

Kent Cross Country League Results - Danson Park, Bexleyheath 11/11/2023**Under 17 Men 5000m Individual Results**

Pos	No	Name	Club	Time
1	509	Alex Dack	Invicta East Kent AC	16:20
2	490	Alexander Middleton	Blackheath and Bromley H AC	16:41
3	515	Franklin Shepherd	Medway and Maidstone AC	16:56
4	501	Jake Greenwood	Central Park Athletics	17:09
5	528	Mark Bridger	Tonbridge AC	17:16
6	531	Oliver Head	Tonbridge AC	17:23
7	526	Thomas Beghein	Tonbridge AC	17:28
8	537	Samuel Smialowski	Tonbridge AC	17:45
9	486	Mark Constable	Blackheath and Bromley H AC	17:51
10	514	Theo Ronchetti	Medway and Maidstone AC	17:56
11	497	Aidan Newton	Cambridge Harriers	18:08
12	489	Franco Hillier	Blackheath and Bromley H AC	18:10
13	487	Harry Fage	Blackheath and Bromley H AC	18:11
14	480	Alexander Taylor	Bexley AC	18:11
15	505	Matthew Quogan	Dartford Harriers AC	18:12
16	512	Henry Gibson	Medway and Maidstone AC	18:34
17	519	Aidan Moore	Sevenoaks AC	18:49
18	500	Harrison Brookes	Central Park Athletics	18:54
19	493	Hendri Verster	Blackheath and Bromley H AC	18:56
20	534	Toby James	Tonbridge AC	19:13
21	507	Benjamin Daly	Greenwich Tritons	19:40
22	506	Logan Turner	Dartford Harriers AC	20:42
23	502	Felix Noble	Central Park Athletics	20:49
24	520	Andrew Simmons	Sevenoaks AC	20:52
25	495	Thomas Everson	Cambridge Harriers	20:55
26	503	Leonardo Rumball	Crystal Palace Triathlon	20:57
27	517	Alfie Malone	Medway Tri	21:01
28	521	Aidan Billen	Swale Combined AC	21:13
29	483	Ryan Alford-Smith	Blackheath and Bromley H AC	21:29
30	508	Taylor Cope	Invicta East Kent AC	22:06
31	524	Toby Barton	Tonbridge AC	22:41
32	516	Dominic Wright	Medway and Maidstone AC	23:11
33	523	James Bretz	The Judd School	23:42
34	538	Harvey Gillies	Weald Tri Club	24:25