

# Kent XC League - Danson Park

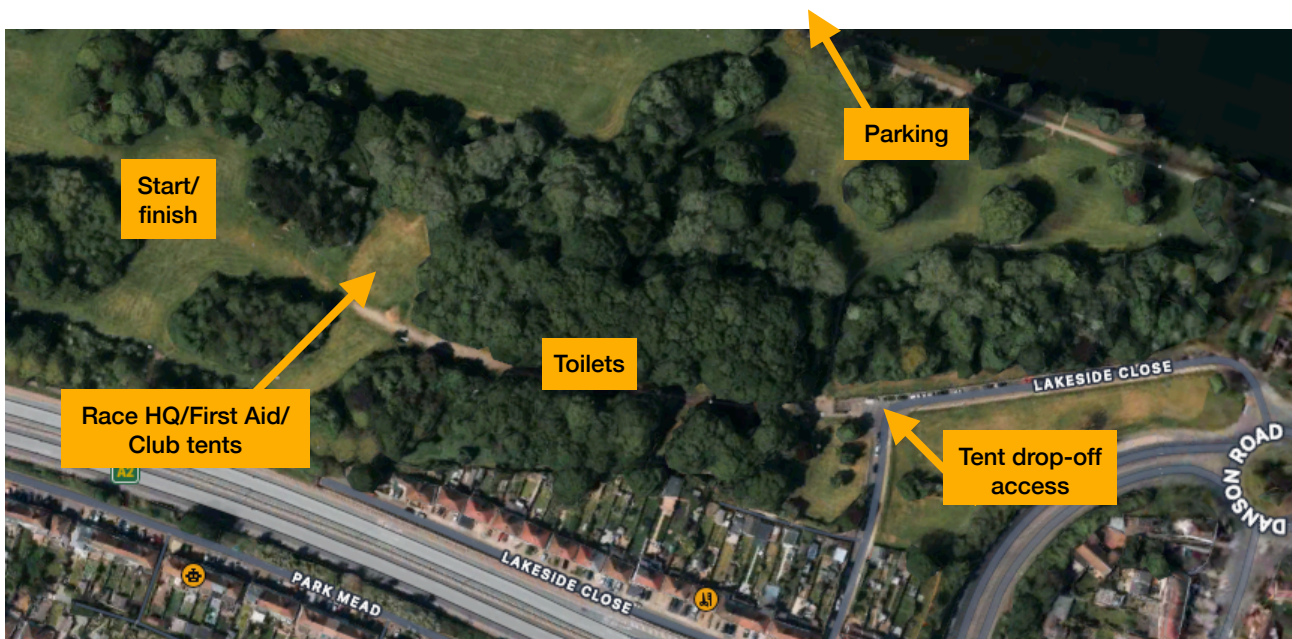
Saturday 11 November, 2023

Bexley Athletic Club welcomes competitors, officials and spectators to Danson Park for the Kent Cross Country League

## EVENT TIMETABLE

		Distance	Start time	Course
Race 1	Girls U13	3k	1200	See course map 3k
Race 2	Boys U13	3k	1220	See course map 3k
Race 3	Girls U15	4k	1240	See course map 4k
Race 4	Boys U15	4k	1300	See course map 4k
Race 5	Women U17	5k	1320	See course map 5k
	Women U20	5k	1320	
	Vet women 65+	5k	1320	
	Vet men 70+	5k	1320	
Race 6	Men U17	5k	1350	See course map 5k
	Men U20	5k	1350	
Race 7	Senior men	8k	1410	See course map 8k

Please note: there is no senior women's race





## Location and parking

The race start and finish area is close to the south edge of Danson Park, near to the park entrance on Lakeside Close, DA15 9PW.

What3words for the start/finish area: waddle.banana.terms

Cycle racks and car parking are available in the main car park near Danson Stables pub, DA6 8HL (w3w: awards.input.settle).

Please car share where possible and park considerately.

Bus B14 stops on Danson Rd; B13 at Danson underpass; 96, 89 and B16 at Crook Log.

Nearest rail stations: Bexleyheath (2.1k); Albany Park (2.1k)

For club tent drop-off, please use Lakeside Close entrance, drop off tents and then take vehicles to the main car park. **Danson Park is in the ULEZ area.**

## Toilets and Changing Facilities

Portable toilets will be available close to Race HQ, a short walk from the start and finish areas. There are no changing facilities at the site.

## First Aid

First Aid will be provided by Southern Medical Services, who will be near the finish area.

## Litter

So we can all enjoy walking and running Danson Park in the future, please take all your litter home.

## Bexley Parkrun

There is a regular parkrun in Danson Park at 9am every Saturday. The start location is the path on the south side of the lake (w3w: survey.things.lovely)

## Enjoy Danson Park

We do not have exclusive use of Danson Park for the cross country races, so please be aware of other users, walkers and dogs.

## Acknowledgments

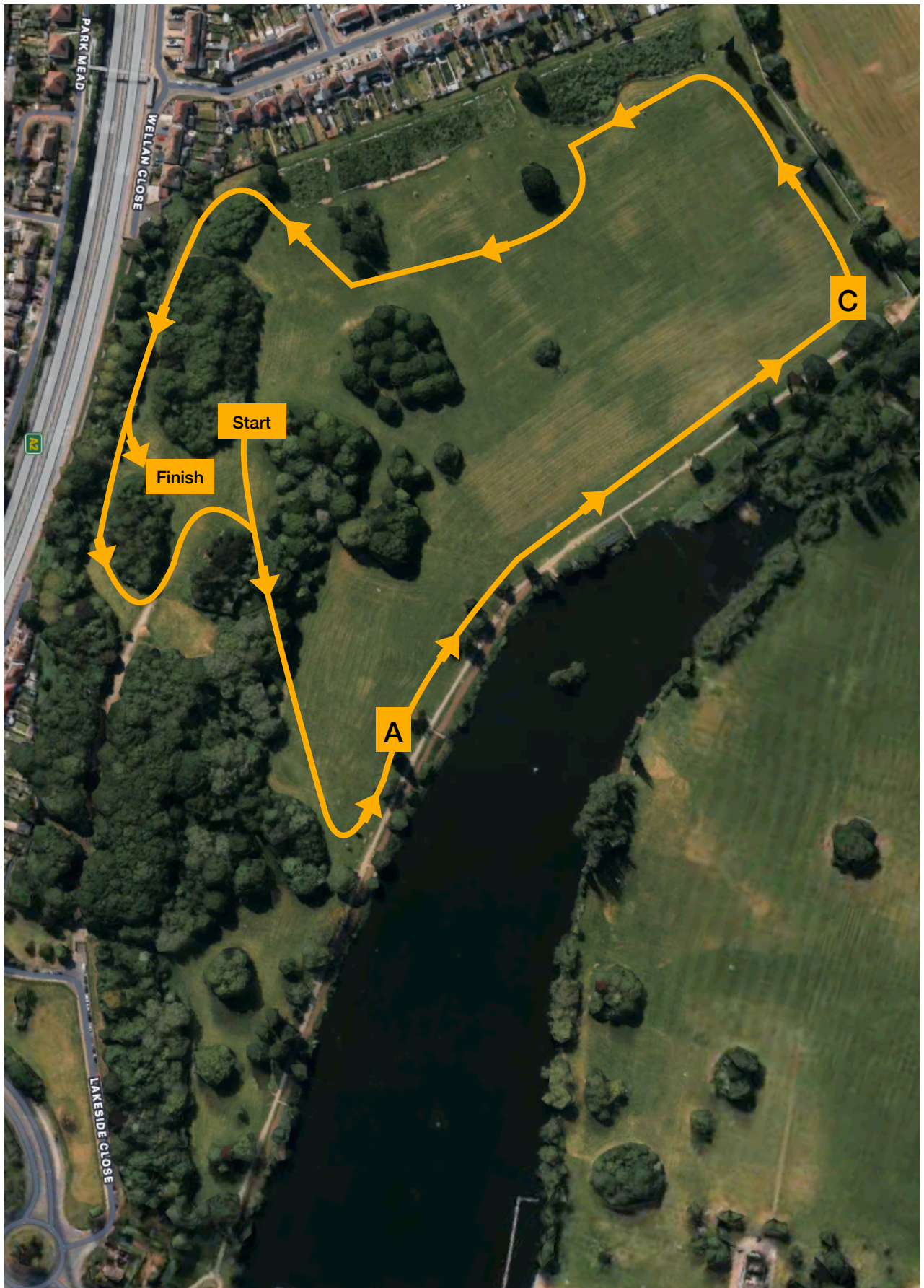
Bexley AC would like to thank the London Borough of Bexley for use of the park, Southern Medical Services, and all the volunteers and officials who make this event possible.

# Girls U13 and Boys U13

## Course map 3k

Start  
AC AC  
Finish

(3100m)

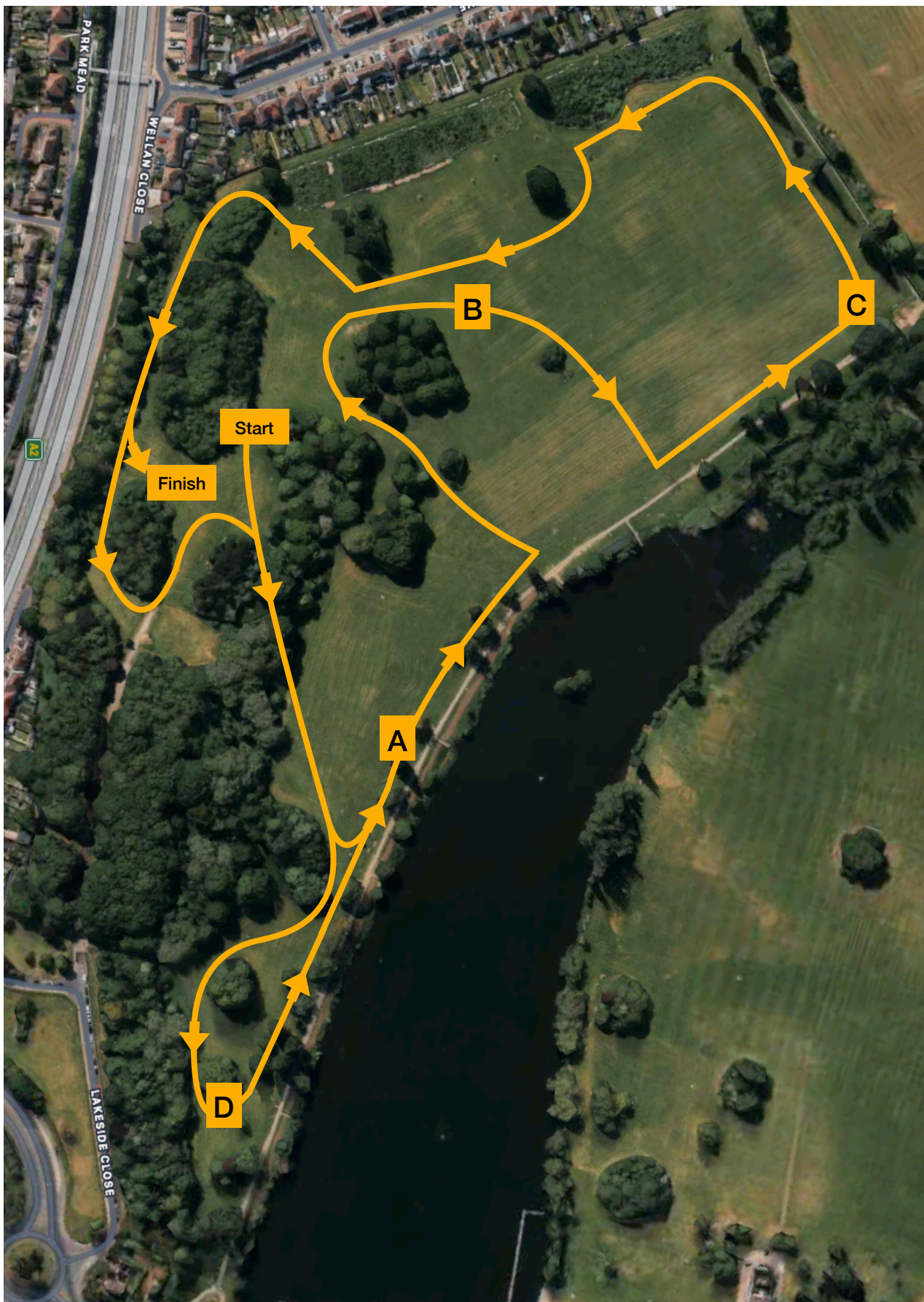


# Girls U15 and Boys U15

## Course map 4k

Start  
ABC DABC  
Finish

(4200m)





# Senior men

# Course map 8k

Start  
DAE DABC DABC DABC  
Finish

(8200m)

