

Kent Cross Country League Results - Danson Park, Bexleyheath 11/11/2023**Masters Men 8000m Individual Results**

Pos	No	Name	Club	Time	
1	1176	Anthony Webb (M45)	Medway and Maidstone AC	26:08	M40
2	931	Micah Evans (M40)	Blackheath and Bromley H AC	26:31	M40
3	1008	Ben Shearer (M45)	Cambridge Harriers	26:37	M40
4	993	James Macdonald (M40)	Cambridge Harriers	27:40	M40
5	1266	Jay Smith (M40)	Tonbridge AC	27:46	M40
6	1000	John O'Mahony (M45)	Cambridge Harriers	28:02	M40
7	1320	Edward Steele (M40)	Tunbridge Wells Harriers	28:06	M40
8	1100	Stephen Male (M55)	Folkestone Running and Athletics Clu	28:42	M50
9	1172	Richard Tomlinson (M55)	Medway and Maidstone AC	28:44	M50
10	1401	Stephen Hodges (M40)	Cambridge Harriers	28:52	M40
11	1012	Geoffrey Smith (M45)	Cambridge Harriers	29:05	M40
12	1160	Justin Lane (M45)	Medway and Maidstone AC	29:15	M40
13	926	Leonardus De Bruyn	Blackheath and Bromley H AC	29:20	M40
14	940	Sebastian Jones (M40)	Blackheath and Bromley H AC	29:22	M40
15	1222	Anthony Bennett (M45)	Tonbridge AC	29:27	M40
16	912	Simon Wells (M45)	Bexley AC	29:29	M40
17	930	Luca Ercolani (M50)	Blackheath and Bromley H AC	29:32	M50
18	1180	Neill Wright (M45)	Medway and Maidstone AC	29:33	M40
19	1052	Reuben Burford (M50)	Dartford Harriers AC	29:34	M50
20	1071	Stuart Waterman (M45)	Dartford Harriers AC	29:37	M40
21	1128	Glen Davison (M40)	Invicta East Kent AC	29:43	M40
22	1382	Krzysztof Klidzia (M55)	Folkestone Running and Athletics Clu	29:53	M50
23	1034	Craig Sharp (M45)	Central Park Athletics	29:56	M40
24	869	Jim Addison (M50)	Beckenham Running Club	29:59	M50
25	984	Duncan Hope (M40)	Cambridge Harriers	30:04	M40
26	1210	Richard Newsome (M45)	South Kent Harriers	30:06	M40
27	1038	Daniel Bentley-Gouldstone (M40)	Crystal Palace Triathlon	30:09	M40
28	1105	Andrew Wright (M45)	Folkestone Running and Athletics Clu	30:10	M40
29	1275	Tom Woolley (M40)	Tonbridge AC	30:19	M40
30	1002	James Pitts (M40)	Cambridge Harriers	30:25	M40
31	1049	Chris Biddle (M40)	Dartford Harriers AC	30:33	M40
32	1027	Simon Johnson (M40)	Central Park Athletics	30:35	M40
33	1408	Tom Rule (M40)	Tonbridge AC	30:37	M40
34	1018	Johnnie Arnould (M40)	Central Park Athletics	30:38	M40
35	1078	Andrew Green (M55)	Dartford Road Runners	30:41	M50
36	1152	Adam Featherstone (M50)	Medway and Maidstone AC	30:42	M50
37	1009	Rob Shearer (M45)	Cambridge Harriers	30:43	M40
38	1294	Alexander Holmes (M45)	Tunbridge Wells Harriers	30:44	M40
39	864	Luke Roberts (M40)	Ashford and District RRC	30:50	M40
40	963	Paul Sharpe (M40)	Blackheath and Bromley H AC	30:52	M40
41	1407	Andrew Stevens (M50)	Thanet Roadrunners AC	30:55	M50
42	846	Paul Crisp (M45)	Ashford and District RRC	30:58	M40
43	1404	Stephen Thompson (M45)	Cambridge Harriers	31:00	M40
44	1261	Graeme Saker (M60)	Tonbridge AC	31:03	M60
45	1256	Richard Preston (M50)	Tonbridge AC	31:07	M50
46	1214	Darren Scrivens (M50)	South Kent Harriers	31:18	M50
47	898	Jon Fish (M45)	Bexley AC	31:35	M40
48	1197	James Willingham (M45)	Orpington Road Runners	31:41	M40
49	1141	Kevin Buchanan (M40)	Maidstone Harriers	31:43	M40

50	1254	Mark Pitcairn-Knowles (M55)	Tonbridge AC	31:49	M50
51	1087	Robert White (M50)	Dartford Road Runners	31:53	M50
52	1166	Alun Rodgers (M55)	Medway and Maidstone AC	31:57	M50
53	1273	Joseph Watts (M40)	Tonbridge AC	32:00	M40
54	1203	Oloff Van Zyl (M50)	Sevenoaks AC	32:05	M50
55	962	Ian Scott (M45)	Blackheath and Bromley H AC	32:07	M40
56	1179	Darren Wright (M45)	Medway and Maidstone AC	32:07	M40
57	932	Steve Evenden (M45)	Blackheath and Bromley H AC	32:12	M40
58	1403	Benjamin Thompson (M40)	Cambridge Harriers	32:17	M40
59	1042	Tom Cumberlege (M45)	Crystal Palace Triathlon	32:31	M40
60	1268	Peter Sutton (M40)	Tonbridge AC	32:36	M40
61	1186	Steve Georgiadis (M60)	Orpington Road Runners	32:40	M60
62	1299	Michael King (M40)	Tunbridge Wells Harriers	32:42	M40
63	1400	Philip Bunn (M40)	Blackheath and Bromley H AC	32:43	M40
64	934	Gregory Firth (M45)	Blackheath and Bromley H AC	32:47	M40
65	1099	Philip Hoyland (M40)	Folkestone Running and Athletics Clu	32:50	M40
66	1014	Peter St-Amour (M45)	Cambridge Harriers	32:50	M40
67	1325	Geoff Turner (M60)	Tunbridge Wells Harriers	32:52	M60
68	1119	Martin Tynan (M45)	Greenwich Tritons	32:53	M40
69	922	Matthew Bullen (M55)	Blackheath and Bromley H AC	32:58	M50
70	1026	Antony Hylton (M45)	Central Park Athletics	32:59	M40
71	860	Scott Lynch (M55)	Ashford and District RRC	33:02	M50
72	1086	Barrie Seal (M45)	Dartford Road Runners	33:06	M40
73	1282	Stuart Corke (M55)	Tunbridge Wells Harriers	33:15	M50
74	942	Paul Kerekgyarto (M45)	Blackheath and Bromley H AC	33:18	M40
75	1046	Matthew White (M45)	Crystal Palace Triathlon	33:20	M40
76	1223	Tobin Bird (M55)	Tonbridge AC	33:21	M50
77	883	Steven Moss (M60)	Beckenham Running Club	33:26	M60
78	853	Mark Harrison (M40)	Ashford and District RRC	33:29	M40
79	950	Jason Meers (M50)	Blackheath and Bromley H AC	33:29	M50
80	1271	Michael Thomson (M50)	Tonbridge AC	33:36	M50
81	1081	Steve Jarvis (M50)	Dartford Road Runners	33:40	M50
82	866	David Tomlinson (M45)	Ashford and District RRC	33:44	M40
83	1221	Jason Barton (M40)	Tonbridge AC	33:47	M40
84	1178	Gareth Williams (M55)	Medway and Maidstone AC	33:49	M50
85	1036	Mark Smith (M40)	Central Park Athletics	33:50	M40
86	1276	Robin Barwick (M50)	Tunbridge Wells Harriers	33:54	M50
87	1124	Toby Short (M45)	Harvel Hash House Harriers	33:55	M40
88	948	Matthew Maddocks (M40)	Blackheath and Bromley H AC	33:59	M40
89	994	Graham Maynard (M60)	Cambridge Harriers	33:59	M60
90	1245	Derek Jee (M50)	Tonbridge AC	34:06	M50
91	943	George Kleanthous (M55)	Blackheath and Bromley H AC	34:18	M50
92	862	Adrian Moody (M60)	Ashford and District RRC	34:23	M60
93	1279	Richard Bysouth (M45)	Tunbridge Wells Harriers	34:26	M40
94	1039	Graeme Blair (M50)	Crystal Palace Triathlon	34:32	M50
95	1283	Richard Craig-McFeely (M55)	Tunbridge Wells Harriers	34:34	M50
96	1022	James Carney (M50)	Central Park Athletics	34:36	M50
97	1082	Ian McGrath (M50)	Dartford Road Runners	34:41	M50
98	885	Neil Phillips (M55)	Beckenham Running Club	34:45	M50
99	842	Adrian Beresford (M55)	Ashford and District RRC	34:46	M50
100	886	Andy Regan (M50)	Beckenham Running Club	34:48	M50
101	964	Barry Slattery (M55)	Blackheath and Bromley H AC	34:50	M50

102	887	Tim Robinson (M40)	Beckenham Running Club	34:55	M40
103	1289	Mark Godsalue (M50)	Tunbridge Wells Harriers	34:58	M50
104	1164	Jerome Moisan (M45)	Medway and Maidstone AC	35:03	M40
105	1334	Anthony Preston (M40)	Weald Tri Club	35:06	M40
106	1409	Steve Bolton (M60)	Tunbridge Wells Harriers	35:10	M60
107	1098	Philip Heathfield (M40)	Folkestone Running and Athletics Clu	35:11	M40
108	1187	Richard Hassall (M40)	Orpington Road Runners	35:14	M40
109	1199	Chris Desmond (M60)	Sevenoaks AC	35:25	M60
110	988	Martin Leat (M60)	Cambridge Harriers	35:29	M60
111	1112	Jonathan Marron (M50)	Greenwich Tritons	35:32	M50
112	875	Karol Dorniak (M40)	Beckenham Running Club	35:34	M40
113	1238	Antony Fullbrook (M55)	Tonbridge AC	35:36	M50
114	871	Michael Beecher (M65)	Beckenham Running Club	35:43	M60
115	1144	Martin Jones (M50)	Maidstone Harriers	35:45	M50
116	1109	Mark Gregory (M60)	Greenwich Tritons	35:53	M60
117	1297	Andrew Joad (M55)	Tunbridge Wells Harriers	35:55	M50
118	1183	Chris Parks (M45)	Mote Runners	36:00	M40
119	1116	Simon Neville (M60)	Greenwich Tritons	36:02	M60
120	1133	Derek George (M50)	Istead & Ifield Harriers	36:03	M50
121	859	Steve Hodges (M55)	Ashford and District RRC	36:08	M50
122	956	Steven Pairman (M60)	Blackheath and Bromley H AC	36:11	M60
123	1126	Neil Woolcombe (M45)	Harvel Hash House Harriers	36:22	M40
124	949	Chris Martin (M50)	Blackheath and Bromley H AC	36:22	M50
125	1195	Joe Precious (M50)	Orpington Road Runners	36:38	M50
126	979	James Floyd (M45)	Cambridge Harriers	36:41	M40
127	1136	Peter Moore (M60)	Istead & Ifield Harriers	36:46	M60
128	1255	Christopher Potter (M50)	Tonbridge AC	36:51	M50
129	1074	Jason Browne (M50)	Dartford Road Runners	36:53	M50
130	997	Hakim Mendjeli (M45)	Cambridge Harriers	36:55	M40
131	944	Andrew Lawes (M65)	Blackheath and Bromley H AC	36:59	M60
132	872	Ramon Boo (M45)	Beckenham Running Club	37:07	M40
133	1047	Andrew Archer (M50)	Dartford Harriers AC	37:11	M50
134	1023	Alan Clisby (M55)	Central Park Athletics	37:19	M50
135	917	Luigi Arcuri (M65)	Blackheath and Bromley H AC	37:25	M60
136	1095	Simon Coffey (M40)	Folkestone Running and Athletics Clu	37:35	M40
137	1284	Andrew Deighton (M55)	Tunbridge Wells Harriers	37:39	M50
138	1138	Alan Savage (M45)	Istead & Ifield Harriers	37:42	M40
139	919	William Brindley (M50)	Blackheath and Bromley H AC	37:48	M50
140	1162	James Milne (M45)	Medway and Maidstone AC	38:02	M40
141	1108	Gerry Frizzelle (M65)	Greenwich Tritons	38:07	M60
142	1312	Colin Ricketts (M55)	Tunbridge Wells Harriers	38:15	M50
143	1326	Christopher Walmsley (M50)	Tunbridge Wells Harriers	38:17	M50
144	1380	Jon Wilson (M50)	Cambridge Harriers	38:18	M50
145	868	Neil Woodham (M40)	Ashford and District RRC	38:34	M40
146	1218	Philip Larter (M50)	Swale Combined AC	38:37	M50
147	1314	David Salmons (M50)	Tunbridge Wells Harriers	38:46	M50
148	1328	Simon Whitaker (M55)	Tunbridge Wells Harriers	38:51	M50
149	1114	Luis Mendoza (M50)	Greenwich Tritons	38:52	M50
150	1083	Tony Piper (M55)	Dartford Road Runners	38:52	M50
151	1213	Jeremy Saynor (M60)	South Kent Harriers	38:54	M60
152	1064	Cullen O'Donnell (M55)	Dartford Harriers AC	38:56	M50
153	1205	Lee Brewer (M45)	South Kent Harriers	39:01	M40

154	981	Paul Ford (M55)	Cambridge Harriers	39:07	M50
155	897	Jim Faulkner (M55)	Bexley AC	39:14	M50
156	1215	Lee Sentenacq (M55)	South Kent Harriers	39:27	M50
157	1146	Damon Williams (M50)	Maidstone Harriers	39:42	M50
158	1188	Ian Jackson (M60)	Orpington Road Runners	39:56	M60
159	1287	Terry Everest (M40)	Tunbridge Wells Harriers	39:59	M40
160	1307	Michael Purse (M55)	Tunbridge Wells Harriers	40:09	M50
161	1262	Richard Sargent (M50)	Tonbridge AC	40:24	M50
162	1313	Michael Russell (M55)	Tunbridge Wells Harriers	40:30	M50
163	1373	Neil Ferebee (M55)	Bexley AC	40:37	M50
164	1318	Michael Sharp (M65)	Tunbridge Wells Harriers	40:41	M60
165	983	Martin Hawkins (M60)	Cambridge Harriers	40:50	M60
166	995	Ian McCarthy (M65)	Cambridge Harriers	40:57	M60
167	895	Brian Crane (M50)	Bexley AC	41:28	M50
168	965	James Unwin (M60)	Blackheath and Bromley H AC	41:32	M60
169	1306	Nick Pierce (M65)	Tunbridge Wells Harriers	41:48	M60
170	1101	Alan Randall (M60)	Folkestone Running and Athletics Clu	41:57	M60
171	1017	John Arnould (M65)	Central Park Athletics	42:38	M60
172	1224	Cain Bradley (M60)	Tonbridge AC	42:49	M60
173	900	John Gates (M60)	Bexley AC	44:10	M60
174	1207	Andrew Fogg (M60)	South Kent Harriers	44:45	M60
175	1025	Brian Downton (M55)	Central Park Athletics	45:48	M50
176	1264	Scott Shurmer (M50)	Tonbridge AC	45:52	M50
177	1300	Paul Kromm (M65)	Tunbridge Wells Harriers	46:58	M60
178	913	Kevin Winch (M60)	Bexley AC	49:58	M60
179	909	Mahesh Sankla (M40)	Bexley AC	50:20	M40
180	1120	Ian Dickson (M65)	Harvel Hash House Harriers	51:43	M60
181	1122	Andrew Plummer (M40)	Harvel Hash House Harriers	51:57	M40