

Kent Cross Country League Results - Somerhill School, Tonbridge 28/10/2023**Masters Women 8000m Individual Results**

Pos	No	Name	Club	Time	
1	623	Carole Coulon (W45)	Blackheath and Bromley H AC	33:55	W45
2	737	Renata McDonnell (W45)	Invicta East Kent AC	34:06	W45
3	693	Hannah Roberts (W40)	Dartford Harriers AC	34:56	W35
4	799	Maria Heslop (W55)	Tonbridge AC	35:05	W55
5	574	Gemma Carter-Collins (W40)	Ashford and District RRC	35:51	W35
6	663	Katie Sanders (W40)	Cambridge Harriers	36:23	W35
7	635	Julie Backley (W50)	Cambridge Harriers	36:55	W45
8	708	Nicola Goodwin (W40)	Folkestone Running and Athletics Club	37:22	W35
9	628	Ashley Pearson (W45)	Blackheath and Bromley H AC	37:29	W45
10	666	Elizabeth Brookes (W40)	Central Park Athletics	37:31	W35
11	803	Elizabeth Owen (W45)	Tonbridge AC	37:59	W45
12	1368	Penny Pilbeam (W50)	Tonbridge AC	38:18	W45
13	783	Rebecca Pickard (W45)	Sevenoaks AC	38:26	W45
14	752	Karen Cudmore (W50)	Medway and Maidstone AC	38:50	W45
15	602	Donna Mewis (W50)	Beckenham Running Club	38:55	W45
16	757	Taryne McPherson (W45)	Medway and Maidstone AC	39:08	W45
17	792	Olwen Cockell (W50)	Swale Combined AC	39:32	W45
18	1366	Laura Andrade (W40)	Tonbridge AC	39:46	W35
19	815	Vicky Eames (W40)	Tunbridge Wells Harriers	39:58	W35
20	801	Lisa Knight (W50)	Tonbridge AC	40:04	W45
21	685	Anna Cleary (W40)	Dartford Harriers AC	40:09	W35
22	797	Rachel Fagg (W50)	Tonbridge AC	40:11	W45
23	651	Sophie Johnson (W35)	Cambridge Harriers	40:17	W35
24	692	Sophie Price (W40)	Dartford Harriers AC	40:27	W35
25	619	Sarah Belaon (W40)	Blackheath and Bromley H AC	40:36	W35
26	816	Ali Farrall (W50)	Tunbridge Wells Harriers	40:46	W45
27	673	Gemma May (W40)	Central Park Athletics	40:46	W35
28	618	Kirsty Witt	Bexley AC	40:52	W35
29	732	Nicola Vander (W35)	Harvel Hash House Harriers	40:57	W35
30	724	Emmanuelle Navarri (W50)	Greenwich Tritons	41:01	W45
31	655	Donna Martin (W35)	Cambridge Harriers	41:01	W35
32	802	Grazia Manzotti (W50)	Tonbridge AC	41:04	W45
33	588	Sophie West (W40)	Ashford and District RRC	41:08	W35
34	648	Maria Hjorth (W55)	Cambridge Harriers	41:09	W55
35	680	Siobhan Carroll (W45)	Crystal Palace Triathlon	41:12	W45
36	639	Lynette Boston (W50)	Cambridge Harriers	41:14	W45
37	638	Christine Bond (W55)	Cambridge Harriers	41:20	W55
38	601	Kate Marchant (W55)	Beckenham Running Club	41:23	W55
39	573	Tracey Calnan (W50)	Ashford and District RRC	41:29	W45
40	776	Annette Shrimpton (W45)	Orpington Road Runners	42:07	W45
41	570	Jenny Wilton (W50)	Ashford AC	42:08	W45
42	823	Sonja King (W40)	Tunbridge Wells Harriers	42:10	W35
43	710	Catherine O'Connor (W50)	Folkestone Running and Athletics Club	42:10	W45
44	762	Vanessa Vander (W35)	Medway and Maidstone AC	42:12	W35
45	739	Sally George (W40)	Istead & Ifield Harriers	42:26	W35
46	806	Antonia Sanderson (W40)	Tonbridge AC	42:30	W35
47	747	Penny Ellison (W45)	Maidstone Harriers	42:36	W45

48	684	Kerrie Clarke (W45)	Dartford Harriers AC	42:37	W45
49	723	Lesley McCarthy (W50)	Greenwich Tritons	42:39	W45
50	1371	Patricia Salamanca (W45)	Tunbridge Wells Harriers	42:46	W45
51	734	Lucy Hale (W45)	Invicta East Kent AC	42:52	W45
52	744	Kulwinder Thind (W40)	Istead & Ifield Harriers	43:15	W35
53	636	Rose Baker (W55)	Cambridge Harriers	43:18	W55
54	613	Beata Kubala-Todd (W45)	Bexley AC	43:19	W45
55	686	Jane Crawley (W45)	Dartford Harriers AC	43:20	W45
56	592	Melanie Burdett (W45)	Beckenham Running Club	43:25	W45
57	706	Caroline Curtis (W55)	Folkestone Running and Athletics Club	43:32	W55
58	767	Hanka Eichler-Gregory (W45)	Mote Runners	43:40	W45
59	640	Sally Carr (W50)	Cambridge Harriers	43:42	W45
60	832	Rose Sawyer (W50)	Tunbridge Wells Harriers	43:50	W45
61	791	Rebecca Young (W45)	South Kent Harriers	44:13	W45
62	647	Marian Hine (W55)	Cambridge Harriers	44:20	W55
63	695	Stephanie Wood (W55)	Dartford Harriers AC	44:27	W55
64	824	Suzannah Kinsella (W50)	Tunbridge Wells Harriers	44:41	W45
65	617	Gill Stewart (W50)	Bexley AC	44:51	W45
66	830	Brenda Purse (W50)	Tunbridge Wells Harriers	44:52	W45
67	733	Lisa Watson (W50)	Harvel Hash House Harriers	44:54	W45
68	581	Jayne Fryer (W50)	Ashford and District RRC	44:58	W45
69	594	Natasha Dowds (W35)	Beckenham Running Club	45:05	W35
70	771	Anita Dubery (W55)	Orpington Road Runners	45:33	W55
71	591	Niamh Brooks (W45)	Beckenham Running Club	45:46	W45
72	699	Alexandra Cooper (W50)	Dartford Road Runners	45:57	W45
73	769	Jayne O'Sullivan (W45)	Mote Runners	45:58	W45
74	677	Kelly Noble (W45)	Central Park Athletics	46:03	W45
75	712	Diane Parsons (W45)	Folkestone Running and Athletics Club	46:03	W45
76	1364	Eleanor Meo (W40)	Folkestone Running and Athletics Club	46:05	W35
77	674	Kirsten McTeer (W45)	Central Park Athletics	46:09	W45
78	773	Samantha Goffin (W55)	Orpington Road Runners	46:17	W55
79	583	Ailis Goddard (W40)	Ashford and District RRC	46:18	W35
80	760	Catherine Rodwell (W35)	Medway and Maidstone AC	46:19	W35
81	740	Camilla Hilland-Lamprell (W35)	Istead & Ifield Harriers	46:25	W35
82	637	Joanne Barber (W50)	Cambridge Harriers	46:26	W45
83	572	Michala Bridgland (W45)	Ashford and District RRC	46:27	W45
84	809	Theresa White (W50)	Tonbridge AC	46:27	W45
85	589	Gail Arnott (W60)	Beckenham Running Club	46:33	W55
86	709	Zoe Neale (W45)	Folkestone Running and Athletics Club	46:41	W45
87	790	Jennifer Spillane (W40)	South Kent Harriers	46:47	W35
88	687	Stephanie Dann (W35)	Dartford Harriers AC	47:38	W35
89	741	Deborah McCarthy (W50)	Istead & Ifield Harriers	47:38	W45
90	798	Selina Hawker (W45)	Tonbridge AC	48:11	W45
91	775	Gillian Lawrence (W60)	Orpington Road Runners	48:29	W55
92	774	Anna Lerner (W40)	Orpington Road Runners	48:46	W35
93	600	Emma Lewis (W35)	Beckenham Running Club	49:14	W35
94	804	Pearl Pearce (W45)	Tonbridge AC	49:45	W45
95	678	Denise Rose (W60)	Central Park Athletics	50:24	W55
96	818	Ana-Maria Green (W55)	Tunbridge Wells Harriers	50:35	W55
97	761	Rachael Stewart (W45)	Medway and Maidstone AC	50:46	W45

98	582	Kelly Gammon (W40)	Ashford and District RRC	51:07	W35
99	1372	Joan Woodward (W45)	Tunbridge Wells Harriers	51:21	W45
100	756	Sarah Kenyon (W50)	Medway and Maidstone AC	51:25	W45
101	705	Trudi Curd (W60)	Folkestone Running and Athletics Club	51:35	W55
102	689	Julie Hibbard (W60)	Dartford Harriers AC	54:35	W55
103	691	Gillian Manning (W60)	Dartford Harriers AC	54:38	W55
104	1359	Nicola Howard (W55)	Beckenham Running Club	54:59	W55
105	593	Tanya Byrne (W55)	Beckenham Running Club	56:09	W55
106	1362	Laura Sale (W35)	Dartford Harriers AC	56:25	W35
107	715	Lisa Smith (W40)	Folkestone Running and Athletics Club	56:56	W35
108	611	Sarah Dodds (W45)	Bexley AC	60:13	W45