

**Kent Cross Country League Results - Danson Park, Bexleyheath 12/11/2022****Masters 70 Men 5250m Individual Results**

<b>Pos</b>	<b>No</b>	<b>Name</b>	<b>Club</b>	<b>Time</b>
1	963	Paul Ross-Davies (M70)	Blackheath and Bromley H AC	25:42
2	474	Richard Seabrook (M75)	Beckenham Running Club	26:07
3	476	Michael Ellsmore (M70)	Cambridge Harriers	27:10
4	486	John Wilkins (M70)	Istead & Ifield Harriers	28:39
5	475	Keith Dungate (M70)	Cambridge Harriers	28:54
6	478	Walter Brierley (M70)	Dartford Harriers AC	29:09
7	477	Peter Hadley (M75)	Cambridge Harriers	29:59
8	488	Frederick Streatfield (M70)	Larkfield AC	30:19
9	493	Peter Richardson (M70)	Tunbridge Wells Harriers	31:06
10	481	Roy Knight (M70)	Dartford Road Runners	31:12
11	485	Vernon Thomas (M75)	Greenwich Tritons	33:24
12	479	Robert Coombes (M70)	Dartford Harriers AC	33:30
13	473	Andrew Hinds (M70)	Beckenham Running Club	33:49
14	482	Grahame Eke (M70)	Folkestone Running Club	33:52
15	489	Nigel Read (M70)	Medway and Maidstone AC	36:34