

Kent Cross Country League Results - Foots Cray Meadows, Sidcup 14/12/2019**Senior Men 10000m Individual Results**

Pos	No	Name	Club	Time
1	1551	Corey De'ath	Tonbridge AC	33:45
2	1346	Kieran Reilly	Tonbridge AC	33:56
3	1226	Robert Meyer	Medway and Maidstone AC	34:10
4	1225	Tewelde Menges	Medway and Maidstone AC	34:17
5	597	James Kingston (U20M)	Tonbridge AC	34:22
6	1316	Jamie Bryant	Tonbridge AC	34:41
7	1552	Sean Molloy	Tonbridge AC	35:13
8	1326	Michael Ellis	Tonbridge AC	35:18
9	1216	Marley Godden	Medway and Maidstone AC	35:23
10	1211	Tom Collins	Medway and Maidstone AC	35:29
11	545	Marshall Smith (U20M)	Ashford AC	35:45
12	1338	Benjamin Murphy	Tonbridge AC	35:53
13	1550	Stuart Brown	Tonbridge AC	36:04
14	1357	James Taylor	Tonbridge AC	36:56
15	604	Adam van der Plas (U20M)	Tonbridge AC	37:08
16	583	Jacques Cunningham-Marsh (U20M)	Medway and Maidstone AC	37:14
17	1238	Ben Tyler	Medway and Maidstone AC	37:28
18	1022	Daniel Kennedy	Blackheath and Bromley H AC	37:34
19	1095	Chris Biddle	Dartford Harriers AC	37:39
20	1219	Justin Lane (M40)	Medway and Maidstone AC	37:44
21	1538	William Beeston (U20M)	Tonbridge AC	37:45
22	910	Nick Collins (M40)	Ashford AC	37:49
23	549	Jack Higgins (U20M)	Bexley AC	37:51
24	978	Mitchell Horne	Bexley AC	37:53
25	1239	Mark Wilkins	Medway and Maidstone AC	37:59
26	1319	Nathan Chapman	Tonbridge AC	38:02
27	1060	Liam McLaughlin	Cambridge Harriers	38:10
28	1212	Jack Crossley	Medway and Maidstone AC	38:13
29	1342	Harry Paton	Tonbridge AC	38:16
30	601	Alex Sandberg (U20M)	Tonbridge AC	38:29
31	595	Toby Emm (U20M)	Tonbridge AC	38:38
32	1320	Mark Coates	Tonbridge AC	38:41
33	1230	Barry Royden (M50)	Medway and Maidstone AC	38:46
34	1332	Luke Hooper	Tonbridge AC	38:49
35	1242	Neill Wright (M40)	Medway and Maidstone AC	38:55
36	1388	Andrew Howey (M55)	Tonbridge Wells Harriers	39:13
37	590	Harry Young (U20M)	Paddock Wood AC	39:21
38	1312	Anthony Bennett (M40)	Tonbridge AC	39:27
39	1013	Gareth Evans (M40)	Blackheath and Bromley H AC	39:31
40	985	Joseph O'Hara	Bexley AC	39:35
41	1012	Luca Ercolani (M45)	Blackheath and Bromley H AC	39:39
42	566	Mouctar Barry (U20M)	Central Park Athletics	39:41
43	569	Thomas Manning (U20M)	Dartford Harriers AC	39:49
44	1210	Harry Collins	Medway and Maidstone AC	39:54
45	1204	Jordan Chambers	Maidstone Harriers	39:55
46	600	Luke Reeves (U20M)	Tonbridge AC	40:02
47	1109	Huntley Roberts	Dartford Harriers AC	40:10
48	1237	Stephen Turpie (M45)	Medway and Maidstone AC	40:14
49	1489	Thomas Storer	Invicta East Kent AC	40:24

50	1106 Daniel Jackson	Dartford Harriers AC	40:30
51	1232 Daniel St Martin	Medway and Maidstone AC	40:35
52	1065 David Reader (M45)	Cambridge Harriers	40:41
53	1015 Ian Firla (M45)	Blackheath and Bromley H AC	40:43
54	1132 Ian McGilloway (M45)	Folkestone Running Club	40:51
55	990 Simon Wells (M40)	Bexley AC	41:01
56	1240 Gareth Williams (M50)	Medway and Maidstone AC	41:05
57	1050 Tarbo Fukazawa	Cambridge Harriers	41:05
58	1047 Luke Ford	Cambridge Harriers	41:09
59	968 Damilore Adewale	Bexley AC	41:25
60	1097 Connor Burford	Dartford Harriers AC	41:28
61	1107 Jon Kennedy (M40)	Dartford Harriers AC	41:34
62	1213 Adam Featherstone (M45)	Medway and Maidstone AC	41:37
63	971 Paul Collier (M50)	Bexley AC	41:40
64	1228 Alun Rodgers (M50)	Medway and Maidstone AC	41:42
65	1260 Michael Gibbs	Paddock Wood AC	41:44
66	1010 Joshua Dowling	Blackheath and Bromley H AC	41:55
67	1064 Christian Poulton (M50)	Cambridge Harriers	41:58
68	1349 Adam Roeder	Tonbridge AC	42:11
69	1311 James Beeston (M45)	Tonbridge AC	42:17
70	585 Owen Featherstone (U20M)	Medway and Maidstone AC	42:21
71	1201 Stephen Throssell (M45)	Larkfield AC	42:25
72	977 Jamie Higgins (M45)	Bexley AC	42:27
73	1403 James Sarre (M40)	Tunbridge Wells Harriers	42:31
74	963 Ed Osborne (M40)	Beckenham Running Club	42:32
75	1284 Jon Eaton	South Kent Harriers	42:32
76	1548 Ian Toal (M40)	Swanley and District AC	42:34
77	1096 George Boxall	Dartford Harriers AC	42:36
78	1229 Sean Rodwell	Medway and Maidstone AC	42:36
79	1174 Gavin Whitlock (M45)	Invicta East Kent AC	42:37
80	939 Julius Samson (M50)	Ashford & District RRC	42:42
81	1381 Dave Hadaway (M50)	Tunbridge Wells Harriers	42:49
82	1075 Chris Reid	Central Park Athletics	42:50
83	987 Martin Smith (M40)	Bexley AC	42:55
84	1334 Stephen Keywood (M55)	Tonbridge AC	42:57
85	1387 Simon Howden (M45)	Tunbridge Wells Harriers	42:57
86	1001 Roger Beswick (M55)	Blackheath and Bromley H AC	42:59
87	934 Andrew Noble (M55)	Ashford & District RRC	43:00
88	1033 Paul Sharpe	Blackheath and Bromley H AC	43:05
89	1139 Matthew Durrant	Greenwich Tritons	43:09
90	1391 Mike King (M40)	Tunbridge Wells Harriers	43:11
91	966 Craig Williamson (M55)	Beckenham Running Club	43:15
92	1377 Kieran Fitzpatrick	Tunbridge Wells Harriers	43:18
93	1098 Reuben Burford (M45)	Dartford Harriers AC	43:25
94	1491 Kush Navaratne	Maidstone Harriers	43:30
95	1303 Andrew Baranowski (M45)	Swanley and District AC	43:34
96	1397 Christopher Potter (M50)	Tunbridge Wells Harriers	43:36
97	1292 Darren Scrivens (M45)	South Kent Harriers	43:38
98	1277 Andrew Mead (M50)	Sevenoaks AC	43:42
99	1101 Paul Dawes (M45)	Dartford Harriers AC	43:44
100	1036 Christopher Tuck	Blackheath and Bromley H AC	43:45
101	931 Scott Lynch (M50)	Ashford & District RRC	43:49

102	960 Christopher Lydon (M55)	Beckenham Running Club	43:53
103	1113 Matt Davison (M40)	Dartford Road Runners	43:55
104	1251 Gavin Kitchingham (M50)	Orpington Road Runners	43:59
105	1241 Darren Wright (M40)	Medway and Maidstone AC	44:00
106	1273 Steve Wright (M50)	Paddock Wood AC	44:03
107	1077 Mark Smith (M40)	Central Park Athletics	44:04
108	1359 Joseph Watts	Tonbridge AC	44:06
109	1313 Tobin Bird (M50)	Tonbridge AC	44:13
110	1258 Nicholas Denbow (M50)	Paddock Wood AC	44:16
111	572 James Akhurst (U20M)	Invicta East Kent AC	44:24
112	1007 Darren Corneille	Blackheath and Bromley H AC	44:26
113	1092 Tom Vincent	Crystal Palace Triathlon	44:30
114	1323 Anthony Crush (M45)	Tonbridge AC	44:31
115	1542 Nicholas Varley (M50)	Dartford Harriers AC	44:36
116	1253 James Willingham (M40)	Orpington Road Runners	44:37
117	1016 Gregory Firth (M40)	Blackheath and Bromley H AC	44:44
118	938 Paul Ridley	Ashford & District RRC	44:45
119	1547 Robin Hunter (M40)	Sittingbourne Striders	44:46
120	1128 Liam Cumber	Folkestone Running Club	44:49
121	936 Jon Pearce	Ashford & District RRC	44:50
122	1358 Michael Thomson (M50)	Tonbridge AC	44:53
123	1295 Dominic Woolford	South Kent Harriers	44:59
124	1281 Gareth Lewis (M50)	Sittingbourne Striders	45:01
125	1554 Simon Harris	Blackheath and Bromley H AC	45:06
126	1087 Isaac Griffiths	Crystal Palace Triathlon	45:10
127	933 Paul Moses (M55)	Ashford & District RRC	45:14
128	1543 Stuart O'Toole (M40)	Dartford Road Runners	45:18
129	1280 Daniel Witt (M40)	Sevenoaks AC	45:21
130	1244 Vincent Seymour (M45)	Medway Tri	45:27
131	1117 Steve Jarvis (M45)	Dartford Road Runners	45:34
132	1348 John Ridge (M45)	Tonbridge AC	45:38
133	932 Adrian Moody (M55)	Ashford & District RRC	45:47
134	1375 Terry Everest	Tunbridge Wells Harriers	45:53
135	1120 Tony Piper (M50)	Dartford Road Runners	45:53
136	1290 Raymond Pearce (M60)	South Kent Harriers	45:58
137	924 Keith Haynes (M40)	Ashford & District RRC	46:15
138	1024 Jason Meers (M50)	Blackheath and Bromley H AC	46:27
139	967 Will Withecombe	Beckenham Running Club	46:27
140	1380 Paul Gregory	Tunbridge Wells Harriers	46:35
141	947 Michael Beecher (M60)	Beckenham Running Club	46:41
142	1296 Toby Barker (M45)	Swale Combined AC	46:44
143	1018 Nigel Haffenden (M50)	Blackheath and Bromley H AC	46:47
144	1151 Simon Neville (M55)	Greenwich Tritons	47:01
145	1058 Graham Maynard (M55)	Cambridge Harriers	47:06
146	962 David Olver	Beckenham Running Club	47:09
147	1432 Zachary Ramsden (M50)	Sevenoaks AC	47:11
148	964 Andy Regan (M45)	Beckenham Running Club	47:13
149	1140 Konstantin Gayduk (M40)	Greenwich Tritons	47:21
150	916 James Booth (M40)	Ashford & District RRC	47:22
151	1360 Andrew Wood (M55)	Tonbridge AC	47:28
152	926 Carl Ireland (M55)	Ashford & District RRC	47:36
153	1412 Geoff Turner (M55)	Tunbridge Wells Harriers	47:39

154	1272 Mark Wild (M45)	Paddock Wood AC	47:49
155	1055 Peter Lukacs (M50)	Cambridge Harriers	48:00
156	970 Mark Collier (M45)	Bexley AC	48:12
157	1159 Martin Tynan (M45)	Greenwich Tritons	48:18
158	1215 Robert Fursey (M55)	Medway and Maidstone AC	48:20
159	1337 Russell McIntyre (M45)	Tonbridge AC	48:23
160	1180 Darren Harger (M45)	Istead & Ifield Harriers	48:24
161	923 Mark Harrison (M40)	Ashford & District RRC	48:27
162	1203 Mathew Brooks	Maidstone Harriers	48:30
163	1299 Michael English (M50)	Swale Combined AC	48:33
164	1414 Chris Walmsley (M45)	Tunbridge Wells Harriers	48:37
165	1256 Michael Conrad-Pickles (M50)	Paddock Wood AC	48:42
166	1477 Sahil Sood	Ashford AC	49:09
167	1352 Mark Schofield (M55)	Tonbridge AC	49:12
168	1402 Michael Russell (M50)	Tunbridge Wells Harriers	49:14
169	1490 Daren Chambers (M50)	Maidstone Harriers	49:24
170	1094 Andrew Archer (M45)	Dartford Harriers AC	49:36
171	1039 Alan Black (M65)	Cambridge Harriers	49:46
172	1275 James Graham (M65)	Sevenoaks AC	49:48
173	1294 Kevin Southen (M45)	South Kent Harriers	49:58
174	1493 Emerson Paul (M40)	Orpington Road Runners	50:06
175	1246 Michael Brockwell (M55)	Orpington Road Runners	50:21
176	915 Adrian Beresford (M55)	Ashford & District RRC	50:42
177	979 Jonathan Hunter (M55)	Bexley AC	51:09
178	1306 Steve Jones (M40)	Swanley and District AC	51:18
179	1314 Cain Bradley (M55)	Tonbridge AC	51:25
180	943 Neil Woodham	Ashford & District RRC	51:28
181	1262 Sam Harker (M45)	Paddock Wood AC	51:52
182	1293 Lee Sentenacq (M50)	South Kent Harriers	52:00
183	1283 Lee Brewer (M40)	South Kent Harriers	52:43
184	989 Tan Truong (M45)	Bexley AC	52:52
185	1115 Gary Hadfield (M50)	Dartford Road Runners	53:10
186	1062 Wole Odele (M50)	Cambridge Harriers	53:18
187	1270 John Tilston (M40)	Paddock Wood AC	53:25
188	957 Jeremy Hodgen (M60)	Beckenham Running Club	53:28
189	1167 Rich Woodhams (M50)	Harvel Hash House Harriers	53:48
190	1553 Keval Patel (M50)	Tonbridge AC	54:05
191	912 Andrew Huxley (M55)	Ashford AC	54:28
192	1354 Alex Slack (M45)	Tonbridge AC	54:45
193	1351 Richard Sargent (M45)	Tonbridge AC	54:58
194	1396 Nick Pierce (M60)	Tunbridge Wells Harriers	55:19
195	1353 Scott Shurmer (M45)	Tonbridge AC	55:37
196	972 Brian Crane (M45)	Bexley AC	56:06
197	1116 Paul Hooper (M60)	Dartford Road Runners	56:07
198	1282 Lance Boseley (M55)	South Kent Harriers	56:30
199	1398 Duncan Ralph (M50)	Tunbridge Wells Harriers	56:51
200	1163 Thomas Leach (M55)	Harvel Hash House Harriers	57:34
201	1042 Roderick Cookey-Bresi	Cambridge Harriers	58:18
202	991 Kevin Winch (M55)	Bexley AC	58:39
203	945 Ken Baksh (M65)	Beckenham Running Club	59:04
204	965 Ben Walsh (M55)	Beckenham Running Club	59:13
205	992 David Winfield (M60)	Bexley AC	59:52

206	1200 Frederick Streatfield (M65)	Larkfield AC	60:59
207	1487 Malcolm Gibbs (M65)	Folkestone Running Club	61:48
208	913 Gordon Steadwood (M55)	Ashford AC	61:56
209	1162 Ian Dickson (M60)	Harvel Hash House Harriers	62:21
210	1285 Andrew Fogg (M55)	South Kent Harriers	63:24
211	1129 Grahame Eke (M65)	Folkestone Running Club	65:44
212	1118 Roy Knight (M65)	Dartford Road Runners	69:40