

**Kent Cross Country League Results - Footscray Meadows, Sidcup 26/11/2022****Under 13 Girls 3000m Individual Results**

<b>Pos</b>	<b>No</b>	<b>Name</b>	<b>Club</b>	<b>Time</b>
1	14	Aoife McDonagh	Blackheath and Bromley H AC	11:58
2	69	Sophie Richmond	Weald Tri Club	12:09
3	1	Ava Chappell	Ashford AC	12:11
4	65	Purdey Hutchings	Tonbridge AC	12:24
5	11	Alba Homans-Yau	Blackheath and Bromley H AC	12:37
6	8	Kara Bryan	Blackheath and Bromley H AC	12:41
7	61	Sienna Ellis	Tonbridge AC	12:57
8	29	Celia Yeatman	Cambridge Harriers	13:01
9	62	Aoife Foley	Tonbridge AC	13:05
10	17	Sofia Mossi	Blackheath and Bromley H AC	13:05
11	22	Sophie Tran	Blackheath and Bromley H AC	13:17
12	12	Ariana Jenner-Heard	Blackheath and Bromley H AC	13:19
13	21	Amelie Ramdeen	Blackheath and Bromley H AC	13:31
14	19	Freya Pearson	Blackheath and Bromley H AC	13:36
15	28	Delilah Lester	Cambridge Harriers	13:43
16	39	Matilda Holliday	Dartford Harriers AC	13:44
17	20	Rowan Pearson	Blackheath and Bromley H AC	13:48
18	55	Lauren Copp	Sevenoaks AC	13:50
19	25	Celia Allen	Cambridge Harriers	14:00
20	27	Sophia-Rose Bonnar	Cambridge Harriers	14:02
21	40	Sonika Thwaites-Ramaiya	Dartford Harriers AC	14:04
22	45	Olivia Baker	Medway and Maidstone AC	14:25
23	68	Aurelia Dinnage	Weald Tri Club	14:33
24	70	Eva Weeks	Weald Tri Club	14:58
25	30	Neve Arnould	Central Park Athletics	15:01
26	51	Gwennan Thomas	Medway and Maidstone AC	15:39
27	50	Matilda Moisan	Medway and Maidstone AC	15:58
28	6	Katie Wake	Bexley AC	16:04
29	13	Abbie Lee	Blackheath and Bromley H AC	16:05
30	31	Naomi Brown	Central Park Athletics	16:05
31	47	Ava Graham	Medway and Maidstone AC	16:39