

Kent Cross Country League Results - Foots Cray Meadows, Sidcup 14/12/2019**Under 15 Girls 4000m Individual Results**

Pos	No	Name	Club	Time
1	224	Lara Mannes	Blackheath and Bromley H AC	15:36
2	302	Sophie Slack	Tonbridge AC	15:40
3	216	Hannah Clark	Blackheath and Bromley H AC	16:22
4	218	Carys Firth	Blackheath and Bromley H AC	16:32
5	226	Lily Meers	Blackheath and Bromley H AC	16:56
6	261	Amy Goodhand	Invicta East Kent AC	17:02
7	273	Annabel Young	Medway and Maidstone AC	17:10
8	220	Cameron Kelly-Gordon	Blackheath and Bromley H AC	17:12
9	290	Lola Sutton	Thanet Roadrunners AC	17:17
10	260	Millie Knightley	Invicta East Kent AC	17:21
11	270	Abigail Royden	Medway and Maidstone AC	17:25
12	277	Ella Webb	Medway Phoenix	17:25
13	301	Ella McIntyre	Tonbridge AC	17:27
14	271	Emma Ryan	Medway and Maidstone AC	17:43
15	222	Olivia Magee-Brown	Blackheath and Bromley H AC	17:44
16	297	Annabelle Hales	Tonbridge AC	17:47
17	241	Isabella Richards	Cambridge Harriers	17:49
18	274	Josephine Bassett	Medway Phoenix	17:51
19	299	Aimee Holdstock	Tonbridge AC	17:59
20	250	Abbe Clarke	Dartford Harriers AC	18:12
21	294	Amelia Beeston	Tonbridge AC	18:15
22	219	Cara Gould	Blackheath and Bromley H AC	18:18
23	233	Olivia Wauters	Blackheath and Bromley H AC	18:28
24	293	Ella Ayden	Tonbridge AC	18:30
25	263	Eliza Mills	Invicta East Kent AC	18:32
26	223	Sofia-Plum Maher	Blackheath and Bromley H AC	18:39
27	246	Lucy Munday	Central Park Athletics	18:40
28	265	Lily Crossley	Medway and Maidstone AC	18:45
29	232	Abigail Smith	Blackheath and Bromley H AC	18:47
30	234	Liberty Whyte	Blackheath and Bromley H AC	18:56
31	215	Jessie Sargeant	Bexley AC	18:59
32	204	Mia Phillips	Ashford AC	19:16
33	1533	Olivia Raven	Tonbridge AC	19:22
34	235	Amelie Willars	Blackheath and Bromley H AC	19:34
35	268	Sarah Mitchell	Medway and Maidstone AC	19:40
36	252	Emily Francis	Dartford Harriers AC	19:45
37	207	Mollie Bishop	Bexley AC	19:50
38	272	Katie Stringer	Medway and Maidstone AC	19:51
39	240	Inez Rice	Cambridge Harriers	20:09
40	300	Ellie MacAuley	Tonbridge AC	20:14
41	208	Laurel Broughton	Bexley AC	20:19
42	280	Jess Rayner	Paddock Wood AC	20:29
43	209	Maya Broughton	Bexley AC	20:41
44	1510	Katharine Randall	Tonbridge AC	20:48
45	296	Taliyah Dahdi	Tonbridge AC	20:50
46	267	Amy Jukes	Medway and Maidstone AC	20:56
47	266	Ciara Harrop	Medway and Maidstone AC	21:26
48	255	Yasmin Sadique	Dartford Harriers AC	23:34