

**Kent Cross Country League Results - Foots Cray Meadows, Sidcup 14/10/2023****Masters 45 Women 8000m Individual Results**

<b>Pos</b>	<b>No</b>	<b>Name</b>	<b>Club</b>	<b>Time</b>
1	737	Renata McDonnell (W45)	Invicta East Kent AC	34:20
2	623	Carole Coulon (W45)	Blackheath and Bromley H AC	34:33
3	621	Jennie Butler (W50)	Blackheath and Bromley H AC	37:15
4	803	Elizabeth Owen (W45)	Tonbridge AC	37:36
5	635	Julie Backley (W50)	Cambridge Harriers	37:44
6	604	Aurelia Osborne (W45)	Beckenham Running Club	37:50
7	745	Louise Brass (W45)	Maidstone Harriers	38:39
8	800	Sasha Humphries (W50)	Tonbridge AC	38:43
9	598	Nathalie Gaudillat (W45)	Beckenham Running Club	38:47
10	752	Karen Cudmore (W50)	Medway and Maidstone AC	38:59
11	757	Taryne McPherson (W45)	Medway and Maidstone AC	39:26
12	820	Jillian Holford (W50)	Tunbridge Wells Harriers	39:50
13	671	Anoushka Johnson (W45)	Central Park Athletics	40:07
14	816	Ali Farrall (W50)	Tunbridge Wells Harriers	40:32
15	736	Faye Jeacocke (W45)	Invicta East Kent AC	40:40
16	797	Rachel Fagg (W45)	Tonbridge AC	40:42
17	792	Olwen Cockell (W50)	Swale Combined AC	40:49
18	573	Tracey Calnan (W50)	Ashford and District RRC	40:54
19	724	Emmanuelle Navarri (W50)	Greenwich Tritons	41:54
20	723	Lesley McCarthy (W50)	Greenwich Tritons	42:02
21	802	Grazia Manzotti (W50)	Tonbridge AC	42:13
22	778	Amanda Williams (W45)	Orpington Road Runners	42:15
23	650	Maggie Illingworth (W45)	Cambridge Harriers	42:16
24	680	Siobhan Carroll (W45)	Crystal Palace Triathlon	42:19
25	639	Lynette Boston (W50)	Cambridge Harriers	42:29
26	710	Catherine O'Connor (W50)	Folkestone Running and Athletics Club	42:31
27	684	Kerrie Clarke (W45)	Dartford Harriers AC	42:36
28	767	Hanka Eichler-Gregory (W45)	Mote Runners	43:12
29	683	Kati Tully (W50)	Crystal Palace Triathlon	43:14
30	718	Marcela Arvizu (W50)	Greenwich Tritons	43:17
31	686	Jane Crawley (W45)	Dartford Harriers AC	43:49
32	617	Gill Stewart (W50)	Bexley AC	43:57
33	613	Beata Kubala-Todd (W45)	Bexley AC	44:29
34	832	Rose Sawyer (W50)	Tunbridge Wells Harriers	44:47
35	741	Deborah McCarthy (W50)	Istead & Ifield Harriers	44:55
36	809	Theresa White (W50)	Tonbridge AC	45:16
37	581	Jayne Fryer (W50)	Ashford and District RRC	45:25
38	791	Rebecca Young (W45)	South Kent Harriers	46:19
39	607	Sonja Van de Pol (W45)	Beckenham Running Club	46:27
40	830	Brenda Purse (W50)	Tunbridge Wells Harriers	46:28
41	768	Jen McLeod (W50)	Mote Runners	46:39
42	677	Kelly Noble (W45)	Central Park Athletics	46:41
43	709	Zoe Neale (W45)	Folkestone Running and Athletics Club	46:48
44	674	Kirsten McTeer (W45)	Central Park Athletics	46:57
45	699	Alexandra Cooper (W50)	Dartford Road Runners	46:59
46	637	Joanne Barber (W50)	Cambridge Harriers	47:04
47	675	Christine Munday (W45)	Central Park Athletics	47:49

48	798	Selina Hawker (W45)	Tonbridge AC	47:53
49	804	Pearl Pearce (W45)	Tonbridge AC	48:54
50	701	Marie Brazier (W45)	Folkestone Running and Athletics Club	49:12
51	644	Angela Ford (W50)	Cambridge Harriers	49:38
52	612	Christina Fleetwood (W45)	Bexley AC	50:43
53	756	Sarah Kenyon (W50)	Medway and Maidstone AC	50:46
54	777	Monika Thaler (W50)	Orpington Road Runners	51:20
55	835	Carol Tsang (W45)	Tunbridge Wells Harriers	53:09
56	661	Joanna Parke (W45)	Cambridge Harriers	53:22
57	609	Claire Briner (W45)	Bexley AC	53:26
58	584	Lucy Johnstone (W45)	Ashford and District RRC	53:39
59	793	Penny Ademuyiwa (W50)	Tonbridge AC	54:04
60	611	Sarah Dodds (W45)	Bexley AC	60:54
61	645	Rupa Ganguli (W45)	Cambridge Harriers	67:22