

Kent Cross Country League Results - Footscray Meadows, Sidcup 27/11/2021**Masters 70 Men 5000m Individual Results**

Pos	No	Name	Club	Time
1	462	Paul Ross-Davies (M70)	Blackheath and Bromley H AC	28:18
2	461	Richard Seabrook (M75)	Beckenham Running Club	30:51
3	1361	Walter Brierley (M70)	Dartford Harriers AC	32:05
4	465	Robert Coombes (M70)	Dartford Harriers AC	34:16
5	464	Peter Hadley (M75)	Cambridge Harriers	35:29
6	466	Roy Knight (M70)	Dartford Road Runners	36:49
7	469	Vernon Thomas (M75)	Greenwich Tritons	37:13
8	472	Michael Jefferies (M70)	Mote Runners	37:26
9	471	David Grunfeld (M70)	Mote Runners	38:05
10	1301	Nigel Read (M70)	Medway and Maidstone AC	38:09