

Kent Cross Country League Results - Swanley Park, Swanley 25/11/2023**Senior Women 8000m Individual Results**

Pos	No	AthleteName	Club	Time	
1	632	Morgan Squibb	Blackheath and Bromley H AC	29:05	SW
2	625	Jessica Keene	Blackheath and Bromley H AC	30:19	SW
3	623	Carole Coulon (W45)	Blackheath and Bromley H AC	30:33	W45
4	789	Amy Seager	South Kent Harriers	30:36	SW
5	805	Polly Pitcairn-Knowles	Tonbridge AC	30:58	SW
6	1422	Charlotte Young	Medway and Maidstone AC	31:04	SW
7	737	Renata McDonnell (W45)	Invicta East Kent AC	31:13	W45
8	799	Maria Heslop (W55)	Tonbridge AC	31:23	W55
9	821	Amelie Karlsson	Tunbridge Wells Harriers	31:23	SW
10	1423	Anna Michael	Tonbridge AC	32:16	SW
11	574	Gemma Carter-Collins (W40)	Ashford and District RRC	32:20	W35
12	1421	Hannah Bradley	Dartford Harriers AC	32:32	SW
13	610	Alice Burnhope	Bexley AC	32:46	SW
14	621	Jennie Butler (W50)	Blackheath and Bromley H AC	32:47	W45
15	628	Ashley Pearson (W45)	Blackheath and Bromley H AC	32:56	W45
16	663	Katie Sanders (W40)	Cambridge Harriers	32:57	W35
17	803	Elizabeth Owen (W45)	Tonbridge AC	32:59	W45
18	635	Julie Backley (W50)	Cambridge Harriers	33:19	W45
19	754	Emily Hale	Medway and Maidstone AC	33:22	SW
20	598	Nathalie Gaudillat (W45)	Beckenham Running Club	33:43	W45
21	708	Nicola Goodwin (W40)	Folkestone Running and Athletics Club	33:47	W35
22	763	Katie Painter	Medway Tri	33:47	SW
23	627	Trang Nguyen (W40)	Blackheath and Bromley H AC	33:53	W35
24	604	Aurelia Osborne (W45)	Beckenham Running Club	33:53	W45
25	734	Lucy Hale (W45)	Invicta East Kent AC	33:55	W45
26	666	Elizabeth Brookes (W40)	Central Park Athletics	33:55	W35
27	1398	Sarah Cronin	Tonbridge AC	33:58	SW
28	752	Karen Cudmore (W50)	Medway and Maidstone AC	34:00	W45
29	605	Hope Stenning	Beckenham Running Club	34:01	SW
30	826	Lauren Mather	Tunbridge Wells Harriers	34:01	SW
31	808	Charlotte Warren (W35)	Tonbridge AC	34:28	W35
32	658	Hayley Newman	Cambridge Harriers	34:31	SW
33	643	Susan Dixon (W55)	Cambridge Harriers	34:40	W55
34	815	Vicky Eames (W40)	Tunbridge Wells Harriers	34:48	W35
35	757	Taryne McPherson (W45)	Medway and Maidstone AC	34:52	W45
36	575	Alice Cook	Ashford and District RRC	34:55	SW
37	801	Lisa Knight (W50)	Tonbridge AC	35:06	W45
38	764	Sophie Painter	Medway Tri	35:23	SW
39	797	Rachel Fagg (W50)	Tonbridge AC	35:30	W45
40	692	Sophie Price (W40)	Dartford Harriers AC	35:39	W35
41	783	Rebecca Pickard (W45)	Sevenoaks AC	35:53	W45
42	792	Olwen Cockell (W50)	Swale Combined AC	36:04	W45
43	758	Antel Muller (W35)	Medway and Maidstone AC	36:14	W35
44	601	Kate Marchant (W55)	Beckenham Running Club	36:24	W55
45	633	Katy Sugden (W45)	Blackheath and Bromley H AC	36:29	W45
46	820	Jillian Holford (W50)	Tunbridge Wells Harriers	36:29	W45
47	619	Sarah Belaon (W40)	Blackheath and Bromley H AC	36:31	W35

48	1366	Laura Andrade (W40)	Tonbridge AC	36:33	W35
49	713	Rebecca Powney	Folkestone Running and Athletics Club	36:34	SW
50	588	Sophie West (W40)	Ashford and District RRC	36:36	W35
51	1399	Jayne Mallyon	Tonbridge AC	36:42	SW
52	668	Coralie Charles (W35)	Central Park Athletics	36:47	W35
53	1420	Ciara Kiely	Beckenham Running Club	36:50	SW
54	648	Maria Hjorth (W55)	Cambridge Harriers	36:51	W55
55	837	Kimberley Wynter	Tunbridge Wells Harriers	36:52	SW
56	430	Millie Clisby (U20W)	Central Park Athletics	36:53	U20W
57	673	Gemma May (W40)	Central Park Athletics	37:00	W35
58	813	Susan Cooper (W40)	Tunbridge Wells Harriers	37:01	W35
59	762	Vanessa Vander (W35)	Medway and Maidstone AC	37:06	W35
60	710	Catherine O'Connor (W50)	Folkestone Running and Athletics Club	37:09	W45
61	573	Tracey Calnan (W50)	Ashford and District RRC	37:10	W45
62	802	Grazia Manzotti (W50)	Tonbridge AC	37:11	W45
63	608	Beth Armstrong	Bexley AC	37:16	SW
64	580	Sophie Edmonds	Ashford and District RRC	37:23	SW
65	685	Anna Cleary (W40)	Dartford Harriers AC	37:23	W35
66	744	Kulwinder Thind (W40)	Istead & Ifield Harriers	37:30	W35
67	686	Jane Crawley (W45)	Dartford Harriers AC	37:35	W45
68	739	Sally George (W40)	Istead & Ifield Harriers	37:43	W35
69	688	Grace Flower	Dartford Harriers AC	37:44	SW
70	639	Lynette Boston (W50)	Cambridge Harriers	37:49	W45
71	1371	Patricia Salamanca (W45)	Tunbridge Wells Harriers	38:12	W45
72	767	Hanka Eichler-Gregory (W45)	Mote Runners	38:15	W45
73	636	Rose Baker (W55)	Cambridge Harriers	38:19	W55
74	706	Caroline Curtis (W55)	Folkestone Running and Athletics Club	38:22	W55
75	638	Christine Bond (W55)	Cambridge Harriers	38:35	W55
76	823	Sonja King (W40)	Tunbridge Wells Harriers	38:35	W35
77	590	Alice Baverstock (W50)	Beckenham Running Club	38:40	W45
78	680	Siobhan Carroll (W45)	Crystal Palace Triathlon	38:40	W45
79	731	Emily Plummer (W35)	Harvel Hash House Harriers	38:44	W35
80	614	Kirsty McEwen (W35)	Bexley AC	38:53	SW
81	832	Rose Sawyer (W50)	Tunbridge Wells Harriers	38:58	W45
82	1358	Tania Dexter	Beckenham Running Club	39:01	SW
83	698	Emma Brown (W45)	Dartford Road Runners	39:03	W45
84	599	Amy Harris (W40)	Beckenham Running Club	39:05	W35
85	647	Marian Hine (W55)	Cambridge Harriers	39:15	W55
86	617	Gill Stewart (W50)	Bexley AC	39:18	W45
87	1364	Eleanor Meo (W40)	Folkestone Running and Athletics Club	39:19	W35
88	809	Theresa White (W50)	Tonbridge AC	39:20	W45
89	1363	Karla Larnder (W45)	Folkestone Running and Athletics Club	39:20	W45
90	791	Rebecca Young (W45)	South Kent Harriers	39:27	W45
91	640	Sally Carr (W50)	Cambridge Harriers	39:29	W45
92	726	Louise Roper	Greenwich Tritons	39:35	SW
93	613	Beata Kubala-Todd (W45)	Bexley AC	40:01	W45
94	695	Stephanie Wood (W55)	Dartford Harriers AC	40:01	W55
95	699	Alexandra Cooper (W50)	Dartford Road Runners	40:11	W45
96	607	Sonja Van de Pol (W45)	Beckenham Running Club	40:14	W45
97	830	Brenda Purse (W50)	Tunbridge Wells Harriers	40:17	W45

98	586	Natalie Songhurst (W45)	Ashford and District RRC	40:33	W45
99	768	Jen McLeod (W50)	Mote Runners	40:43	W45
100	766	Tracey Dennis (W55)	Mote Runners	40:47	W55
101	760	Catherine Rodwell (W35)	Medway and Maidstone AC	40:54	W35
102	567	Jacqueline Benson	Ashford AC	41:08	SW
103	606	Melanie Tunmore (W40)	Beckenham Running Club	41:08	W35
104	675	Christine Munday (W45)	Central Park Athletics	41:22	W45
105	589	Gail Arnott (W60)	Beckenham Running Club	41:24	W55
106	759	Hayley Palmer (W40)	Medway and Maidstone AC	41:30	W35
107	709	Zoe Neale (W45)	Folkestone Running and Athletics Club	41:32	W45
108	1397	Deniz Bowart (W45)	Tonbridge AC	41:44	W45
109	591	Niamh Brooks (W45)	Beckenham Running Club	41:52	W45
110	587	Kelli Sullivan (W45)	Ashford and District RRC	41:58	W45
111	790	Jennifer Spillane (W40)	South Kent Harriers	42:06	W35
112	582	Kelly Gammon (W40)	Ashford and District RRC	42:16	W35
113	670	Amy Hutchings (W35)	Central Park Athletics	42:19	W35
114	677	Kelly Noble (W45)	Central Park Athletics	42:19	W45
115	703	Catherine Clipstone (W55)	Folkestone Running and Athletics Club	42:19	W55
116	716	Eleanor Weekes	Folkestone Running and Athletics Club	42:20	SW
117	637	Joanne Barber (W50)	Cambridge Harriers	42:21	W45
118	773	Samantha Goffin (W55)	Orpington Road Runners	42:24	W55
119	678	Denise Rose (W60)	Central Park Athletics	42:44	W55
120	667	Nataly Canaveral (W35)	Central Park Athletics	42:50	W35
121	1360	Kelli Potter (W45)	Bexley AC	42:56	W45
122	798	Selina Hawker (W45)	Tonbridge AC	43:07	W45
123	674	Kirsten McTeer (W45)	Central Park Athletics	43:15	W45
124	712	Diane Parsons (W45)	Folkestone Running and Athletics Club	43:19	W45
125	600	Emma Lewis (W35)	Beckenham Running Club	43:38	W35
126	804	Pearl Pearce (W45)	Tonbridge AC	43:40	W45
127	644	Angela Ford (W50)	Cambridge Harriers	44:01	W45
128	729	Sue Cameron (W55)	Harvel Hash House Harriers	44:33	W55
129	756	Sarah Kenyon (W50)	Medway and Maidstone AC	44:39	W45
130	612	Christina Fleetwood (W45)	Bexley AC	44:48	W45
131	705	Trudi Curd (W60)	Folkestone Running and Athletics Club	44:50	W55
132	774	Anna Lerner (W40)	Orpington Road Runners	45:18	W35
133	584	Lucy Johnstone (W45)	Ashford and District RRC	47:40	W45
134	593	Tanya Byrne (W55)	Beckenham Running Club	48:56	W55
135	679	Brigit Brown (W55)	Crystal Palace Triathlon	49:28	W55
136	715	Lisa Smith (W40)	Folkestone Running and Athletics Club	49:34	W35
137	689	Julie Hibbard (W60)	Dartford Harriers AC	50:31	W55
138	682	Audrey Livingston (W55)	Crystal Palace Triathlon	53:45	W55
139	611	Sarah Dodds (W45)	Bexley AC	54:14	W45