

Kent Cross Country League Results - Norman Park, Bromley 10/02/2024**Masters 40 Men 7800m Individual Results**

Pos	No	Name	Club	Time
1	1008	Ben Shearer (M45)	Cambridge Harriers	27:15
2	931	Micah Evans (M40)	Blackheath and Bromley H AC	27:19
3	1176	Anthony Webb (M45)	Medway and Maidstone AC	27:32
4	993	James Macdonald (M40)	Cambridge Harriers	28:43
5	1000	John O'Mahony (M45)	Cambridge Harriers	29:01
6	1258	Julian Rendall (M45)	Tonbridge AC	29:09
7	1437	James Ashton (M40)	Tonbridge AC	29:17
8	1160	Justin Lane (M45)	Medway and Maidstone AC	29:26
9	1266	Jay Smith (M40)	Tonbridge AC	29:53
10	1320	Edward Steele (M40)	Tunbridge Wells Harriers	30:12
11	1005	Ben Rew (M40)	Cambridge Harriers	30:24
12	1049	Chris Biddle (M40)	Dartford Harriers AC	30:46
13	1071	Stuart Waterman (M45)	Dartford Harriers AC	30:48
14	926	Leonardus De Bruyn	Blackheath and Bromley H AC	30:51
15	1275	Tom Woolley (M40)	Tonbridge AC	31:15
16	912	Simon Wells (M45)	Bexley AC	31:42
17	1038	Daniel Bentley-Gouldstone (M40)	Crystal Palace Triathlon	31:47
18	1128	Glen Davison (M40)	Invicta East Kent AC	31:53
19	1273	Joseph Watts (M40)	Tonbridge AC	31:56
20	1180	Neill Wright (M45)	Medway and Maidstone AC	32:00
21	1086	Barrie Seal (M45)	Dartford Road Runners	32:13
22	1157	Tristan Hodges (M45)	Medway and Maidstone AC	32:13
23	1222	Anthony Bennett (M45)	Tonbridge AC	32:14
24	846	Paul Crisp (M45)	Ashford and District RRC	32:32
25	1294	Alexander Holmes (M45)	Tunbridge Wells Harriers	32:39
26	1034	Craig Sharp (M45)	Central Park Athletics	32:43
27	963	Paul Sharpe (M40)	Blackheath and Bromley H AC	32:47
28	1316	James Sarre (M45)	Tunbridge Wells Harriers	32:48
29	934	Gregory Firth (M45)	Blackheath and Bromley H AC	33:02
30	898	Jon Fish (M45)	Bexley AC	33:09
31	1268	Peter Sutton (M40)	Tonbridge AC	33:11
32	1400	Philip Bunn (M40)	Blackheath and Bromley H AC	33:16
33	1099	Philip Hoyland (M40)	Folkestone Running and Athletics Clu	33:30
34	962	Ian Scott (M45)	Blackheath and Bromley H AC	33:38
35	925	Darren Corneille (M40)	Blackheath and Bromley H AC	33:41
36	1179	Darren Wright (M45)	Medway and Maidstone AC	33:42
37	1105	Andrew Wright (M45)	Folkestone Running and Athletics Clu	33:56
38	1301	Ken MacSporrán (M45)	Tunbridge Wells Harriers	33:57
39	1299	Michael King (M40)	Tunbridge Wells Harriers	34:03
40	893	Paul Bowen (M40)	Bexley AC	34:38
41	1046	Matthew White (M45)	Crystal Palace Triathlon	34:51
42	867	David Vinton (M40)	Ashford and District RRC	34:52
43	1124	Toby Short (M45)	Harvel Hash House Harriers	35:27
44	1036	Mark Smith (M40)	Central Park Athletics	36:08
45	1142	Sean Callow (M40)	Maidstone Harriers	36:10
46	1204	Daniel Witt (M45)	Sevenoaks AC	36:43
47	979	James Floyd (M45)	Cambridge Harriers	37:41
48	854	Daryl Hefer (M45)	Ashford and District RRC	37:48
49	847	Robert Davis (M40)	Ashford and District RRC	37:59
50	1291	George Harris (M50)	Tunbridge Wells Harriers	38:04
51	1126	Neil Woolcombe (M45)	Harvel Hash House Harriers	38:11

52	1302	Kannan Mahalingam (M40)	Tunbridge Wells Harriers	38:29
53	872	Ramon Boo (M45)	Beckenham Running Club	38:56
54	1205	Lee Brewer (M45)	South Kent Harriers	40:22
55	868	Neil Woodham (M40)	Ashford and District RRC	43:01
56	1122	Andrew Plummer (M40)	Harvel Hash House Harriers	43:24
57	1429	Andrew Johnstone	Ashford and District RRC	47:08
58	1287	Terry Everest (M40)	Tunbridge Wells Harriers	47:46