

Kent Cross Country League Results - Swanley Park, Swanley 15/10/2022**Masters 70 Men 5200m Individual Results**

Pos	No	Name	Club	Time
1	963	Paul Ross-Davies (M70)	Blackheath and Bromley H AC	24:22
2	474	Richard Seabrook (M75)	Beckenham Running Club	25:32
3	476	Michael Ellsmore (M70)	Cambridge Harriers	26:20
4	488	Frederick Streatfield (M70)	Larkfield AC	27:32
5	486	John Wilkins (M70)	Istead & Ifield Harriers	27:47
6	478	Walter Brierley (M70)	Dartford Harriers AC	27:55
7	475	Keith Dungate (M70)	Cambridge Harriers	28:24
8	477	Peter Hadley (M75)	Cambridge Harriers	29:03
9	493	Peter Richardson (M70)	Tunbridge Wells Harriers	30:12
10	481	Roy Knight (M70)	Dartford Road Runners	30:19
11	479	Robert Coombes (M70)	Dartford Harriers AC	31:02
12	485	Vernon Thomas (M75)	Greenwich Tritons	31:42
13	484	Simon Capey (M70)	Greenwich Tritons	31:54
14	482	Grahame Eke (M70)	Folkestone Running Club	31:56