

Kent Cross Country League Results - Danson Park, Bexleyheath 12/11/2022**Senior Women 8200m Individual Results**

Pos	No	AthleteName	Club	Time
1	634	Andrea Clement (W35)	Blackheath and Bromley H AC	30:46
2	643	Chloe Sharp	Blackheath and Bromley H AC	32:01
3	742	Anna Weston	Invicta East Kent AC	32:54
4	796	Annabel Carter	Tonbridge AC	33:17
5	815	Harriet Woolley	Tonbridge AC	33:51
6	656	Georgia Huddleston	Cambridge Harriers	33:52
7	753	Charlotte Johnston	Maidstone Harriers	33:57
8	694	Renata McDonnell (W45)	Deal Tri	34:01
9	761	Emily Hale	Medway and Maidstone AC	34:07
10	788	Amy Seager	South Kent Harriers	34:28
11	800	Nichola Evans (W35)	Tonbridge AC	34:34
12	825	Amelie Karlsson	Tunbridge Wells Harriers	34:43
13	637	Jessica Keene	Blackheath and Bromley H AC	34:47
14	646	Julie Backley (W50)	Cambridge Harriers	35:12
15	741	Sarah Hall	Invicta East Kent AC	35:17
16	1408	Leah Everson	Blackheath and Bromley H AC	35:38
17	690	Hazel Behagg (W45)	Dartford Road Runners	35:49
18	756	Kerstin Sung (W45)	Maidstone Harriers	36:02
19	1377	Josephine Philpot	Cambridge Harriers	36:11
20	807	Elizabeth Owen (W45)	Tonbridge AC	36:13
21	642	Ashley Pearson (W45)	Blackheath and Bromley H AC	36:14
22	819	Ali Farrall (W50)	Tunbridge Wells Harriers	36:15
23	623	Hope Stenning	Beckenham Running Club	36:25
24	1409	Sasha Humphries (W50)	Tonbridge AC	36:27
25	814	Charlotte Warren (W35)	Tonbridge AC	36:31
26	621	Aurelia Osborne (W45)	Beckenham Running Club	36:49
27	618	Kate Marchant (W55)	Beckenham Running Club	36:52
28	754	Louise Stewart (W35)	Maidstone Harriers	36:58
29	672	Ashley O'Brien (W50)	Central Park Athletics	36:59
30	704	Nicola Goodwin (W40)	Folkestone Running Club	37:02
31	764	Taryne McPherson (W45)	Medway and Maidstone AC	37:09
32	665	Elizabeth Brookes (W40)	Central Park Athletics	37:14
33	676	Emily McHugh	Crystal Palace Triathlon	37:26
34	793	Natalie Long	Swale Combined AC	37:26
35	644	Katy Sugden (W45)	Blackheath and Bromley H AC	37:27
36	801	Rachel Fagg (W45)	Tonbridge AC	37:32
37	746	Victoria Wright	Istead & Ifield Harriers	37:51
38	816	Charlotte Adiseshiah	Tunbridge Wells Harriers	37:59
39	781	Laura Bestow (W35)	Sevenoaks AC	38:05
40	660	Cara Oliver (W45)	Cambridge Harriers	38:10
41	779	Annette Shrimpton (W45)	Orpington Road Runners	38:14
42	1407	Ruth Aylward	Beckenham Running Club	38:16
43	729	Elena Wilson	Greenwich Tritons	38:19
44	611	Katie Calascione (W45)	Beckenham Running Club	38:21
45	619	Donna Mewis (W50)	Beckenham Running Club	38:23
46	812	Nicola Summerfield (W35)	Tonbridge AC	38:33
47	811	Elise Rendall (W45)	Tonbridge AC	38:43
48	636	Sara Elmqvist (W45)	Blackheath and Bromley H AC	39:00
49	760	Jenny Fowler (W45)	Medway and Maidstone AC	39:14

50	758	Karen Cudmore (W50)	Medway and Maidstone AC	39:22
51	666	Coralie Charles (W35)	Central Park Athletics	39:32
52	757	Geraldine Young (W40)	Maidstone Harriers	39:34
53	792	Olwen Cockell (W45)	Swale Combined AC	39:55
54	823	Jillian Holford (W50)	Tunbridge Wells Harriers	39:57
55	597	Jill Crofton-Martin (W45)	Ashford and District RC	40:00
56	630	Wendy Prowse (W45)	Bexley AC	40:09
57	655	Maria Hjorth (W55)	Cambridge Harriers	40:17
58	696	Emily Chambers	Folkestone Running Club	40:19
59	722	Lesley McCarthy (W45)	Greenwich Tritons	40:31
60	705	Karla Larnder (W45)	Folkestone Running Club	40:33
61	1140	Sally George (W40)	Istead & Ifield Harriers	40:34
62	605	Alison Waters (W45)	Ashford and District RC	40:38
63	1384	Susan Cooper (W40)	Tunbridge Wells Harriers	40:40
64	804	Grazia Manzotti (W50)	Tonbridge AC	40:42
65	736	Emily Plummer	Harvel Hash House Harriers	40:54
66	610	Natasha Dowds	Beckenham Running Club	41:07
67	805	Virginie Martel (W45)	Tonbridge AC	41:09
68	700	Caroline Curtis (W50)	Folkestone Running Club	41:16
69	826	Sonja King (W40)	Tunbridge Wells Harriers	41:34
70	829	Emily Manners	Tunbridge Wells Harriers	41:35
71	723	Emmanuelle Navarri (W50)	Greenwich Tritons	41:36
72	627	Beata Kubala-Todd (W45)	Bexley AC	41:39
73	669	Gemma May (W40)	Central Park Athletics	41:44
74	647	Rose Baker (W55)	Cambridge Harriers	41:50
75	632	Gill Stewart (W45)	Bexley AC	41:52
76	649	Lynnette Boston (W50)	Cambridge Harriers	42:09
77	772	Hanka Eichler-Gregory (W40)	Mote Runners	42:09
78	831	Rose Sawyer (W50)	Tunbridge Wells Harriers	42:28
79	691	Emma Brown (W45)	Dartford Road Runners	42:44
80	590	Lauren Aldred (W35)	Ashford and District RC	42:57
81	624	Sonja Van De Pol (W45)	Beckenham Running Club	42:59
82	1379	Louisa Eede (W45)	Folkestone Running Club	43:02
83	717	Edwina Cheng (W50)	Greenwich Tritons	43:06
84	601	Jaclyn Kay (W35)	Ashford and District RC	43:10
85	598	Sophie Edmonds	Ashford and District RC	43:18
86	727	Louise Roper	Greenwich Tritons	43:23
87	771	Tracey Dennis (W55)	Mote Runners	43:34
88	670	Kirsten McTeer (W45)	Central Park Athletics	43:41
89	762	Bernadette Harrop (W45)	Medway and Maidstone AC	43:45
90	667	Amy Hutchings (W35)	Central Park Athletics	43:58
91	614	Julia Garvey (W50)	Beckenham Running Club	44:06
92	671	Christine Munday (W45)	Central Park Athletics	44:09
93	719	Katharyn Gladwell (W50)	Greenwich Tritons	44:31
94	622	Emily Pilkington	Beckenham Running Club	44:44
95	607	Gail Arnott (W60)	Beckenham Running Club	44:54
96	692	Alexandra Cooper (W50)	Dartford Road Runners	45:02
97	658	Donna Martin (W35)	Cambridge Harriers	45:19
98	653	Angela Ford (W50)	Cambridge Harriers	45:39
99	774	Karen Obrien (W50)	Mote Runners	45:53
100	733	Sue Cameron (W55)	Harvel Hash House Harriers	46:19
101	608	Niamh Brooks (W45)	Beckenham Running Club	46:29

102	626	Christina Fleetwood (W45)	Bexley AC	46:29
103	778	Anna Larner (W40)	Orpington Road Runners	46:35
104	1395	Amanda Smith (W50)	Tunbridge Wells Harriers	46:39
105	721	Louise Johnson (W55)	Greenwich Tritons	46:42
106	617	Julie Johnson (W50)	Beckenham Running Club	48:57
107	664	Leila Banyard (W35)	Central Park Athletics	49:01
108	699	Trudi Curd (W60)	Folkestone Running Club	50:23
109	832	Carol Tsang (W45)	Tunbridge Wells Harriers	50:26
110	763	Sarah Kenyon (W50)	Medway and Maidstone AC	51:58
111	799	Wendy Currie (W50)	Tonbridge AC	51:59
112	738	Kelly Short (W45)	Harvel Hash House Harriers	52:00
113	828	Rowena Lennox Howey (W55)	Tunbridge Wells Harriers	52:33
114	612	Tanya Byrne (W55)	Beckenham Running Club	53:41
115	586	Nicki Buckman (W45)	Ashford AC	57:41
116	625	Sarah Dodds (W45)	Bexley AC	59:03
117	730	Michelle Witheriff (W45)	Greenwich Tritons	60:26
118	628	Geraldine Legon (W60)	Bexley AC	66:07
119	818	Smaranda Dranga (W50)	Tunbridge Wells Harriers	67:35