

KCAA Veterans/Masters Championships - Erith Stadium, Erith 16th/17th September 2017

(a) Saturday (b) Sunday

M35

100m (b)					Final	w/s+1.1
No.	Name	Club			Perf	
1	G 10	Alexander Lee	Dartford Harriers AC	12.0	CBP	

200m (a)					Final	w/s+1.0
No.	Name	Club			Perf	
1	G 10	Alexander Lee	Dartford Harriers AC	24.63	CBP	

400m (b)					Final
No.	Name	Club			Perf
1	G 24	Kieron Morgan	Kent AC	57.50	

Shot (b)					Final
No.	Name	Club			Perf
1	- 58	Shaun Medlen	Bexley AC	8.58	7.86, 8.58, 8.11, 8.43, 8.29, x

Discus (b)					Final
No.	Name	Club			Perf
1	- 58	Shaun Medlen	Bexley AC	23.53	23.53, -, r

Hammer (b)					Final
No.	Name	Club			Perf
1	- 58	Shaun Medlen	Bexley AC	31.57	30.37, 31.07, 31.57, x, 27.78, x

Javelin (b)					Final
No.	Name	Club			Perf
1	G 24	Kieron Morgan	Kent AC	36.21	36.21, 33.57, x, 34.54, x, 32.67

M40

100m (b)					Final	w/s+1.1
No.	Name	Club			Perf	
1	G 1	Peter Davey	Ashford AC	12.21		
2	S 12	Mark McAllister	Tonbridge AC	12.29		

800m (a)					Final
No.	Name	Club			Perf
1	G 33	Craig Sharp	Dartford Harriers AC	2:02.86	
2	S 31	Nebojsa Jovanovic	Cambridge Harriers	2:03.88	
3	B 32	Matthew Preston	Cambridge Harriers	2:16.78	

1500m (a)					Final
No.	Name	Club			Perf
1	G 33	Craig Sharp	Dartford Harriers AC	4:13.01	
2	S 31	Nebojsa Jovanovic	Cambridge Harriers	4:18.78	
3	B 32	Matthew Preston	Cambridge Harriers	4:34.66	
4	2	David Robinson	Serpentine Running Club	4:52.35	

5000m (a)					Final
No.	Name	Club			Perf
1	G 39	Anthony Webb	Medway Park Phoenix	16:05.61	
2	S 40	Neill Wright	Medway and Maidstone AC	16:59.47	
3	B 2	David Robinson	Serpentine Running Club	18:58.70	

110m Hurdles (b)					Final	w/s+1.2
No.	Name	Club			Perf	
1	G 1	Peter Davey	Ashford AC	16.36		
2	S 2	David Robinson	Serpentine Running Club	20.76		

400m Hurdles (b)					Final
No.	Name	Club			Perf
1	G 2	David Robinson	Serpentine Running Club	68.05	

Shot (b)					Final
No.	Name	Club			Perf

1	G	59	Graham Holder	Bexley AC	10.39
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10.29, 10.39, 9.98, 10.02, 10.06, 10.19

Discus (b)

Final

No.	Name	Club	Perf	
1	G 59	Graham Holder	Bexley AC	34.96
2	- 71	Stephen Talbot	Dartford Harriers AC	18.84

31.62, 34.96, 32.02, 32.29, -, -
18.37, 17.12, 18.84, 18.82, 17.66, x

Hammer (b)

Final

No.	Name	Club	Perf	
1	G 59	Graham Holder	Bexley AC	49.09
2	- 71	Stephen Talbot	Dartford Harriers AC	20.22

35.76, 46.36, 47.12, 45.76, 49.09, 48.96
20.22, 17.07, 18.03, 18.09, 17.73, 17.98

M50

100m (b)

Final

w/s+1.1

No.	Name	Club	Perf	
1	G 15	Wole Odele	Cambridge Harriers	12.64
2	S 13	Jason Cannon	Tonbridge AC	13.58

200m (a)

Final

w/s+1.0

No.	Name	Club	Perf	
1	G 15	Wole Odele	Cambridge Harriers	26.08
2	S 13	Jason Cannon	Tonbridge AC	27.76

400m (b)

Final

No.	Name	Club	Perf	
1	G 15	Wole Odele	Cambridge Harriers	56.99

800m (a)

Final

No.	Name	Club	Perf	
1	G 27	Ian Mackett	Ashford AC	2:55.09

1500m (a)

Final

No.	Name	Club	Perf	
1	G 25	Philip Coleman	Tonbridge AC	4:47.92
2	S 37	Alun Rodgers	Medway and Maidstone AC	5:21.71
3	B 36	Philip Carstairs	Belgrave Harriers	5:27.30

5000m (a)

Final

No.	Name	Club	Perf	
1	G 38	Tony Tuohy	Dulwich Runners AC	17:45.01
2	S 42	Frederick Webb	Swanley and District AC	18:14.60
3	B 37	Alun Rodgers	Medway and Maidstone AC	19:19.23
4	36	Philip Carstairs	Belgrave Harriers	20:04.35
5	41	Martin Hawkins	Cambridge Harriers	21:26.16

100m Hurdles (a)

Final

w/s+1.7

No.	Name	Club	Perf	
1	G 3	Richard Christian	Tonbridge AC	18.82
	5	Kemal Gediz	Bexley AC	dnf

400m Hurdles (b)

Final

No.	Name	Club	Perf	
1	G 3	Richard Christian	Tonbridge AC	71.91
	27	Ian Mackett	Ashford AC	dnf

Discus (b)

Final

No.	Name	Club	Perf	
1	G 72	Andrew Rushbrook	Bexley AC	33.09

x, 27.86, 31.54, 33.09, 24.96, 32.60

Hammer (b)

Final

No.	Name	Club	Perf	
1	G 72	Andrew Rushbrook	Bexley AC	34.92

34.55, x, x, 32.09, 34.92, 34.65

M60

200m (a)

Final

w/s+1.0

No.	Name	Club	Perf	
	17	Tim Carter	Cambridge Harriers	dns

800m (a)**Final**

No.	Name	Club	Perf	
1	G 17	Tim Carter	Cambridge Harriers	2:42.20
2	S 34	Raymond Chapman	South London Harriers	2:45.40
	28	Stephen Hesketh	Medway and Maidstone AC	dnf

5000m (a)**Final**

No.	Name	Club	Perf	
1	G 43	Alan Camp	Blackheath & Bromley HAC	17:29.92

CBP

100m Hurdles (a)**Final**

w/s+1.7

No.	Name	Club	Perf	
1	G 6	Robert Sibley	Medway and Maidstone AC	17.50

Shot (b)**Final**

No.	Name	Club	Perf	
1	62	Tony Richards (G)	Highgate Harriers	11.21

10.53, 11.01, x, 10.90, x, 11.21

Discus (b)**Final**

No.	Name	Club	Perf	
1	62	Tony Richards (G)	Highgate Harriers	36.06
2	G 61	David Chambers	Ashford AC	28.46

36.06, x, x, x, 34.83, x
25.57, 28.31, 26.84, 28.46, x, x**Hammer (b)****Final**

No.	Name	Club	Perf	
1	- 75	David Perman	Paddock Wood AC	18.96

18.05, 18.70, 18.37, 18.96, 18.56, 18.16

Javelin (b)**Final**

No.	Name	Club	Perf	
1	G 61	David Chambers	Ashford AC	25.30

x, 21.12, 23.63, 22.73, 23.83, 25.30

M70**100m (b)****Final**

w/s+1.0

No.	Name	Club	Perf	
1	G 8	Barry Ferguson	Cambridge Harriers	15.71
2	S 18	Anthony Garrett	Bexley AC	17.59

200m (a)**Final**

w/s+1.0

No.	Name	Club	Perf	
1	G 18	Anthony Garrett	Bexley AC	35.88

80m Hurdles (a)**Final**

w/s+1.0

No.	Name	Club	Perf	
	8	Barry Ferguson	Cambridge Harriers	dnf

300m Hurdles (b)**Final**

No.	Name	Club	Perf	
1	G 8	Barry Ferguson	Cambridge Harriers	70.11

Shot (b)**Final**

No.	Name	Club	Perf	
1	G 64	John Gilbert	Invicta East Kent AC	8.41

7.94, 8.25, x, 8.29, 8.41, x

Discus (b)**Final**

No.	Name	Club	Perf	
1	G 64	John Gilbert	Invicta East Kent AC	26.08
2	- 73	David Simpson	Sevenoaks AC	10.70

23.15, x, 26.08, 25.35, 23.95, 25.04
10.28, x, 9.79, 10.70, x, x**Hammer (b)****Final**

No.	Name	Club	Perf	
1	G 64	John Gilbert	Invicta East Kent AC	31.16

x, 30.04, 29.74, 31.16, x, 29.74

Javelin (b)**Final**

No.	Name	Club	Perf	
1	G 64	John Gilbert	Invicta East Kent AC	24.86
2	S 77	Michael Duffin	Paddock Wood AC	22.83
3	- 73	David Simpson	Sevenoaks AC	15.48

21.46, x, x, 22.23, 24.86, 20.11
x, 20.47, 22.83, x, 21.05, 20.11
12.02, 14.88, 15.48, 13.12, x, 13.09

M80**400m (b)****Final**

No.	Name	Club	Perf	
1	G 29	Ronald Denney	Sevenoaks AC	104.58

CBP

800m (a)**Final**

No.	Name	Club	Perf	
1	G 29	Ronald Denney	Sevenoaks AC	4:09.38

1500m (a)**Final**

No.	Name	Club	Perf	
	29	Ronald Denney	Sevenoaks AC	dnf

Shot (b)**Final**

No.	Name	Club	Perf	
1	G 65	John Kirkham	Veterans AC	6.25
2	S 29	Ronald Denney	Sevenoaks AC	6.10

5.85, 5.77, 5.92, 5.97, 6.20, 6.25
5.21, 6.05, -, 5.18, 6.10, x**Discus (b)****Final**

No.	Name	Club	Perf	
1	G 29	Ronald Denney	Sevenoaks AC	14.85
2	S 65	John Kirkham	Veterans AC	14.74

13.19, 11.65, 14.85, 13.10, -, -
14.14, 14.74, x, 13.79, 13.18, 13.40**Javelin (b)****Final**

No.	Name	Club	Perf	
1	- 65	John Kirkham	Veterans AC	10.08

10.08, 9.68, 8.62, x, r

W35**200m (a)****Final**

w/s+1.0

No.	Name	Club	Perf	
1	19	Heidi Nicholas (G)	Basildon AC	30.34

100m Hurdles (a)**Final**

w/s+1.7

No.	Name	Club	Perf	
1	G 7	Kimberley Taylor	Dartford Harriers AC	19.10

CBP

Shot (a)**Final**

No.	Name	Club	Perf	
1	G 66	Marianne Berndt	Bexley AC	9.99
2	- 67	Elizabeth Duffin	Paddock Wood AC	6.20

9.92, 9.83, 9.99, x, x, 9.75
5.84, 6.20, 5.90, 5.42, 5.61, 5.45**Discus (a)****Final**

No.	Name	Club	Perf	
1	G 66	Marianne Berndt	Bexley AC	32.22
2	- 7	Kimberley Taylor	Dartford Harriers AC	20.80

31.51, x, 29.17, 32.22, x, x
20.80, 17.15, x, x, 17.03, x**Hammer (a)****Final**

No.	Name	Club	Perf	
1	- 78	Stacy Taylor	Dartford Harriers AC	22.42
2	- 67	Elizabeth Duffin	Paddock Wood AC	18.51

x, 19.18, x, 21.88, 22.42, x
x, 18.17, 18.51, 17.29, 14.99, 17.78**Javelin (a)****Final**

No.	Name	Club	Perf	
1	- 67	Elizabeth Duffin	Paddock Wood AC	22.41

x, 20.32, 21.14, x, 21.30, 22.41

W40**200m (a)****Final**

w/s+1.0

No.	Name	Club	Perf	
1	G 22	Wendy Masters	Bexley AC	29.78

400m (b)**Final**

No.	Name	Club	Perf	
1	G 30	Emma Wood	Tonbridge AC	60.06

CBP

5000m (a)**Final**

No.	Name	Club	Perf	
1	G 45	Catherine O'Connor	Folkestone Running Club	21:24.66

W50**5000m (a)****Final**

No.	Name	Club	Perf
1	G 46 Kim Howes	Swale Combined AC	22:54.33

2000m Walk (b)**Final**

No.	Name	Club	Perf
1	G 49 Geraldine Legon	Bexley AC	13:28.46

Shot (a)**Final**

No.	Name	Club	Perf
1	68 Angela Morgan (G)	Eastbourne Rovers	7.46
2	G 53 Christine Pates	Bexley AC	7.41
3	S 69 Liz Slater	Bexley AC	6.98

6.71, 7.46, 6.99, 6.66, 6.36, 6.53
7.34, 7.29, 6.81, 7.00, 7.41, 6.96
6.22, 6.98, 6.19, 6.23, 6.42, 6.53

Discus (a)**Final**

No.	Name	Club	Perf
1	G 53 Christine Pates	Bexley AC	17.79
2	- 69 Liz Slater	Bexley AC	13.96

15.84, 17.79, x, x, 15.91, x
13.96, 13.45, 13.80, 12.61, x, 12.61

Hammer (a)**Final**

No.	Name	Club	Perf
1	68 Angela Morgan (G)	Eastbourne Rovers	24.86
2	G 69 Liz Slater	Bexley AC	20.60
3	S 79 Christine Lynch	Swale Combined AC	17.76

22.48, 21.87, 24.86, 24.23, 23.83, 23.58
20.45, 20.60, 19.32, 20.45, 20.02, 20.50
15.43, x, 17.59, x, 17.09, 17.76

Javelin (a)**Final**

No.	Name	Club	Perf
1	- 53 Christine Pates	Bexley AC	15.18

12.82, 14.97, 15.18, 14.60, x, 13.59

W60**200m (a)****Final**

w/s+1.0

No.	Name	Club	Perf
1	- 23 Fiona Argent	Medway and Maidstone AC	39.00

5000m (a)**Final**

No.	Name	Club	Perf
1	G 47 Deirdre Coombs	Folkestone Running Club	23:06.64

300m Hurdles (a)**Final**

No.	Name	Club	Perf
1	- 23 Fiona Argent	Medway and Maidstone AC	81.52

Shot (a)**Final**

No.	Name	Club	Perf
1	G 23 Fiona Argent	Medway and Maidstone AC	6.09

5.89, 6.09, 5.35, x, 5.78, 5.21

Discus (a)**Final**

No.	Name	Club	Perf
1	- 23 Fiona Argent	Medway and Maidstone AC	12.54

10.89, 11.16, 12.30, x, 12.54, x

W70**100m (b)****Final**

w/s+1.0

No.	Name	Club	Perf
1	G 9 Patricia Oakes	Ashford AC	19.50

CBP

200m (a)**Final**

w/s+1.0

No.	Name	Club	Perf
1	- 9 Patricia Oakes	Ashford AC	43.73

80m Hurdles (a)**Final**

w/s+1.0

No.	Name	Club	Perf
1	G 9 Patricia Oakes	Ashford AC	19.81

Shot (a)**Final**

No.	Name	Club	Perf
1	G 57 Barbara Terry	Blackheath & Bromley HAC	7.31

CBP 6.96, 7.31, x, 6.85, 6.89, 6.96

Discus (a)**Final**

No.	Name	Club	Perf
1	G 57 Barbara Terry	Blackheath & Bromley HAC	15.92

CBP 13.82, 13.01, 15.92, 15.84, 15.81, 15.40

Hammer (a)**Final**

No.	Name	Club	Perf
1	G 57 Barbara Terry	Blackheath & Bromley HAC	20.03

19..4, 19.55, 19.62, 20.03, 19.05, 18.79

Javelin (a)**Final**

No.	Name	Club	Perf
1	G 57 Barbara Terry	Blackheath & Bromley HAC	14.26
2	S 9 Patricia Oakes	Ashford AC	13.01

12.48, x, 14.26, 13.75, x, x

13.01, 10.85, 13.00, x, 12.47, 10.71