

Kent Cross Country League Results - Swanley Park, Swanley 12/10/2019**Under 20 Women 5000m Individual Results**

Pos	No	Name	Club	Time
1	618	Imogen Amos	Invicta East Kent AC	18:31
2	609	Amy Leach	Blackheath and Bromley H AC	19:23
3	628	India Nicholson	Tonbridge AC	19:30
4	626	Elizabeth Heslop	Tonbridge AC	20:01
5	623	Elena Jury	Swale Combined AC	20:08
6	608	Phoebe Cooper	Bexley AC	20:35
7	630	Meghan Watson	Tonbridge AC	20:36
8	629	Stephanie Puxty	Tonbridge AC	20:57
9	616	Emily Chambers	Folkestone Running Club	21:15
10	614	Lilly Gibbs	Dartford Harriers AC	21:29
11	627	Lucy Kingston	Tonbridge AC	21:45
12	617	Hannah Capey	Greenwich Tritons	21:52
13	624	Aeryn Stretton	Thanet Roadrunners AC	22:00
14	607	Ciara Mackey	Ashford AC	22:59
15	606	Jacqueline Benson	Ashford AC	23:20