

Kent Cross Country League Results - Danson Park, Bexleyheath 11/11/2023**Senior Men 8000m Individual Results**

Pos	No	Name	Club	Time	
1	1161	Teweldebhrhan Menges	Medway and Maidstone AC	24:30	SM
2	1244	Ted Higgins	Tonbridge AC	25:27	SM
3	1243	Jack Higgins	Tonbridge AC	25:31	SM
4	1233	Corey De'ath	Tonbridge AC	25:39	SM
5	1173	Ben Tyler (M35)	Medway and Maidstone AC	25:56	SM
6	1175	Jamie Walsh	Medway and Maidstone AC	25:58	SM
7	1385	Daniel Bradley	Tonbridge AC	26:02	SM
8	1176	Anthony Webb (M45)	Medway and Maidstone AC	26:08	M40
9	973	Thomas Brooke	Cambridge Harriers	26:16	SM
10	906	Joseph O'Hara	Bexley AC	26:26	SM
11	1156	Andrew Headley	Medway and Maidstone AC	26:29	SM
12	1251	George Marshall	Tonbridge AC	26:30	SM
13	931	Micah Evans (M40)	Blackheath and Bromley H AC	26:31	M40
14	969	Bobby Babaker	Cambridge Harriers	26:34	SM
15	1008	Ben Shearer (M45)	Cambridge Harriers	26:37	M40
16	1250	Calum Laing	Tonbridge AC	26:50	SM
17	1252	Sean Molloy	Tonbridge AC	26:51	SM
18	1127	James Akhurst	Invicta East Kent AC	26:54	SM
19	566	Jack Sharpe (U20M)	Tonbridge AC	27:05	U20M
20	1171	Daniel St Martin (M35)	Medway and Maidstone AC	27:09	SM
21	1020	Mouctar Barry	Central Park Athletics	27:10	SM
22	1296	Alexander Jeffreys	Tunbridge Wells Harriers	27:12	SM
23	1377	Dominic Smith (M35)	Blackheath and Bromley H AC	27:14	SM
24	558	Angus Currie (U20M)	Tonbridge AC	27:18	U20M
25	1058	Robert Jackaman (M35)	Dartford Harriers AC	27:20	SM
26	947	Graeme Lugar	Blackheath and Bromley H AC	27:27	SM
27	852	Aiden Gorham	Ashford and District RRC	27:29	SM
28	554	Callum Featherstone (U20M)	Medway and Maidstone AC	27:31	U20M
29	993	James Macdonald (M40)	Cambridge Harriers	27:40	M40
30	1266	Jay Smith (M40)	Tonbridge AC	27:46	M40
31	1270	Ross Thomas	Tonbridge AC	27:48	SM
32	555	Cameron Featherstone (U20M)	Medway and Maidstone AC	27:54	U20M
33	1000	John O'Mahony (M45)	Cambridge Harriers	28:02	M40
34	1151	Alexander Donnelly	Medway and Maidstone AC	28:04	SM
35	1320	Edward Steele (M40)	Tunbridge Wells Harriers	28:06	M40
36	1220	Jack Bradley	Thanet Roadrunners AC	28:11	SM
37	1405	Alexander Barber	Medway and Maidstone AC	28:16	SM
38	1237	Paul Freeman-Jones	Tonbridge AC	28:20	SM
39	1269	James Taylor	Tonbridge AC	28:24	SM
40	1174	Jack Tyler	Medway and Maidstone AC	28:35	SM
41	1033	Cameron Sharp	Central Park Athletics	28:37	SM
42	1260	Martin Richardson (M35)	Tonbridge AC	28:39	SM
43	1100	Stephen Male (M55)	Folkestone Running and Athletics Club	28:42	M50
44	1172	Richard Tomlinson (M55)	Medway and Maidstone AC	28:44	M50
45	921	Timothy Browne (M35)	Blackheath and Bromley H AC	28:45	SM
46	1153	Owen Featherstone	Medway and Maidstone AC	28:50	SM
47	1401	Stephen Hodges (M40)	Cambridge Harriers	28:52	M40
48	873	Ryan Brotherton (M35)	Beckenham Running Club	28:56	SM
49	970	Brett Baker	Cambridge Harriers	29:04	SM

50	1338 Gregory Bull	Blackheath and Bromley H AC	29:04	SM
51	1012 Geoffrey Smith (M45)	Cambridge Harriers	29:05	M40
52	1029 Martyn Millard	Central Park Athletics	29:09	SM
53	1402 Alfie Oliver	Cambridge Harriers	29:13	SM
54	1160 Justin Lane (M45)	Medway and Maidstone AC	29:15	M40
55	1248 Jack Keywood	Tonbridge AC	29:17	SM
56	926 Leonardus De Bruyn	Blackheath and Bromley H AC	29:20	M40
57	1274 Oliver White	Tonbridge AC	29:21	SM
58	940 Sebastian Jones (M40)	Blackheath and Bromley H AC	29:22	M40
59	1115 Andrew Moulden (M35)	Greenwich Tritons	29:24	SM
60	1222 Anthony Bennett (M45)	Tonbridge AC	29:27	M40
61	912 Simon Wells (M45)	Bexley AC	29:29	M40
62	1069 Lucas Taylor-Costin	Dartford Harriers AC	29:31	SM
63	930 Luca Ercolani (M50)	Blackheath and Bromley H AC	29:32	M50
64	1180 Neill Wright (M45)	Medway and Maidstone AC	29:33	M40
65	1052 Reuben Burford (M50)	Dartford Harriers AC	29:34	M50
66	1021 Steven Caller	Central Park Athletics	29:35	SM
67	1016 David Worden (M35)	Cambridge Harriers	29:35	SM
68	856 George Hinkley	Ashford and District RRC	29:36	SM
69	1071 Stuart Waterman (M45)	Dartford Harriers AC	29:37	M40
70	1024 Sam Dowler	Central Park Athletics	29:38	SM
71	1332 Matthew Britton (M35)	Weald Tri Club	29:39	SM
72	1406 Daniel Eugene	Medway and Maidstone AC	29:42	SM
73	1128 Glen Davison (M40)	Invicta East Kent AC	29:43	M40
74	1382 Krzysztof Klidzia (M55)	Folkestone Running and Athletics Club	29:53	M50
75	1034 Craig Sharp (M45)	Central Park Athletics	29:56	M40
76	980 Luke Ford	Cambridge Harriers	29:58	SM
77	869 Jim Addison (M50)	Beckenham Running Club	29:59	M50
78	928 Joshua Dowling	Blackheath and Bromley H AC	30:02	SM
79	984 Duncan Hope (M40)	Cambridge Harriers	30:04	M40
80	1210 Richard Newsome (M45)	South Kent Harriers	30:06	M40
81	1038 Daniel Bentley-Gouldstone (M40)	Crystal Palace Triathlon	30:09	M40
82	1105 Andrew Wright (M45)	Folkestone Running and Athletics Club	30:10	M40
83	876 Matthew Doyle (M35)	Beckenham Running Club	30:11	SM
84	1169 Bashiri Ryan	Medway and Maidstone AC	30:12	SM
85	1331 Tim Allen	Weald Tri Club	30:13	SM
86	899 Luke Francis	Bexley AC	30:14	SM
87	1275 Tom Woolley (M40)	Tonbridge AC	30:19	M40
88	1002 James Pitts (M40)	Cambridge Harriers	30:25	M40
89	1049 Chris Biddle (M40)	Dartford Harriers AC	30:33	M40
90	1027 Simon Johnson (M40)	Central Park Athletics	30:35	M40
91	1408 Tom Rule (M40)	Tonbridge AC	30:37	M40
92	1018 Johnnie Arnould (M40)	Central Park Athletics	30:38	M40
93	1078 Andrew Green (M55)	Dartford Road Runners	30:41	M50
94	1066 Huntley Roberts (M35)	Dartford Harriers AC	30:42	SM
95	1152 Adam Featherstone (M50)	Medway and Maidstone AC	30:42	M50
96	1009 Rob Shearer (M45)	Cambridge Harriers	30:43	M40
97	1294 Alexander Holmes (M45)	Tunbridge Wells Harriers	30:44	M40
98	864 Luke Roberts (M40)	Ashford and District RRC	30:50	M40
99	963 Paul Sharpe (M40)	Blackheath and Bromley H AC	30:52	M40
100	1015 Alex Tringham	Cambridge Harriers	30:53	SM
101	1407 Andrew Stevens (M50)	Thanet Roadrunners AC	30:55	M50

102	916 Ryan Ali	Blackheath and Bromley H AC	30:57	SM
103	846 Paul Crisp (M45)	Ashford and District RRC	30:58	M40
104	1404 Stephen Thompson (M45)	Cambridge Harriers	31:00	M40
105	1388 Gareth Hiron (M35)	Tunbridge Wells Harriers	31:00	SM
106	1261 Graeme Saker (M60)	Tonbridge AC	31:03	M60
107	1256 Richard Preston (M50)	Tonbridge AC	31:07	M50
108	976 Jon Davies	Cambridge Harriers	31:16	SM
109	1214 Darren Scrivens (M50)	South Kent Harriers	31:18	M50
110	882 Sam Jenkins	Beckenham Running Club	31:22	SM
111	1097 Trevor DeVoght	Folkestone Running and Athletics Club	31:25	SM
112	1259 Tom Richards (M35)	Tonbridge AC	31:25	SM
113	1094 Elliot Chapman-Jones	Folkestone Running and Athletics Club	31:30	SM
114	898 Jon Fish (M45)	Bexley AC	31:35	M40
115	1391 Michael Staddon	Tunbridge Wells Harriers	31:37	SM
116	1197 James Willingham (M45)	Orpington Road Runners	31:41	M40
117	1141 Kevin Buchanan (M40)	Maidstone Harriers	31:43	M40
118	1030 Reece Park	Central Park Athletics	31:44	SM
119	1254 Mark Pitcairn-Knowles (M55)	Tonbridge AC	31:49	M50
120	1102 Nicholas Steele	Folkestone Running and Athletics Club	31:50	SM
121	857 Jack Hodges	Ashford and District RRC	31:51	SM
122	1087 Robert White (M50)	Dartford Road Runners	31:53	M50
123	1166 Alun Rodgers (M55)	Medway and Maidstone AC	31:57	M50
124	544 Ted Marston (U20M)	Blackheath and Bromley H AC	31:57	U20M
125	1273 Joseph Watts (M40)	Tonbridge AC	32:00	M40
126	1203 Oloff Van Zyl (M50)	Sevenoaks AC	32:05	M50
127	962 Ian Scott (M45)	Blackheath and Bromley H AC	32:07	M40
128	1179 Darren Wright (M45)	Medway and Maidstone AC	32:07	M40
129	858 Kieran Hodges	Ashford and District RRC	32:09	SM
130	932 Steve Evenden (M45)	Blackheath and Bromley H AC	32:12	M40
131	1167 Sean Rodwell (M35)	Medway and Maidstone AC	32:13	SM
132	1403 Benjamin Thompson (M40)	Cambridge Harriers	32:17	M40
133	894 Kieran Butler	Bexley AC	32:20	SM
134	1044 Gregor MacLean	Crystal Palace Triathlon	32:21	SM
135	1219 Andrew Scoones	Swale Combined AC	32:22	SM
136	1184 Thomas Sweet	Mote Runners	32:29	SM
137	1042 Tom Cumberlege (M45)	Crystal Palace Triathlon	32:31	M40
138	1063 Aobakwe Mmokwa (M35)	Dartford Harriers AC	32:33	SM
139	1268 Peter Sutton (M40)	Tonbridge AC	32:36	M40
140	1186 Steve Georgiadis (M60)	Orpington Road Runners	32:40	M60
141	1299 Michael King (M40)	Tunbridge Wells Harriers	32:42	M40
142	1400 Philip Bunn (M40)	Blackheath and Bromley H AC	32:43	M40
143	934 Gregory Firth (M45)	Blackheath and Bromley H AC	32:47	M40
144	1099 Philip Hoyland (M40)	Folkestone Running and Athletics Club	32:50	M40
145	1014 Peter St-Amour (M45)	Cambridge Harriers	32:50	M40
146	1325 Geoff Turner (M60)	Tunbridge Wells Harriers	32:52	M60
147	1119 Martin Tynan (M45)	Greenwich Tritons	32:53	M40
148	1032 Chris Reid (M35)	Central Park Athletics	32:54	SM
149	922 Matthew Bullen (M55)	Blackheath and Bromley H AC	32:58	M50
150	1026 Antony Hylton (M45)	Central Park Athletics	32:59	M40
151	860 Scott Lynch (M55)	Ashford and District RRC	33:02	M50
152	1086 Barrie Seal (M45)	Dartford Road Runners	33:06	M40
153	1139 Daniel Walsh (M35)	Istead & Ifield Harriers	33:11	SM

154	1282 Stuart Corke (M55)	Tunbridge Wells Harriers	33:15	M50
155	942 Paul Kerekgyarto (M45)	Blackheath and Bromley H AC	33:18	M40
156	1046 Matthew White (M45)	Crystal Palace Triathlon	33:20	M40
157	1223 Tobin Bird (M55)	Tonbridge AC	33:21	M50
158	883 Steven Moss (M60)	Beckenham Running Club	33:26	M60
159	853 Mark Harrison (M40)	Ashford and District RRC	33:29	M40
160	950 Jason Meers (M50)	Blackheath and Bromley H AC	33:29	M50
161	848 Iain Dickson	Ashford and District RRC	33:31	SM
162	1192 William Moss	Orpington Road Runners	33:33	SM
163	1357 Mark Roberts (U20M)	The Judd School	33:36	U20M
164	1271 Michael Thomson (M50)	Tonbridge AC	33:36	M50
165	1081 Steve Jarvis (M50)	Dartford Road Runners	33:40	M50
166	866 David Tomlinson (M45)	Ashford and District RRC	33:44	M40
167	1221 Jason Barton (M40)	Tonbridge AC	33:47	M40
168	1178 Gareth Williams (M55)	Medway and Maidstone AC	33:49	M50
169	1036 Mark Smith (M40)	Central Park Athletics	33:50	M40
170	1276 Robin Barwick (M50)	Tunbridge Wells Harriers	33:54	M50
171	1124 Toby Short (M45)	Harvel Hash House Harriers	33:55	M40
172	1121 Connor Gorrard-Smith	Harvel Hash House Harriers	33:56	SM
173	948 Matthew Maddocks (M40)	Blackheath and Bromley H AC	33:59	M40
174	994 Graham Maynard (M60)	Cambridge Harriers	33:59	M60
175	1245 Derek Jee (M50)	Tonbridge AC	34:06	M50
176	943 George Kleanthous (M55)	Blackheath and Bromley H AC	34:18	M50
177	1037 Chris Allen (M35)	Crystal Palace Triathlon	34:19	SM
178	862 Adrian Moody (M60)	Ashford and District RRC	34:23	M60
179	1279 Richard Bysouth (M45)	Tunbridge Wells Harriers	34:26	M40
180	903 David Hurt	Bexley AC	34:30	SM
181	1039 Graeme Blair (M50)	Crystal Palace Triathlon	34:32	M50
182	1283 Richard Craig-McFeely (M55)	Tunbridge Wells Harriers	34:34	M50
183	1022 James Carney (M50)	Central Park Athletics	34:36	M50
184	1082 Ian McGrath (M50)	Dartford Road Runners	34:41	M50
185	885 Neil Phillips (M55)	Beckenham Running Club	34:45	M50
186	842 Adrian Beresford (M55)	Ashford and District RRC	34:46	M50
187	886 Andy Regan (M50)	Beckenham Running Club	34:48	M50
188	964 Barry Slattery (M55)	Blackheath and Bromley H AC	34:50	M50
189	887 Tim Robinson (M40)	Beckenham Running Club	34:55	M40
190	1289 Mark Godsalve (M50)	Tunbridge Wells Harriers	34:58	M50
191	1164 Jerome Moisan (M45)	Medway and Maidstone AC	35:03	M40
192	1334 Anthony Preston (M40)	Weald Tri Club	35:06	M40
193	1409 Steve Bolton (M60)	Tunbridge Wells Harriers	35:10	M60
194	1098 Philip Heathfield (M40)	Folkestone Running and Athletics Club	35:11	M40
195	1187 Richard Hassall (M40)	Orpington Road Runners	35:14	M40
196	1199 Chris Desmond (M60)	Sevenoaks AC	35:25	M60
197	988 Martin Leat (M60)	Cambridge Harriers	35:29	M60
198	1112 Jonathan Marron (M50)	Greenwich Tritons	35:32	M50
199	875 Karol Dorniak (M40)	Beckenham Running Club	35:34	M40
200	881 David Horner	Beckenham Running Club	35:35	SM
201	1238 Antony Fullbrook (M55)	Tonbridge AC	35:36	M50
202	871 Michael Beecher (M65)	Beckenham Running Club	35:43	M60
203	1144 Martin Jones (M50)	Maidstone Harriers	35:45	M50
204	1390 Benjamin Mills	Tunbridge Wells Harriers	35:48	SM
205	1109 Mark Gregory (M60)	Greenwich Tritons	35:53	M60

206	877 Faissal El Marrach	Beckenham Running Club	35:54	SM
207	1297 Andrew Joad (M55)	Tunbridge Wells Harriers	35:55	M50
208	1322 Hayden Thirkell	Tunbridge Wells Harriers	35:57	SM
209	1183 Chris Parks (M45)	Mote Runners	36:00	M40
210	1116 Simon Neville (M60)	Greenwich Tritons	36:02	M60
211	1133 Derek George (M50)	Istead & Ifield Harriers	36:03	M50
212	884 David Olver	Beckenham Running Club	36:06	SM
213	859 Steve Hodges (M55)	Ashford and District RRC	36:08	M50
214	956 Steven Pairman (M60)	Blackheath and Bromley H AC	36:11	M60
215	1126 Neil Woolcombe (M45)	Harvel Hash House Harriers	36:22	M40
216	949 Chris Martin (M50)	Blackheath and Bromley H AC	36:22	M50
217	1113 Florent Marrou (M35)	Greenwich Tritons	36:37	SM
218	1195 Joe Precious (M50)	Orpington Road Runners	36:38	M50
219	979 James Floyd (M45)	Cambridge Harriers	36:41	M40
220	1088 Henry Axon	Folkestone Running and Athletics Club	36:43	SM
221	1136 Peter Moore (M60)	Istead & Ifield Harriers	36:46	M60
222	1255 Christopher Potter (M50)	Tonbridge AC	36:51	M50
223	1074 Jason Browne (M50)	Dartford Road Runners	36:53	M50
224	997 Hakim Mendjeli (M45)	Cambridge Harriers	36:55	M40
225	944 Andrew Lawes (M65)	Blackheath and Bromley H AC	36:59	M60
226	872 Ramon Boo (M45)	Beckenham Running Club	37:07	M40
227	1236 Wayne Flanagan (M35)	Tonbridge AC	37:09	SM
228	1047 Andrew Archer (M50)	Dartford Harriers AC	37:11	M50
229	1023 Alan Clisby (M55)	Central Park Athletics	37:19	M50
230	917 Luigi Arcuri (M65)	Blackheath and Bromley H AC	37:25	M60
231	1095 Simon Coffey (M40)	Folkestone Running and Athletics Club	37:35	M40
232	1284 Andrew Deighton (M55)	Tunbridge Wells Harriers	37:39	M50
233	1138 Alan Savage (M45)	Istead & Ifield Harriers	37:42	M40
234	961 Harry Schmidt	Blackheath and Bromley H AC	37:43	SM
235	919 William Brindley (M50)	Blackheath and Bromley H AC	37:48	M50
236	1162 James Milne (M45)	Medway and Maidstone AC	38:02	M40
237	1108 Gerry Frizzelle (M65)	Greenwich Tritons	38:07	M60
238	547 Alessio Tutt (U20M)	Blackheath and Bromley H AC	38:13	U20M
239	1312 Colin Ricketts (M55)	Tunbridge Wells Harriers	38:15	M50
240	1326 Christopher Walmsley (M50)	Tunbridge Wells Harriers	38:17	M50
241	1380 Jon Wilson (M50)	Cambridge Harriers	38:18	M50
242	868 Neil Woodham (M40)	Ashford and District RRC	38:34	M40
243	1218 Philip Larter (M50)	Swale Combined AC	38:37	M50
244	1314 David Salmons (M50)	Tunbridge Wells Harriers	38:46	M50
245	1328 Simon Whitaker (M55)	Tunbridge Wells Harriers	38:51	M50
246	1114 Luis Mendoza (M50)	Greenwich Tritons	38:52	M50
247	1083 Tony Piper (M55)	Dartford Road Runners	38:52	M50
248	1213 Jeremy Saynor (M60)	South Kent Harriers	38:54	M60
249	1064 Cullen O'Donnell (M55)	Dartford Harriers AC	38:56	M50
250	1205 Lee Brewer (M45)	South Kent Harriers	39:01	M40
251	981 Paul Ford (M55)	Cambridge Harriers	39:07	M50
252	897 Jim Faulkner (M55)	Bexley AC	39:14	M50
253	1215 Lee Sentenacq (M55)	South Kent Harriers	39:27	M50
254	1278 Sam Bridger	Tunbridge Wells Harriers	39:30	SM
255	1146 Damon Williams (M50)	Maidstone Harriers	39:42	M50
256	1188 Ian Jackson (M60)	Orpington Road Runners	39:56	M60
257	1287 Terry Everest (M40)	Tunbridge Wells Harriers	39:59	M40

258	1307 Michael Purse (M55)	Tunbridge Wells Harriers	40:09	M50
259	1262 Richard Sargent (M50)	Tonbridge AC	40:24	M50
260	1313 Michael Russell (M55)	Tunbridge Wells Harriers	40:30	M50
261	1373 Neil Ferebee (M55)	Bexley AC	40:37	M50
262	1318 Michael Sharp (M65)	Tunbridge Wells Harriers	40:41	M60
263	983 Martin Hawkins (M60)	Cambridge Harriers	40:50	M60
264	995 Ian McCarthy (M65)	Cambridge Harriers	40:57	M60
265	1096 Liam Cumber	Folkestone Running and Athletics Club	41:17	SM
266	895 Brian Crane (M50)	Bexley AC	41:28	M50
267	965 James Unwin (M60)	Blackheath and Bromley H AC	41:32	M60
268	975 Roderick Cookey-Bresi	Cambridge Harriers	41:39	SM
269	1306 Nick Pierce (M65)	Tunbridge Wells Harriers	41:48	M60
270	1101 Alan Randall (M60)	Folkestone Running and Athletics Club	41:57	M60
271	1017 John Arnould (M65)	Central Park Athletics	42:38	M60
272	1224 Cain Bradley (M60)	Tonbridge AC	42:49	M60
273	900 John Gates (M60)	Bexley AC	44:10	M60
274	1207 Andrew Fogg (M60)	South Kent Harriers	44:45	M60
275	1025 Brian Downton (M55)	Central Park Athletics	45:48	M50
276	1264 Scott Shurmer (M50)	Tonbridge AC	45:52	M50
277	1300 Paul Kromm (M65)	Tunbridge Wells Harriers	46:58	M60
278	913 Kevin Winch (M60)	Bexley AC	49:58	M60
279	909 Mahesh Sankla (M40)	Bexley AC	50:20	M40
280	1120 Ian Dickson (M65)	Harvel Hash House Harriers	51:43	M60
281	1122 Andrew Plummer (M40)	Harvel Hash House Harriers	51:57	M40