridge AC	7.86

10.84; 11.70; 11.98; x; 12.24; 11.79
 10.95; 11.05; -; -; -
 x; 10.02; 10.75; 10.54; 10.43; 10.62
 7.50; 7.86; 7.39; 7.78; 7.79; x

Discus		Final	
No.	Athlete	Club	Perf
1	65 Dele Aladese	Blackheath & Bromley Harriers AC	48.79
2	67 Andrew Kruszewski	Cambridge Harriers	33.51
3	61 Alexander Hookway	Tonbridge AC	32.67
4	64 Milton McNichol Jr	Tonbridge AC	24.50
5	66 Neil Dickson	Tonbridge AC	20.14

46.96; x; 48.32; 48.79; 45.42; x
 x; 33.51; x; 32.00; 32.20; 32.31
 30.05; x; 31.41; 32.67; 29.94; 31.95
 24.01; 24.50; 22.33; 21.78; 21.40; 21.60
 19.86; 18.74; 20.14; 17.74; x; 20.09

Hammer		Final	
No.	Athlete	Club	Perf
1	68 Reece Perkins	Medway and Maidstone AC	33.22
2	69 Andrew Rushbrook	Bexley AC	30.64
3	70 Stephen Talbot	Dartford Harriers AC	25.92

x; 33.22; x; 31.92; 30.56; 31.66
 30.64; x; x; 28.48; 26.42; 28.28
 23.27; x; x; x; 22.79; 25.92

U20 Men

100m		Heat 1		w/s= -1.3
No.	Athlete	Club	Perf	
1	85 Dejaune Lingard	Cambridge Harriers	10.82	Q
2	88 Charles Nortey	Blackheath & Bromley Harriers AC	10.90	Q
3	80 Khalid Dabiri	Bexley AC	11.08	Q
4	90 Ethan Tasker	Tonbridge AC	11.23	q
5	77 Joshua Aboagye	Medway and Maidstone AC	11.71	
6	91 Joseph E Terry	Tonbridge AC	11.79	
7	84 Kieran Isaac	Medway and Maidstone AC	12.04	

100m		Heat 2		w/s= -2.2
No.	Athlete	Club	Perf	
1	89 Dylan Purton	Medway and Maidstone AC	11.10	Q
2	78 Fortune Adah-Jahs	Bexley AC	11.14	Q
3	76 Fidunu Abidekun	Ilford AC	11.29	Q
4	86 Trey McPherson	Dartford Harriers AC	11.37	q
5	82 Aston Fredericks	Thanet AC	11.58	
6	87 Nkwazi Ndila	Blackheath & Bromley Harriers AC	11.59	
7	79 Andrew Bull	Canterbury Athletics Academy	12.06	

100m		Final		w/s= 0.3
No.	Athlete	Club	Perf	
1	85 Dejaune Lingard	Cambridge Harriers	10.67	
2	88 Charles Nortey	Blackheath & Bromley Harriers AC	10.88	
3	80 Khalid Dabiri	Bexley AC	10.99	
4	89 Dylan Purton	Medway and Maidstone AC	11.06	
5	90 Ethan Tasker	Tonbridge AC	11.11	
6	78 Fortune Adah-Jahs	Bexley AC	11.13	
7	86 Trey McPherson	Dartford Harriers AC	11.22	
	76 Fidunu Abidekun	Ilford AC	DIS	

400m		Final	
No.	Athlete	Club	Perf
1	97 Tommy Owler	Folkestone Running Club	49.55
2	98 Michael Uozie	Blackheath & Bromley Harriers AC	50.88
3	93 Shaquille Fernandez-Folkes	Cambridge Harriers	52.57
4	99 Edward Best	Dartford Harriers AC	54.52

1500m		Final	
No.	Athlete	Club	Perf
1	115 Jamie Keir	Invicta East Kent AC	3:55.67
2	113 Ethan Gear	Medway and Maidstone AC	3:58.34
3	105 Jack Small	Ashford AC	3:59.08
4	106 Louis Small	Ashford AC	4:00.62
5	103 Adam Lane	Ashford AC	4:09.30
6	104 Daniel Moulton	Dartford Harriers AC	4:22.55
7	111 Miles Brierley	Dartford Harriers AC	4:22.84
8	109 Harrison White	Canterbury Athletics Academy	4:39.52
9	114 Freddie Hornett	Central Park Athletics	4:47.49

110m Hurdles		Final		w/s= -1.6
No.	Athlete	Club	Perf	
1	117	Michael Alajiki	Ashford AC	15.37
2	118	Princeriza Gediz	Bexley AC	15.84
3	119	Carlos Rojo-Thigo	Cambridge Harriers	16.52

Pole Vault		Final		
No.	Athlete	Club	Perf	
1	127	Barnaby Corry	Blackheath & Bromley Harriers AC	4.50
2	130	Oluwafemi Segun	Dartford Harriers AC	4.20
3	129	Benjamin Platt	Blackheath & Bromley Harriers AC	4.00
4	128	Ethan Kitteridge	Blackheath & Bromley Harriers AC	3.80

4.00 xo;4.10 -;4.20 xxo;4.30 o;4.50 xxo;4.60 xxx
 3.90 o;4.00 xo;4.10 xo;4.20 xo;4.30 xxx
 3.60 o;3.70 -;3.80 xo;3.90 o;4.00 o;4.10 xxx
 3.80 o;3.90 xxx

Shot		Final		
No.	Athlete	Club	Perf	
1	136	Brydon Duncan	Blackheath & Bromley Harriers AC	11.97
2	137	Harrison Lawton	Invicta East Kent AC	10.20

10.84; 11.38; 11.90; 11.97; x; x
 9.90; 9.51; 10.20; 9.83; x; x

Discus		Final		
No.	Athlete	Club	Perf	
1	135	Dillon Claydon	Blackheath & Bromley Harriers AC	46.25
2	136	Brydon Duncan	Blackheath & Bromley Harriers AC	42.76
3	133	Alex Stone	Paddock Wood AC	29.71

38.72; 46.25; x; 45.97; 43.49; 44.95
 39.27; 41.14; 40.43; 42.76; x; 40.91
 29.71; 27.85; x; x; x; x

Hammer		Final		
No.	Athlete	Club	Perf	
1	138	Harry Blake	Medway and Maidstone AC	47.61
2	139	Timothy Masters	Bexley AC	40.46

46.71; 47.61; 46.14; 45.13; 47.26; 47.41
 39.52; 39.17; 38.05; 39.02; 36.77; 40.46

U17 Men		Heat 1		w/s= -2.2
No.	Athlete	Club	Perf	
1	155	Dante Legister	Cambridge Harriers	11.16
2	161	Daniel Shoyoye	Medway and Maidstone AC	11.79
3	162	Leonardo Thomas	Tonbridge AC	11.95
4	150	Daniel Culver	Medway and Maidstone AC	12.16
5	146	David Ayo-Adepoju	Dartford Grammar School	12.32
6	149	Ty Cooper	Dartford Harriers AC	12.45

Q
Q

100m		Heat 2		w/s= -1.1
No.	Athlete	Club	Perf	
1	153	Leo Godfrey	Ashford AC	11.37
2	148	Rahaan Beckford Collier	Cambridge Harriers	11.38
3	157	Rayhan Mourtada	Blackheath & Bromley Harriers AC	11.68
4	163	Joshua Thomas-Wright	Invicta East Kent AC	11.79
5	154	Cameron Isaac	Medway and Maidstone AC	11.84
6	156	Ivan Martin	Invicta East Kent AC	12.01
7	151	Oluwaferanmi Dere	Dartford Harriers AC	12.71

Q
Q
q
q

100m		Heat 3		w/s= 1.0
No.	Athlete	Club	Perf	
1	164	Cheyne West	Medway and Maidstone AC	11.75
2	144	Aaron Adade-Boateng	Cambridge Harriers	11.96
3	145	Zachary Adkins	Invicta East Kent AC	12.16
4	152	Callum Dickson	Tonbridge AC	12.72
	160	Jay Sanders	Invicta East Kent AC	DNF
	159	Andrew Nikoro	Blackheath & Bromley Harriers AC	DNS

Q
Q

100m		Final		w/s= -2.3
No.	Athlete	Club	Perf	
1	153	Leo Godfrey	Ashford AC	11.46
2	157	Rayhan Mourtada	Blackheath & Bromley Harriers AC	11.70
3	163	Joshua Thomas-Wright	Invicta East Kent AC	11.71
4	161	Daniel Shoyoye	Medway and Maidstone AC	11.71
5	164	Cheyne West	Medway and Maidstone AC	11.78
6	144	Aaron Adade-Boateng	Cambridge Harriers	12.04
	148	Rahaan Beckford Collier	Cambridge Harriers	DIS
	155	Dante Legister	Cambridge Harriers	DIS

400m		Heat 1		
No.	Athlete	Club	Perf	
1	167	Nathan Firla	Blackheath & Bromley Harriers AC	51.87
2	172	Christopher Barrett	Blackheath & Bromley Harriers AC	53.57
3	158	Henry Munt	Central Park Athletics	53.88
4	180	Charlie Rouse	Medway and Maidstone AC	54.17
5	176	Jonathan Hosier	Tonbridge AC	54.45
6	192	Mark Bridger	Tonbridge AC	55.91
	175	Thomas Daly	Tonbridge AC	DNS

Q
Q
Q
q

400m		Heat 2			
No.	Athlete	Club	Perf		
1	165	Oliver Brooke	Tonbridge AC	53.03	Q
2	177	Riley Maisey	Medway and Maidstone AC	53.24	Q
3	171	Joe Stone	Tonbridge AC	53.36	Q
4	174	Marley Byfield	Blackheath & Bromley Harriers AC	54.17	q
5	178	Dante McNichol	Tonbridge AC	54.21	
	181	Callum Wilson	Dartford Harriers AC	DNS	

400m		Final			
No.	Athlete	Club	Perf		
1	165	Oliver Brooke	Tonbridge AC	50.69	
2	171	Joe Stone	Tonbridge AC	52.09	
3	172	Christopher Barrett	Blackheath & Bromley Harriers AC	52.56	
4	177	Riley Maisey	Medway and Maidstone AC	52.67	
5	167	Nathan Firla	Blackheath & Bromley Harriers AC	53.30	
6	180	Charlie Rouse	Medway and Maidstone AC	53.94	
7	158	Henry Munt	Central Park Athletics	54.17	
8	174	Marley Byfield	Blackheath & Bromley Harriers AC	56.02	

1500m		Final			
No.	Athlete	Club	Perf		
1	196	Hayden Gear	Medway and Maidstone AC	4:08.60	
2	190	Franklin Shepherd	Medway and Maidstone AC	4:10.75	
3	191	Adam Whitlock	Invicta East Kent AC	4:11.03	
4	199	Noah Paterson	Folkestone Running Club	4:16.25	
5	200	Arthur Starvis	Blackheath & Bromley Harriers AC	4:23.05	
6	187	Jake Greenwood	Central Park Athletics	4:33.51	
7	195	Harry Fage	Blackheath & Bromley Harriers AC	4:39.39	
8	197	Joshua Healy	Blackheath & Bromley Harriers AC	4:43.65	
9	194	Yuvraj Dhaliwal	Dartford Harriers AC	5:01.85	
10	193	Jacob Da Costa	Dartford Harriers AC	5:09.52	

100m Hurdles		Final		w/s= 0.2	
No.	Athlete	Club	Perf		
1	157	Rayhan Mourtada	Blackheath & Bromley Harriers AC	13.58	
2	164	Cheyne West	Medway and Maidstone AC	14.57	
3	178	Dante McNichol	Tonbridge AC	14.69	
4	202	Daniel Hardy	Medway and Maidstone AC	14.86	
5	171	Joe Stone	Tonbridge AC	15.14	
6	159	Andrew Nikoro	Blackheath & Bromley Harriers AC	15.46	
7	201	Adam Akinola	Bexley AC	15.72	
	203	Reece Onabanjo	Dartford Grammar School	DIS	

CBP

High Jump		Final			
No.	Athlete	Club	Perf		
1	159	Andrew Nikoro	Blackheath & Bromley Harriers AC	1.76	1.60 o;1.65 xxo;1.70 xo;1.73 o;1.76 o;1.80 xxx
2	209	Reef Page	Tonbridge AC	1.76	1.60 o;1.65 o;1.70 xxo;1.73 o;1.76 xo;1.80 xxx
3	210	Thomas Walwyn	Bexley AC	1.60	1.40 o;1.45 o;1.50 o;1.55 xxo;1.60 o;1.65 xxx
4	181	Callum Wilson	Dartford Harriers AC	1.60	1.40 o;1.45 o;1.50 o;1.55 o;1.60 o;1.65 xxx

Long Jump		Final			
No.	Athlete	Club	Perf		
1	171	Joe Stone	Tonbridge AC	6.09	1.7 6.02,-1.8; 5.92,-1.2; 6.09,1.7; 5.81,-1.2; 5.90,0.0; 6.00,-0.8
2	165	Oliver Brooke	Tonbridge AC	6.06	-1.0 5.63,-1.0; 5.63,-1.2; 5.87,1.1; 5.59,-0.2; 6.06,-1.0; 5.71,-1.0
3	201	Adam Akinola	Bexley AC	5.89	0.0 5.89,0.0; 5.60,0.0; 5.26,2.7; 5.57,-1.3; x; x
4	202	Daniel Hardy	Medway and Maidstone AC	5.80	1.0 5.35,-0.5; 5.59,0.6; 5.80,1.0; 5.43,0.0; 5.60,-1.0; 5.76,-0.5
5	178	Dante McNichol	Tonbridge AC	5.64	0.0 5.43,-0.7; 5.28,-0.9; 5.58,0.9; 5.25,-1.7; 3.93,-0.7; 5.64,0.0
6	215	Samuel Fajuyigbe	Dartford Grammar School	5.59	-0.9 5.49,0.6; 5.23,0.4; 5.39,-1.2; 3.86,-1.8; 5.15,-1.3; 5.59,-0.9
7	159	Andrew Nikoro	Blackheath & Bromley Harriers AC	5.49	-2.1 5.28,1.1; 5.31,0.7; 4.63,-1.9; 4.67,-1.2; x; 5.49,-2.1
8	203	Reece Onabanjo	Dartford Grammar School	5.03	-0.8 4.75,-1.3; 4.96,0.0; 4.88,-0.9; 4.82,-0.8; 4.59,-1.3;
9	204	Edward Little	Medway and Maidstone AC	4.74	-0.6 4.74,-0.6; 4.64,0.0; x
10	212	Justin Tabi	Dartford Grammar School	4.33	-0.1 4.33,-0.1; 4.21,-1.3; 3.85,0.0
	180	Charlie Rouse	Medway and Maidstone AC	nm	- x; x; x

Triple Jump		Final			
No.	Athlete	Club	Perf		
1	216	David Babarinde	Dartford Harriers AC	13.25	1.3 12.88,1.5; 12.79,-0.6; 13.25,1.3; 13.01,0.5; x; 12.87,0.7
2	218	David Ola	Dartford Grammar School	13.20	1.6 12.70,1.1; 13.20,1.6; 12.61,-1.5; 12.53,0.2; x; 12.77,0.0
3	217	Ethan Bamigbade	Dartford Harriers AC	12.41	1.6 x; 12.02,0.7; 12.41,1.6; 11.86,0.3; 11.99,0.2; 11.58,0.7

Javelin		Final			
No.	Athlete	Club	Perf		
1	229	Felix Mcardle Hodge	Blackheath & Bromley Harriers AC	56.89	x; 52.99; 56.89; 55.32; x; 54.59
2	228	Joshua Baker	Cambridge Harriers	50.01	47.76; 50.01; 47.48; 48.90; 47.60; 48.41
3	221	Max Kennedy	Blackheath & Bromley Harriers AC	48.39	47.37; 44.18; 48.39; x; 45.77; 47.49
4	227	Pelumi Akande	Dartford Harriers AC	47.08	42.39; 40.88; 47.08; 40.76; 43.02; 41.15
5	209	Reef Page	Tonbridge AC	41.88	33.59; x; 33.34; 39.49; 41.88; 36.93
6	202	Daniel Hardy	Medway and Maidstone AC	32.12	29.15; 29.96; 29.20; 27.92; 32.12; 31.44
7	151	Oluwaferanmi Dere	Dartford Harriers AC	26.00	x; x; 26.00; 22.69; 17.59; 22.01
	230	Isaac Ridge	Tonbridge AC	nm	x; x; x

U15 Boys**100m****Heat 1****w/s= 0.0**

No.	Athlete	Club	Perf
1	231	James Beecroft	Sevenoaks AC
2	235	Emmanuel Evbota	Dartford Grammar School
3	233	William Bryant	Invicta East Kent AC
4	239	Dylan Leadbeater	Ashford AC
5	245	Tom Ravenscroft	Cambridge Harriers
6	232	Michael Bridge	Cambridge Harriers
7	247	Oscar Snow	Medway and Maidstone AC
8	244	Alex Powirski	Bexley AC

Q CBP
 Q
 Q
 q

100m**Heat 2****w/s= 0.1**

No.	Athlete	Club	Perf
1	246	Victor Redman	Folkestone Running Club
2	242	Deriniola Oshakuade	Dartford Grammar School
3	240	Hans Nmaju	Central Park Athletics
4	238	Toby Grove	Ashford AC
5	243	Theodore Osobu	Blackheath & Bromley Harriers AC
6	237	Noah Foy	Ashford AC
7	234	Oliver Cook	Cambridge Harriers
8	236	Jesse Feyita	Cambridge Harriers

Q
 Q
 Q
 q

100m**Final****w/s= -2.3**

No.	Athlete	Club	Perf
1	231	James Beecroft	Sevenoaks AC
2	246	Victor Redman	Folkestone Running Club
3	240	Hans Nmaju	Central Park Athletics
4	242	Deriniola Oshakuade	Dartford Grammar School
5	233	William Bryant	Invicta East Kent AC
6	235	Emmanuel Evbota	Dartford Grammar School
7	239	Dylan Leadbeater	Ashford AC
8	238	Toby Grove	Ashford AC

300m**Heat 1**

No.	Athlete	Club	Perf
1	255	Tishe Fatona	Dartford Grammar School
2	258	Benjamin Purton	Medway and Maidstone AC
3	252	Elijah Olaleye	Cambridge Harriers
4	238	Toby Grove	Ashford AC
5	257	Rhys Joyeux	Cambridge Harriers

Q
 Q
 Q
 q
 q

300m**Heat 2**

No.	Athlete	Club	Perf
1	250	Brandon Nathan	Dartford Harriers AC
2	259	Felix Tynan	Cambridge Harriers
3	254	Lucas Cameron	Medway and Maidstone AC
4	234	Oliver Cook	Cambridge Harriers

Q
 Q
 Q

300m**Final**

No.	Athlete	Club	Perf
1	255	Tishe Fatona	Dartford Grammar School
2	250	Brandon Nathan	Dartford Harriers AC
3	258	Benjamin Purton	Medway and Maidstone AC
4	259	Felix Tynan	Cambridge Harriers
5	252	Elijah Olaleye	Cambridge Harriers
6	254	Lucas Cameron	Medway and Maidstone AC
7	257	Rhys Joyeux	Cambridge Harriers
8	238	Toby Grove	Ashford AC

1500m**Heat 1**

No.	Athlete	Club	Perf
1	284	Dylan Walsham	Bexley AC
2	266	Lucas Elmqvist	Blackheath & Bromley Harriers AC
3	279	Theo Ronchetti	Medway and Maidstone AC
4	275	Samuel Holloway	Cambridge Harriers
5	294	Connor Prendergast	Tonbridge AC
6	263	Harrison Brookes	Central Park Athletics
7	288	Ryan Alford-Smith	Sevenoaks AC
8	299	Owen Tucker	Medway and Maidstone AC
9	298	Samuel Smialowski	Tonbridge AC
10	292	Connor Lynch	Central Park Athletics

Q
 Q
 Q
 Q
 q

1500m

Heat 2

No.	Athlete	Club	Perf	
1	296	Samuel Scrase-Field	Cambridge Harriers	4:42.93
2	280	Sebastian Sanz-Kozyra	Invicta East Kent AC	4:43.72
3	264	Olly Buck	Kent AC	4:44.45
4	286	Joshua Wellings	Cambridge Harriers	4:44.93
5	256	Jasper Jones	Kent AC	4:45.45
6	274	Joseph Hill	Blackheath & Bromley Harriers AC	4:48.05
7	293	Aidan Moore	Sevenoaks AC	4:48.69
8	289	George Bishop	Tonbridge AC	4:50.81
9	291	Louie Griggs	Dartford Grammar School	4:55.57
10	295	Ewan Prendergast	Tonbridge AC	4:59.81
11	261	Samuel Barlow	Blackheath & Bromley Harriers AC	5:29.54

Q
Q
Q
Q
q
q
q

1500m

Final

No.	Athlete	Club	Perf	
1	279	Theo Ronchetti	Medway and Maidstone AC	4:27.41
2	296	Samuel Scrase-Field	Cambridge Harriers	4:31.56
3	264	Olly Buck	Kent AC	4:32.24
4	294	Connor Prendergast	Tonbridge AC	4:38.72
5	266	Lucas Elmqvist	Blackheath & Bromley Harriers AC	4:39.59
6	284	Dylan Walsham	Bexley AC	4:41.04
7	274	Joseph Hill	Blackheath & Bromley Harriers AC	4:41.25
8	280	Sebastian Sanz-Kozyra	Invicta East Kent AC	4:42.13
9	286	Joshua Wellings	Cambridge Harriers	4:44.74
10	256	Jasper Jones	Kent AC	4:46.06
11	275	Samuel Holloway	Cambridge Harriers	4:46.89
12	293	Aidan Moore	Sevenoaks AC	4:58.80

80m Hurdles

Final

w/s= -1.6

No.	Athlete	Club	Perf	
1	240	Hans Nmaju	Central Park Athletics	12.29
2	251	Rahman Odugbayi	Dartford Grammar School	12.50
3	300	Joel Aggrey	Central Park Athletics	12.75
4	252	Elijah Olaleye	Cambridge Harriers	12.76
5	301	Joshua Dako	Blackheath & Bromley Harriers AC	12.99
6	291	Louie Griggs	Dartford Grammar School	13.80

High Jump

Final

No.	Athlete	Club	Perf	
1	308	Samuel Newton	Tonbridge AC	1.60
2	301	Joshua Dako	Blackheath & Bromley Harriers AC	1.55
3	239	Dylan Leadbeater	Ashford AC	1.50
4	291	Louie Griggs	Dartford Grammar School	1.50
5	305	Ethan Harris	Dartford Harriers AC	1.50
6	286	Joshua Wellings	Cambridge Harriers	1.40
7	307	Noah Jennings	Swale Combined AC	1.40
8	306	Alfie Hughes	Swale Combined AC	1.30

1.45 o;1.50 o;1.55 xxo;1.60 xxo;1.65 xxx
1.35 o;1.40 o;1.45 o;1.50 xo;1.55 o;1.60 xxx
1.40 o;1.45 o;1.50 o;1.55 xxx
1.30 o;1.35 o;1.40 o;1.45 o;1.50 xxo;1.55 xxx
1.35 o;1.40 o;1.45 xo;1.50 xxo;1.55 xxx
1.25 o;1.30 o;1.35 o;1.40 o;1.45 xxx
1.30 o;1.35 o;1.40 xo;1.45 xxx
1.25 o;1.30 o;1.35 xxx

Long Jump

Final

No.	Athlete	Club	Perf	
1	240	Hans Nmaju	Central Park Athletics	5.61
2	251	Rahman Odugbayi	Dartford Grammar School	5.15
3	312	Oliver Downs	Invicta East Kent AC	5.10
4	242	Deriniola Oshakuade	Dartford Grammar School	4.91
5	286	Joshua Wellings	Cambridge Harriers	4.85
6	247	Oscar Snow	Medway and Maidstone AC	4.49
7	307	Noah Jennings	Swale Combined AC	4.41
8	306	Alfie Hughes	Swale Combined AC	4.26
9	234	Oliver Cook	Cambridge Harriers	4.19
10	244	Alex Powirski	Bexley AC	3.88

0.0 x; x; 5.61,0.0; x; x; -
0.0 5.15,0.0; 5.15,0.0; 5.07,1.0; 5.04,0.0; 4.99,1.0; -
0.0 5.10,0.0; 4.86,1.0; 4.96,0.0; 4.65,1.0; 4.92,0.0; 4.82,0.0
0.0 4.80,-1.0; 4.70,0.0; 4.87,1.0; 4.74,1.0; 4.52,-1.0; 4.91,0.0
0.0 x; 4.40,0.0; 4.47,1.0; x; 4.85,0.0; 4.57,0.0
0.0 x; 3.94,0.0; 4.49,0.0; 4.20,0.0; 4.12,-1.0; 3.69,0.0
1.0 4.36,-1.0; 4.41,1.0; 4.18,-2.0; 4.05,-1.0; 4.01,0.0; 4.19,-1.0
1.0 4.23,-1.0; x; 4.26,1.0; 4.06,-1.0; 4.10,0.0; 4.02,-2.0
0.0 3.87,-1.0; 4.19,0.0; 4.07,0.0
-1.0 3.88,-1.0; 3.74,0.0; 3.81,0.0

Triple Jump

Final

No.	Athlete	Club	Perf	
1	255	Tishe Fatona	Dartford Grammar School	11.99
2	251	Rahman Odugbayi	Dartford Grammar School	11.83
3	312	Oliver Downs	Invicta East Kent AC	10.46
4	313	Mathieu-William Taylor	Dartford Grammar School	10.44
5	300	Joel Aggrey	Central Park Athletics	10.06
6	306	Alfie Hughes	Swale Combined AC	8.92
	235	Emmanuel Evbota	Dartford Grammar School	nm

0.0 11.29,0.6; x; x; 11.99,0.0; 11.82,-0.4; 11.96,1.1
0.0 x; 11.83,0.0; x; 11.28,1.4; 11.52,1.2; 11.66,0.4
-0.9 10.27,-1.7; 10.14,0.1; 9.98,2.2; 10.46,-0.9; -; -
-1.7 10.44,1.4; 10.44,-1.7; 10.08,0.8; 9.94,-0.8; 10.18,0.5;
0.1 9.94,0.0; 10.06,0.1; x; x; 9.52,-1.2; 9.62,-0.4
-0.5 8.82,0.0; 8.74,2.3; 8.72,-1.1; 8.46,0.5; x; 8.92,-0.5
x; -; -

Javelin

Final

No.	Athlete	Club	Perf	
1	315	Ellis Ibrahim	Blackheath & Bromley Harriers AC	46.60
2	325	Frederick Lockett	Dartford Grammar School	35.30
3	312	Oliver Downs	Invicta East Kent AC	34.47
4	311	Charlie Platt	Blackheath & Bromley Harriers AC	32.85
5	232	Michael Bridge	Cambridge Harriers	31.94
6	290	Alfred Everitt	Paddock Wood AC	28.00
7	317	Noah Fage	Blackheath & Bromley Harriers AC	24.41

46.60; 45.35; 43.97; 43.76; x; 45.68
33.04; 29.64; 35.30; 33.24; 32.48; 31.73
26.96; 28.34; 33.59; 34.47; 28.40; 28.33
18.82; 32.85; 32.39; 30.50; x; 25.64
25.14; 29.61; 29.03; 31.94; 29.76; 26.26
27.24; 26.94; 28.00; 26.61; 23.78; 24.26
23.82; 22.04; 24.41; 21.68; 23.87; 23.99

Senior Women

200m

Heat 1

w/s= 0.6

No.	Athlete	Club	Perf
1	339 Ellie Turner	Medway and Maidstone AC	26.39
2	341 Abigail Walters	Medway and Maidstone AC	26.84
3	340 Louisa Vallins (W40)	Blackheath & Bromley Harriers AC	27.23
4	346 Bonnie Maugey	Dartford Harriers AC	28.90
5	334 Shamariah Notice	Kent AC	29.02

Q
Q
Q
q
q

200m

Heat 2

w/s= -0.6

No.	Athlete	Club	Perf
1	345 Lucy Hope	Medway and Maidstone AC	26.03
2	343 Chanelle Cole	Blackheath & Bromley Harriers AC	26.21
3	337 Leah Scott	Kent AC	27.71
4	344 Faith Cox	Ashford AC	30.03
5	342 Anna Cleary (W40)	Istead and Ifield Harriers	33.41

Q
Q
Q

200m

Final

w/s= -0.2

No.	Athlete	Club	Perf
1	339 Ellie Turner	Medway and Maidstone AC	24.67
2	345 Lucy Hope	Medway and Maidstone AC	25.47
3	343 Chanelle Cole	Blackheath & Bromley Harriers AC	26.08
4	341 Abigail Walters	Medway and Maidstone AC	26.10
5	340 Louisa Vallins (W40)	Blackheath & Bromley Harriers AC	27.40
6	337 Leah Scott	Kent AC	27.59
7	346 Bonnie Maugey	Dartford Harriers AC	29.26
8	334 Shamariah Notice	Kent AC	31.06

800m

Final

No.	Athlete	Club	Perf
1	355 Kathryn Sutton	Dartford Harriers AC	2:15.79
2	353 Annabel Carter	Tonbridge AC	2:17.35
3	354 Sophie Price (W35)	Dartford Harriers AC	2:34.58
4	352 Julie Backley (W50)	Cambridge Harriers	2:37.56
5	346 Bonnie Maugey	Dartford Harriers AC	2:41.90

5000m

Final

No.	Athlete	Club	Perf
1	610 Megan Marchant	Cambridge Harriers	17:37.23
2	611 Harriet Woolley	Tonbridge AC	19:16.61

High Jump

Final

No.	Athlete	Club	Perf
1	358 Stevie Langford	Ashford AC	1.55

1.40 o; 1.45 o; 1.50 o; 1.55 o; 1.60 xxx

Long Jump

Final

No.	Athlete	Club	Perf
1	364 Eloise Harvey	Dartford Harriers AC	5.52
2	330 Zara Edeleanu	Medway and Maidstone AC	4.55
3	344 Faith Cox	Ashford AC	4.51
4	346 Bonnie Maugey	Dartford Harriers AC	4.34
5	363 Jennifer Sheasby	Enfield & Haringey AC	3.98

0.0 x; 5.38,1.0; 5.38,-0.2; 4.84,0.0; 5.52,0.0; 5.36,-0.1
-0.5 4.20,3.1; 4.46,1.3; 4.27,0.5; 4.50,0.2; 4.55,-0.5; 4.47,-0.5
0.3 4.39,1.6; 4.47,0.7; x; 4.41,-0.1; 4.38,1.6; 4.51,0.3
0.3 4.15,1.5; 3.26,1.4; 4.25,-0.3; 4.32,0.6; 4.34,0.3; x
0.6 3.50,1.5; 3.57,0.9; 3.98,0.6; 3.73,0.0; 2.25,1.0; x

Triple Jump

Final

No.	Athlete	Club	Perf
1	365 Helen Nyberg-Mitroi	Dartford Harriers AC	8.74

-0.1 x; 8.68,-; 8.74,-0.1; 8.58,0.8; 8.28,0.0; x

Javelin

Final

No.	Athlete	Club	Perf
1	375 Lauren Farley	Blackheath & Bromley Harriers AC	50.92
2	376 Leanne O'Donovan	Dartford Harriers AC	30.95
3	374 Elizabeth Bignell	Paddock Wood AC	23.91
4	370 Natalie Mann	Cambridge Harriers	21.92
5	344 Faith Cox	Ashford AC	21.65

x; 50.92; x; x; x; 43.37
-; -; 27.88; 28.75; 28.51; 30.95
22.45; 23.05; 23.31; 23.91; x; 22.84
20.91; 21.92; 20.67; x; 19.96; x
21.21; 20.74; 20.01; 18.81; 21.65; 20.59

U20 Women

200m

Final

w/s= -2.6

No.	Athlete	Club	Perf
1	383 Scarlet Thomas-Wright	Invicta East Kent AC	25.68
2	386 Charlotte de la Porte-Godden	Medway and Maidstone AC	26.81
3	385 Imogen Davis	Thanet AC	27.15
4	387 Daisy Meenan	Canterbury Athletics Academy	28.71

800m		Final		
No.	Athlete	Club	Perf	
1	393	Billie Rouse	Medway and Maidstone AC	2:10.65
2	403	Morgan Squibb	Blackheath & Bromley Harriers AC	2:11.42
3	391	Cameron Kelly-Gordon	Blackheath & Bromley Harriers AC	2:16.58
4	396	Hannah Clark	Blackheath & Bromley Harriers AC	2:18.96
5	394	Maddison Sawyer	Medway and Maidstone AC	2:23.98
6	398	Abigail Hope	Canterbury Athletics Academy	2:26.34
7	404	Annabel Young	Medway and Maidstone AC	2:30.13
8	397	Ciara Harrop	Medway and Maidstone AC	2:53.69
9	390	Lucy Hulm	Thanet Roadrunners AC	2:58.65

400m Hurdles		Final		
No.	Athlete	Club	Perf	
1	414	Kelsey Pullin	Blackheath & Bromley Harriers AC	67.08

1500m Steeplechase		Final		
No.	Athlete	Club	Perf	
1	403	Morgan Squibb	Blackheath & Bromley Harriers AC	5:08.96
2	415	Ailbhe Barnes	Blackheath & Bromley Harriers AC	5:24.31

High Jump		Final		
No.	Athlete	Club	Perf	
1	385	Imogen Davis	Thanet AC	1.60
2	417	Rugi Fonti-Kanu	Bexley AC	1.55

1.45 o;1.50 o;1.55 o;1.60 o;1.66 xxx
1.45 o;1.50 o;1.55 xo;1.60 xxx

Long Jump		Final		
No.	Athlete	Club	Perf	
1	385	Imogen Davis	Thanet AC	5.64
2	409	Georgia Baker	Tonbridge AC	5.40
3	412	Jessie Sargeant	Bexley AC	5.25
4	420	Lucinda White	Tonbridge AC	5.10
5	422	Freya Jury	Swale Combined AC	5.07
6	387	Daisy Meenan	Canterbury Athletics Academy	4.52

1.5 5.13,0.2; 5.26,1.2; 5.32,0.8; 5.40,0.6; 5.49,0.0; 5.64,1.5
1.8 5.11,0.4; 5.20,-1.2; 5.26,-0.4; 4.90,-0.9; -; 5.40,1.8
2.1 5.11,1.3; x; x; 5.08,0.0; 5.15,1.3; 5.25,2.1
-0.5 4.81,1.1; 4.96,0.8; 5.10,-0.5; 4.96,1.1; x; 4.88,-0.6
1.2 4.68,-0.9; x; 4.84,0.4; 4.82,1.7; 5.04,1.2; 5.07,1.2
-0.6 x; 3.96,0.8; 4.12,1.3; 4.26,0.6; 4.28,1.0; 4.52,-0.6

Triple Jump		Final		
No.	Athlete	Club	Perf	
1	423	Kacey Walters	Shaftesbury Barnet Harriers	12.04
2	378	Chichi Cooper	Cambridge Harriers	11.26

2.2 11.75,-; 11.99,1.4; 10.15,2.7; 12.04,2.2; 11.13,1.5; 11.76,0.6
1.1 x; x; x; 11.06,0.0; x; 11.26,1.1

Javelin		Final		
No.	Athlete	Club	Perf	
1	412	Jessie Sargeant	Bexley AC	34.06
2	388	Jildou Chappell	Invicta East Kent AC	33.92

28.99; 29.37; 30.49; 21.45; 34.06; 33.58
33.71; 27.44; 31.17; 29.28; 30.55; 33.92

U17 Women

200m		Heat 1		w/s= -0.9
No.	Athlete	Club	Perf	
1	429	Faith Akinbileje	Blackheath & Bromley Harriers AC	24.30
2	443	Nina Whitter	Blackheath & Bromley Harriers AC	26.10
3	439	Harriet Medlen	Tonbridge AC	26.56
4	433	Janaii Coote	Cambridge Harriers	27.31
5	445	Jessica Lewis	Sevenoaks AC	27.33

Q
Q
Q
q
q

200m		Heat 2		w/s= -3.2
No.	Athlete	Club	Perf	
1	430	Rebeccah Akinsanya	Medway and Maidstone AC	25.82
2	446	Keziah Olaleye	Cambridge Harriers	27.53
3	441	Imogen Smith	Dartford Harriers AC	28.70
	438	Ciara McGinty	Cambridge Harriers	DIS
	447	Poppy Rowland-Hill	Thanet AC	DNS
	444	Grace Bennett	Blackheath & Bromley Harriers AC	DNS

Q
Q
Q

200m		Final		w/s= -1.0
No.	Athlete	Club	Perf	
1	429	Faith Akinbileje	Blackheath & Bromley Harriers AC	24.29
2	439	Harriet Medlen	Tonbridge AC	25.39
3	443	Nina Whitter	Blackheath & Bromley Harriers AC	25.85
4	446	Keziah Olaleye	Cambridge Harriers	27.16
5	445	Jessica Lewis	Sevenoaks AC	27.57
6	433	Janaii Coote	Cambridge Harriers	27.70
7	441	Imogen Smith	Dartford Harriers AC	28.40
	430	Rebeccah Akinsanya	Medway and Maidstone AC	DIS

800m		Final		
No.	Athlete	Club	Perf	
1	460	Chiani-Rae Garland	Bexley AC	2:16.16
2	469	Lola Sutton	Medway and Maidstone AC	2:19.98
3	458	Amber Cockburn	Blackheath & Bromley Harriers AC	2:28.26
4	467	Macey Sawyer	Medway and Maidstone AC	2:29.52
5	461	Abigail Hawkes	Medway and Maidstone AC	2:30.14
6	452	Abbe Clarke	Dartford Harriers AC	2:30.18
7	462	Lexie Johnson	Dartford Harriers AC	2:30.67
8	466	Beth Palmer	Medway and Maidstone AC	2:33.73
9	468	Molly Shaw	Blackheath & Bromley Harriers AC	2:39.71
10	464	Mercedes McGivern	Medway and Maidstone AC	2:44.48
11	463	Ingrid Linn	Medway and Maidstone AC	2:45.36

300m Hurdles		Final		
No.	Athlete	Club	Perf	
1	446	Keziah Olaleye	Cambridge Harriers	47.06
2	486	Isabelle Bridgeman	Tonbridge AC	50.18
3	487	Emily Moyle	Medway and Maidstone AC	51.03
4	491	Emma Powell	Bexley AC	52.68
5	492	Nia Thomas	Medway and Maidstone AC	56.01

1500m Steeplechase		Final		
No.	Athlete	Club	Perf	
1	495	Carys Firth	Blackheath & Bromley Harriers AC	5:35.00
2	484	Isla Spink	Blackheath & Bromley Harriers AC	6:05.16
3	493	Jessica Wilton	Ashford AC	6:14.53
4	474	Poppy Kybert	Dartford Harriers AC	6:18.04
5	494	Jasmine Crossley	Dartford Harriers AC	6:34.63

Shot		Final		
No.	Athlete	Club	Perf	
1	502	Hannah Bridge	Cambridge Harriers	14.15
2	506	Millie Vas	Thanet AC	10.87
3	455	Tallulah Ndikanwu	Blackheath & Bromley Harriers AC	10.79
4	447	Poppy Rowland-Hill	Thanet AC	10.39
5	503	Amelia Lawton	Invicta East Kent AC	10.14
6	505	Hope Still	Dartford Harriers AC	9.80
7	444	Grace Bennett	Blackheath & Bromley Harriers AC	8.02

13.73; 13.68; 14.15; 13.43; 13.56; 14.09
 10.87; 10.69; 10.79; 10.58; 10.04; 10.08
 9.44; 10.27; 10.79; 10.27; 9.72; 9.81
 9.57; 9.91; 9.82; 10.39; 9.61; 9.68
 9.40; 9.58; 9.44; 9.40; 10.14; x
 8.54; 8.91; 9.39; 9.80; 9.70; 9.45
 7.74; 7.71; 7.70; 7.92; 8.02; 7.51

Discus		Final		
No.	Athlete	Club	Perf	
1	502	Hannah Bridge	Cambridge Harriers	30.78
2	507	Ellie Cannon	Tonbridge AC	27.56
3	505	Hope Still	Dartford Harriers AC	26.86
4	503	Amelia Lawton	Invicta East Kent AC	24.41
5	506	Millie Vas	Thanet AC	21.55
6	508	Madeleine Swindin	Sevenoaks AC	19.49

x; 29.02; x; 30.78; x; 27.78
 25.49; x; 23.92; 27.56; x; x
 24.83; 23.62; x; 26.86; x; 23.78
 19.19; 23.10; 24.41; 23.52; 22.71; x
 21.55; 20.77; 19.89; 20.13; 20.61; 19.41
 18.00; 18.70; 18.55; 17.12; 19.49; 18.49

Hammer		Final		
No.	Athlete	Club	Perf	
1	505	Hope Still	Dartford Harriers AC	42.76
2	509	Sapphire Houston-Ball	Blackheath & Bromley Harriers AC	41.19
3	503	Amelia Lawton	Invicta East Kent AC	32.88

41.39; 42.76; x; x; x; x
 36.68; 36.68; 33.14; 38.35; 41.19; 38.41
 x; 32.88; 31.01; x; 32.00; x

U15 Girls		Heat 1			w/s= -1.0
No.	Athlete	Club	Perf		
1	518	Emily Cadman	Cambridge Harriers	26.75	Q
2	521	Grace Durrant	Medway and Maidstone AC	26.91	Q
3	549	Gabriella Noyce	Cambridge Harriers	27.63	Q
4	526	Sienna Gratwick	Medway and Maidstone AC	28.89	
5	524	Layla Forrest	Invicta East Kent AC	29.11	
6	548	Amelie Guthrie	Medway and Maidstone AC	30.66	
7	522	Beatrice Eaton	Thanet AC	31.96	
200m		Heat 2			w/s= -2.5
No.	Athlete	Club	Perf		
1	537	Nuriah Orhurhu	Cambridge Harriers	26.16	Q
2	538	Clio Parkes	Kent AC	27.34	Q
3	520	Evangelina Dixon	Tonbridge AC	27.57	Q
4	542	Hannah St Clare	Folkestone Running Club	28.03	q
5	544	Georgiana Sweeting	Tonbridge AC	28.88	q
6	550	Dakota Wilson	Ashford AC	29.99	
7	530	Daisy Jones	Cambridge Harriers	30.77	
8	528	Amelia Harris	Tonbridge AC	31.35	

200m		Final	w/s= -1.9	
No.	Athlete	Club	Perf	
1	537	Nuriah Orhurhu	Cambridge Harriers	26.06
2	518	Emily Cadman	Cambridge Harriers	26.66
3	520	Evangeline Dixon	Tonbridge AC	27.11
4	521	Grace Durrant	Medway and Maidstone AC	27.15
5	538	Clio Parkes	Kent AC	27.61
6	549	Gabriella Noyce	Cambridge Harriers	27.67
7	542	Hannah St Clare	Folkestone Running Club	28.28
8	544	Georgiana Sweeting	Tonbridge AC	28.86

800m		Heat 1			
No.	Athlete	Club	Perf		
1	578	Iris Williams	Cambridge Harriers	2:25.18	Q
2	559	Megan Barlow	Blackheath & Bromley Harriers AC	2:27.00	Q
3	560	Charlotte Bloodworth	Blackheath & Bromley Harriers AC	2:28.21	Q
4	564	Jennifer Clayton	Folkestone Running Club	2:29.06	q
5	575	Niamh Stanley	Blackheath & Bromley Harriers AC	2:30.17	q
6	572	Beth Regan	Blackheath & Bromley Harriers AC	2:33.16	
7	562	Eva Chambers	Blackheath & Bromley Harriers AC	2:33.81	
8	557	Betty Adams	Dartford Harriers AC	2:34.22	
9	577	Zoe Vallis	Invicta East Kent AC	2:37.45	
10	571	Aimee Price	Bexley AC	2:49.01	

800m		Heat 2			
No.	Athlete	Club	Perf		
1	574	Luciana Smith	Blackheath & Bromley Harriers AC	2:29.51	Q
2	569	Amber Matthews	Medway and Maidstone AC	2:29.61	Q
3	568	Leah Kyriacou	Blackheath & Bromley Harriers AC	2:29.90	Q
4	567	Jessica Kelly	Blackheath & Bromley Harriers AC	2:30.41	
5	565	Sofia Cudmore Smith	Medway and Maidstone AC	2:31.71	
6	561	Lily Bridgeman	Blackheath & Bromley Harriers AC	2:31.90	
7	570	Sophia Pawa	Cambridge Harriers	2:35.68	
8	566	Kyla Dervish	Blackheath & Bromley Harriers AC	2:38.02	
9	576	Jessica Starck	Invicta East Kent AC	2:39.17	
10	558	Isabelle Aldridge	Dartford Harriers AC	2:53.23	

800m		Final			
No.	Athlete	Club	Perf		
1	559	Megan Barlow	Blackheath & Bromley Harriers AC	2:17.35	
2	574	Luciana Smith	Blackheath & Bromley Harriers AC	2:20.15	
3	569	Amber Matthews	Medway and Maidstone AC	2:20.33	
4	578	Iris Williams	Cambridge Harriers	2:23.53	
5	568	Leah Kyriacou	Blackheath & Bromley Harriers AC	2:28.98	
6	575	Niamh Stanley	Blackheath & Bromley Harriers AC	2:31.58	
7	564	Jennifer Clayton	Folkestone Running Club	2:34.04	
8	560	Charlotte Bloodworth	Blackheath & Bromley Harriers AC	2:36.67	

75m Hurdles		Heat 1	w/s= -0.1		
No.	Athlete	Club	Perf		
1	531	Elicia Lacey	Tonbridge AC	11.52	Q
2	591	Lily Gayle	Cambridge Harriers	12.33	Q
3	542	Hannah St Clare	Folkestone Running Club	12.54	Q
4	593	Elsa Pawson	Tonbridge AC	12.58	q
5	594	Emilia Stevens	Swale Combined AC	14.01	q
6	554	Sienna Mabb	Medway and Maidstone AC	16.75	
7	522	Beatrice Eaton	Thanet AC	20.49	

75m Hurdles		Heat 2	w/s= -0.4		
No.	Athlete	Club	Perf		
1	590	Isabella Amartey	Dartford Harriers AC	11.84	Q
2	552	Alyssa Firla	Blackheath & Bromley Harriers AC	12.13	Q
3	549	Gabriella Noyce	Cambridge Harriers	12.29	Q
4	560	Charlotte Bloodworth	Blackheath & Bromley Harriers AC	14.23	
5	592	Gracie Lawton	Invicta East Kent AC	14.43	
6	547	Mia Whitwell	Bexley AC	15.58	

75m Hurdles		Final	w/s= -0.6		
No.	Athlete	Club	Perf		
1	531	Elicia Lacey	Tonbridge AC	11.56	
2	552	Alyssa Firla	Blackheath & Bromley Harriers AC	11.97	
3	549	Gabriella Noyce	Cambridge Harriers	11.98	
4	591	Lily Gayle	Cambridge Harriers	12.15	
5	590	Isabella Amartey	Dartford Harriers AC	12.28	
6	542	Hannah St Clare	Folkestone Running Club	12.39	
7	593	Elsa Pawson	Tonbridge AC	13.21	
8	594	Emilia Stevens	Swale Combined AC	14.32	

Shot		Final		
No.	Athlete	Club	Perf	
1	601	Erin Simpson	Blackheath & Bromley Harriers AC	9.90
2	552	Alyssa Firla	Blackheath & Bromley Harriers AC	9.41
3	592	Gracie Lawton	Invicta East Kent AC	7.83
4	602	Lacee Webb	Invicta East Kent AC	7.72
5	531	Elicia Lacey	Tonbridge AC	7.61
6	524	Layla Forrest	Invicta East Kent AC	6.11

8.54; 8.39; 9.19; 8.94; 9.90; -
 -; -; -; 9.41; 9.32; x
 7.14; 6.90; -; 7.83; 7.14; 6.70
 6.39; 6.65; 6.10; 7.72; 6.20; 7.16
 7.47; -; 6.90; 6.38; 7.61; 7.61
 5.91; 5.99; 5.93; 6.11; 6.06; 5.71

Discus		Final		
No.	Athlete	Club	Perf	
1	601	Erin Simpson	Blackheath & Bromley Harriers AC	28.02
2	560	Charlotte Bloodworth	Blackheath & Bromley Harriers AC	19.69
3	602	Lacee Webb	Invicta East Kent AC	16.78
4	603	Maddison Lopez	Bexley AC	16.57
5	528	Amelia Harris	Tonbridge AC	15.93
6	540	Sara Scrivens	Ashford AC	14.71

x; 25.14; x; x; 27.23; 28.02
 17.60; 14.73; 19.69; 18.46; x; 19.56
 x; 14.64; 13.80; 16.78; 12.47; x
 15.33; 16.30; x; 16.57; 15.96; 15.58
 13.98; 14.94; 14.58; 14.85; 15.93; 14.92
 x; 12.32; 14.19; 14.71; 14.03; x

Hammer		Final		
No.	Athlete	Club	Perf	
1	602	Lacee Webb	Invicta East Kent AC	27.65
2	540	Sara Scrivens	Ashford AC	25.66

24.96; 27.65; 24.36; x; 25.43; 21.03
 x; x; 23.36; 25.66; x; 25.01