

**Kent County Championship Results Saturday 23/05/2015**

**Senior Men**

<b>100m</b>		<b>Heat 1</b>		<b>w/s=1.0</b>
No.	Athlete	Club	Perf	
1	6	Darren Green	Kent AC	10.95
2	10	Wade Thompson	Cambridge Harriers	11.20
3	2	Mathew Beech	Swale Combined AC	12.10
4	8	Mark McAllister (M40)	Tonbridge AC	12.30
5	5	George Choat	Newham & Essex Beagles AC	13.79

Q  
Q  
Q  
q

<b>100m</b>		<b>Heat 2</b>		<b>w/s=2.0</b>
No.	Athlete	Club	Perf	
1	3	Duayne Bovell	Blackheath & Bromley H AC	10.98
2	9	Ishmael Smith-John	Blackheath & Bromley H AC	11.22
3	1	Justin Bailey	Dartford Harriers AC	11.63
4	4	Lincoln Campbell (M50)	East Grinstead & District AC	12.14

Q  
Q  
Q  
q

<b>100m</b>		<b>Final</b>		<b>w/s=1.0</b>
No.	Athlete	Club	Perf	
1	3	Duayne Bovell	Blackheath & Bromley H AC	10.86
2	6	Darren Green	Kent AC	10.90
3	10	Wade Thompson	Cambridge Harriers	11.12
4	9	Ishmael Smith-John	Blackheath & Bromley H AC	11.17
5	1	Justin Bailey	Dartford Harriers AC	11.66
6	4	Lincoln Campbell (M50)	East Grinstead & District AC	12.13
7	2	Mathew Beech	Swale Combined AC	12.14
8	8	Mark McAllister (M40)	Tonbridge AC	12.30

<b>400m</b>		<b>Final</b>		
No.	Athlete	Club	Perf	
1	15	Sean Molloy	Tonbridge AC	48.81
2	12	David Stewart	Dartford Harriers AC	50.39
3	17	Steven Tester	Tonbridge AC	50.71
4	16	James Peeney	Bexley AC	52.46
5	5	George Choat	Newham & Essex Beagles AC	61.54

<b>1500m</b>		<b>Final</b>		
No.	Athlete	Club	Perf	
1	18	Dominic Brown	Tonbridge AC	4:01.19
2	21	Samuel Coombes	Dartford Harriers AC	4:03.07
3	33	Ben Tyler	Medway and Maidstone AC	4:04.04
4	24	Andrejs Safars	Medway and Maidstone AC	4:06.42
5	32	Daniel Kennedy	Blackheath & Bromley H AC	4:13.15

<b>5000m</b>		<b>Final</b>		
No.	Athlete	Club	Perf	
1	20	Thomas Wright	Bexley AC	15:10.02
2	19	Nicholas Wood	Dartford Harriers AC	15:12.50
3	28	Tom Collins	Medway and Maidstone AC	15:16.58
4	18	Michael Coleman (M35)	South Kent Harriers	15:22.64
5	27	Peter Tucker	Blackheath & Bromley H AC	15:38.24
6	26	Andrew Pickett	Dartford Harriers AC	15:40.13
7	29	Timothy Corby	Tonbridge AC	15:43.21
8	21	Stuart Beaney (M40)	Kent AC	16:27.77
9	25	Sam Rigby (M35)	South Kent Harriers	16:47.60
10	24	Tom Webb (M45)	Kent AC	17:37.96

<b>110m Hurdles</b>		<b>Final</b>		<b>w/s=3.1</b>
No.	Athlete	Club	Perf	
1	13	Peter Davey (M40)	Ashford AC	16.24
2	7	Matthew Harris	Ashford AC	16.26
3	14	Shaun Mulligan	Kent AC	19.71

<b>Pole Vault</b>		<b>Final</b>		
No.	Athlete	Club	Perf	
1	44	Alexander Wharfe	Ashford AC	4.00
2	46	Luke Williams	Ashford AC	3.60
3	7	Matthew Harris	Ashford AC	3.40
4	45	Allan Williams (M60)	Blackheath & Bromley H AC	3.00
5	43	Wayne Martin (M55)	Hastings AC	2.90
6	42	Matthew Smiley	Ashford AC	2.70

3.50 xo;3.60 o;3.80 o;4.00 o;4.10 xxx  
3.40 o;3.50 o;3.60 o;3.80 xxx  
3.40 o;3.50 xxx  
3.00 o;3.10 -;3.20 xxx  
2.60 xxo;2.70 o;2.80 xxo;2.90 o;3.00 xxx  
2.30 o;2.45 o;2.60 o;2.70 o;2.80 xxx

<b>Shot</b>		<b>Final</b>		
No.	Athlete	Club	Perf	
1	53	David Coleman	Tonbridge AC	11.51
2	58	Anthony Tipping (M50)	Cambridge Harriers	11.24
3	7	Matthew Harris	Ashford AC	11.14
4	59	Peter Wishart (M55)	Cambridge Harriers	8.26
5	54	Michael Farrell (M50)	Swale Combined AC	8.20
6	57	Richard Scoones (M50)	Swale Combined AC	7.72

np; 10.62; 11.26; 11.38; 11.16; 11.51  
10.71; 10.78; 10.85; 11.24; np; 11.03  
11.05; 10.78; 10.36; 10.66; 11.14; 11.02  
7.77; 8.26; 8.22; np; np; 8.11  
7.76; 7.51; 7.28; 7.93; 8.13; 8.20  
7.17; np; 7.72; np; 7.17; 7.35

Seated Disability Shot		Final		
No.	Athlete	Club	Perf	
1	35	Andrew Johnson (F57)	Ashford AC	7.07

6.51; 6.12; 7.07; 6.51; 6.68; 6.94

Discus		Final		
No.	Athlete	Club	Perf	
1	53	David Coleman	Tonbridge AC	49.47
2	56	Andrew Kruszewski (M55)	Cambridge Harriers	39.93
3	7	Matthew Harris	Ashford AC	37.38
4	58	Anthony Tipping (M50)	Cambridge Harriers	35.31
5	61	Graham Holder (M40)	Bexley AC	35.07
6	60	James Cooper (M35)	Ashford AC	34.15
7	62	Ben Roberts	Ashford AC	25.44
8	59	Peter Wishart (M55)	Cambridge Harriers	25.07
9	57	Richard Scoones (M50)	Swale Combined AC	24.22
10	54	Michael Farrell (M50)	Swale Combined AC	23.09
11	55	David Glendower (M45)	Pembroke Harriers	21.28

49.47; 41.68; 46.13; 43.46; 45.06; nt  
39.33; 38.23; 38.38; nt; 39.93; 38.99  
31.84; 37.10; nt; nt; nt; 37.38  
32.99; nt; nt; 33.61; 33.91; 35.31  
30.54; 31.95; 33.37; 35.07; nt; 34.82  
30.92; 33.56; 34.15; 31.58; 28.50; nt  
24.86; 22.87; 23.56; 23.62; 25.44; 24.86  
25.07; nt; 21.95; 24.42; nt; nt  
24.22; 23.23; nt  
23.09; nt; nt  
20.63; nt; 21.28

Hammer		Final		
No.	Athlete	Club	Perf	
1	61	Graham Holder (M40)	Bexley AC	50.18
2	58	Anthony Tipping (M50)	Cambridge Harriers	36.14
3	63	Leon Weaving (M35)	Thanet AC	32.81
4	55	David Glendower (M45)	Pembroke Harriers	24.61
5	57	Richard Scoones (M50)	Swale Combined AC	23.93
6	54	Michael Farrell (M50)	Swale Combined AC	23.47

44.52; 50.18; 49.37; 48.33; 49.57; 48.02  
nt; 35.58; 36.14; nt; nt; 34.24  
28.94; nt; nt; 30.20; 32.81; nt  
21.34; nt; 24.32; 24.61; nt; nt  
20.08; nt; 23.93; nt; 20.13; nt  
20.98; nt; nt; 23.47; nt; nt

Seated Disability Javelin		Final		
No.	Athlete	Club	Perf	
1	35	Andrew Johnson (F57)	Ashford AC	17.98

nt; 17.98; 17.79; nt; nt; 17.32

U20 Men		Heat 1		w/s=1.3	
100m		No.	Athlete	Club	Perf
1	13	Wesley Walton	Tonbridge AC	11.28	
2	9	Maximilian Heavens	Invicta East Kent AC	11.54	Q
3	12	Jesse Solomon-Dugbo	Cambridge Harriers	11.94	Q
4	11	Oliver Shulver	Medway and Maidstone AC	12.29	Q
	14	Michael Watson	Medway and Maidstone AC	disq	
	8	Rhys Francis	S Factor Academy	disq	

100m		Heat 2		w/s=2.2	
No.	Athlete	Club	Perf		
1	3	Joseph Alason	Cambridge Harriers	11.21	Q
2	7	Terrell Craig	Bexley AC	11.42	Q
3	2	Dereck Aguma	Dartford Harriers AC	11.54	Q
4	1	Jaffer Adams	Invicta East Kent AC	11.55	q
5	4	Robert Banks	Ashford AC	12.11	q
6	5	Rohit Chaudhuri	Invicta East Kent AC	13.30	

100m		Final		w/s=2.8	
No.	Athlete	Club	Perf		
1	13	Wesley Walton	Tonbridge AC	11.21	
2	3	Joseph Alason	Cambridge Harriers	11.30	
3	9	Maximilian Heavens	Invicta East Kent AC	11.39	
4	2	Dereck Aguma	Dartford Harriers AC	11.44	
5	4	Robert Banks	Ashford AC	11.92	
6	1	Jaffer Adams	Invicta East Kent AC	12.21	
	7	Terrell Craig	Bexley AC	dns	
	12	Jesse Solomon-Dugbo	Cambridge Harriers	dns	

400m		Final		
No.	Athlete	Club	Perf	
1	16	Anthony Bryan	Tonbridge AC	50.38
2	26	George Clements	Medway and Maidstone AC	51.33
3	25	Joe Clark	Dartford Harriers AC	52.50

1500m		Final		
No.	Athlete	Club	Perf	
1	44	William Fuller	Blackheath & Bromley H AC	3:55.91
2	51	Miles Weatherseed	Tonbridge AC	3:57.37
3	52	Richard Webb	Blackheath & Bromley H AC	3:58.31
4	29	Corey De'Ath	Tonbridge AC	3:59.14
5	35	Joseph O'Hara	Bexley AC	4:07.13
6	40	Joseph Briault	Ashford AC	4:10.01
7	50	William Ruiz	Blackheath & Bromley H AC	4:14.72
8	28	Alex Cameron	Dartford Harriers AC	4:24.52
9	42	Jamie Carley	Invicta East Kent AC	4:26.46
10	38	Max Read	Medway and Maidstone AC	4:26.93
11	47	Alexander Lindfield	Medway and Maidstone AC	4:45.82

110m Hurdles		Final		w/s=3.1
No.	Athlete	Club	Perf	
1	25	Joe Clark	Dartford Harriers AC	15.44
2	66	Benjamin Isaac	Ashford AC	16.04
3	22	Oliver Cooper	Thanet AC	21.26
	23	Jack Parris	Cambridge Harriers	dns

Pole Vault		Final		
No.	Athlete	Club	Perf	
1	25	Joe Clark	Dartford Harriers AC	3.00
2	62	Ben Stanbury	Cambridge Harriers	3.00
3	61	Jon Pairman	Blackheath & Bromley H AC	2.80

2.60 o;2.70 -;2.80 o;2.90 -;3.00 o;3.10 xxx  
2.80 xxo;2.90 o;3.00 o;3.10 xxx  
2.45 o;2.60 -;2.70 o;2.80 xxo;2.90 xxx

Shot		Final		
No.	Athlete	Club	Perf	
1	67	Louis Mascarenhas	Blackheath & Bromley H AC	15.20
2	26	George Clements	Medway and Maidstone AC	9.95
3	22	Oliver Cooper	Thanet AC	9.92

np; 15.07; 14.75; 15.20; 15.07; 15.16  
8.82; 8.59; 8.85; 8.68; 9.94; 9.95  
8.15; 8.46; 8.54; 8.33; 8.82; 9.92

Discus		Final		
No.	Athlete	Club	Perf	
1	67	Louis Mascarenhas	Blackheath & Bromley H AC	53.04

nt; nt; 50.58; 50.72; nt; 53.04

U17 Men				
100m		Heat 1		w/s=1.8
No.	Athlete	Club	Perf	
1	12	Camron Lyttle	Bexley AC	10.89
2	11	Matthew Knight	Blackheath & Bromley H AC	11.47
3	18	Matteo Okogie	Cambridge Harriers	11.51
4	19	Ryan Poyroo	Blackheath & Bromley H AC	11.71
5	9	Callum Gordon	Cambridge Harriers	11.95
6	8	Kevin Feyisetan	Dartford Harriers AC	12.05
7	14	Alex Marshall	Medway and Maidstone AC	12.41

Q  
Q  
q  
q

100m		Heat 2		w/s=1.8
No.	Athlete	Club	Perf	
1	1	Moses Aregbesola	Bexley AC	11.16
2	4	Ryan Campbell	Dartford Harriers AC	11.44
3	17	Abraham Ogunmefun	Bexley AC	11.77
4	13	William Malcomson	The Judd School	11.97
5	16	Dami Ogunkeye	Cambridge Harriers	11.98
6	21	Barnie Skinner	Tonbridge AC	12.46

Q  
Q

100m		Heat 3		w/s=1.6
No.	Athlete	Club	Perf	
1	7	Eghosa Evbosomon	Cambridge Harriers	11.59
2	2	Basit Bakare-Ojsanya	Cambridge Harriers	11.63
3	20	Shaun Rose	Ashford AC	11.84
4	15	Chris Noy	Invicta East Kent AC	12.22
5	10	Matthew Hawkes	Medway and Maidstone AC	12.25
	22	Solomon Sulaiman	Dartford Harriers AC	dns

Q  
Q

100m		Final		w/s=2.3
No.	Athlete	Club	Perf	
1	12	Camron Lyttle	Bexley AC	10.75
2	1	Moses Aregbesola	Bexley AC	11.10
3	4	Ryan Campbell	Dartford Harriers AC	11.35
4	7	Eghosa Evbosomon	Cambridge Harriers	11.55
5	11	Matthew Knight	Blackheath & Bromley H AC	11.57
6	2	Basit Bakare-Ojsanya	Cambridge Harriers	11.60
7	19	Ryan Poyroo	Blackheath & Bromley H AC	11.62
	18	Matteo Okogie	Cambridge Harriers	disq

400m		Heat 1		
No.	Athlete	Club	Perf	
1	43	Henry Marshall	Tonbridge AC	52.86
2	47	Aleksander Wiltshire	Blackheath & Bromley H AC	54.22
3	45	William Milham	Medway and Maidstone AC	54.39
4	39	Bolu Aluko	Bexley AC	54.66
5	41	Samuel Day	Tonbridge AC	55.26

Q  
Q  
Q  
q

400m		Heat 2		
No.	Athlete	Club	Perf	
1	28	William Pope	Blackheath & Bromley H AC	52.17
2	29	Kody Powell	Cambridge Harriers	53.11
3	40	Peter Banks	Ashford AC	53.38
4	42	Thomas Kendrick	Tonbridge AC	53.61
5	44	Joshua Masters	Bexley AC	57.68

Q  
Q  
Q  
q

400m		Final		
No.	Athlete	Club	Perf	
1	43	Henry Marshall	Tonbridge AC	50.56
2	28	William Pope	Blackheath & Bromley H AC	51.10
3	29	Kody Powell	Cambridge Harriers	52.08
4	45	William Milham	Medway and Maidstone AC	53.07
5	40	Peter Banks	Ashford AC	53.44
6	42	Thomas Kendrick	Tonbridge AC	53.66
7	47	Aleksander Wiltshire	Blackheath & Bromley H AC	54.91
8	39	Bolu Aluko	Bexley AC	57.43

1500m		Final		
No.	Athlete	Club	Perf	
1	67	Alasdair Kinloch	Tonbridge AC	4:10.75
2	62	Joss Barber	Blackheath & Bromley H AC	4:11.54
3	53	Jamie Goodge	Tonbridge AC	4:14.80
4	59	Lucas Taylor-Costin	Dartford Harriers AC	4:21.75
5	63	Daniel Blades	Tonbridge AC	4:26.62
6	65	Callum Brooks	Medway and Maidstone AC	4:33.64
7	68	Jack Payton	Medway and Maidstone AC	4:38.48
8	71	Marshall Smith	Ashford AC	4:43.29
9	66	Jacob Coward	Medway and Maidstone AC	4:46.88
10	64	Benedick Brooks	Tonbridge AC	4:51.60
11	25	James Butler	Swale Combined AC	4:53.48

100m Hurdles		Final		w/s=3.0
No.	Athlete	Club	Perf	
1	32	Ethan Akanni	Bexley AC	13.42
2	34	Cameron Amedee	Ashford AC	13.76
3	35	Toby Seal	Tonbridge AC	13.78
4	36	Scott Thomson	Tonbridge AC	14.18
5	13	William Malcomson	The Judd School	14.94
6	37	Joseph Thurgood	Medway and Maidstone AC	14.97
7	38	Jonathan Tsoi	The Judd School	15.53
8	2	Basit Bakare-Ojsanya	Cambridge Harriers	16.00

High Jump		Final		
No.	Athlete	Club	Perf	
1	37	Joseph Thurgood	Medway and Maidstone AC	1.85
2	76	Christopher Everett	Tonbridge AC	1.70
3	30	Zachary Skinner T13/F13	Tonbridge AC	1.60

1.65 o;1.70 o;1.73 -;1.76 xo;1.79 o;1.82 xxo;1.85 o;1.87 xxx  
 1.60 xxo;1.65 -;1.70 o;1.73 -;1.76 -;1.79 xxx  
 1.50 o;1.55 o;1.60 xo;1.65 -;1.70 x

Long Jump		Final		
No.	Athlete	Club	Perf	
1	36	Scott Thomson	Tonbridge AC	5.92
2	35	Toby Seal	Tonbridge AC	5.87
3	8	Kevin Feyisetan	Dartford Harriers AC	5.80
4	30	Zachary Skinner T13/F13	Tonbridge AC	5.71
5	2	Basit Bakare-Ojsanya	Cambridge Harriers	5.45
6	31	Edward Adams	Blackheath & Bromley H AC	5.31
7	10	Matthew Hawkes	Medway and Maidstone AC	5.13
8	38	Jonathan Tsoi	The Judd School	4.81

- 5.92,-; 5.82,-; 5.66,-; nj; -; -  
 - 5.56,-; 5.87,-; 5.84,-; 3.08,-; -; -  
 - 5.79,-; nj; nj; 5.21,-; 5.22,-; 5.80,-  
 - nj; nj; 5.09,-; 5.57,-; 5.71,-; 5.32,-  
 - 5.39,-; 5.42,-; 5.32,-; 5.45,-; 5.10,-; 5.10,-  
 - 3.84,-; 3.99,-; 4.65,-; 5.31,-; -; -  
 - 4.93,-; 5.13,-; nj; 4.49,-; nj; 4.86,-  
 - 4.51,-; nj; 4.68,-; 4.81,-; -; -

Seated Disability Shot		Final		
No.	Athlete	Club	Perf	
1	30	Zachary Skinner T13/F13	Tonbridge AC	5.25
1	33	Sebastian Brooks F20	Tonbridge AC	3.09

- 5.23; 1.92; 5.25; -; 5.13; 5.11  
 - nj; 2.79; 3.09; nj; nj; nj

Triple Jump		Final		
No.	Athlete	Club	Perf	
1	27	Bamiyo Oladipupo	Cambridge Harriers	12.56
2	39	Bolu Aluko	Bexley AC	12.33

12.56,-; 11.90,-; 11.69,-; nj; 12.24,-; 11.84,-  
 12.21,-; 11.69,-; 12.33,-; nj; nj; 12.05,-

Javelin		Final		
No.	Athlete	Club	Perf	
1	92	James Whiteaker	Blackheath & Bromley H AC	66.11
2	85	Sonny Nash	Enfield & Haringey AC	52.74
3	93	James Yun-Stevens	Tonbridge AC	48.30
4	83	Oliver Hussey	Dartford Harriers AC	46.09
5	91	Femi Sofolarin	Blackheath & Bromley H AC	45.56
6	90	Callum Nason	Cambridge Harriers	43.22
7	25	James Butler	Swale Combined AC	42.22
8	21	Barnie Skinner	Tonbridge AC	41.76
9	89	Kian Crawford	Ashford AC	33.48
10	49	George Blake	Medway and Maidstone AC	31.34

50.53; 50.67; 66.11; 59.46; 57.82; 53.70  
 51.29; 48.79; 50.50; 51.76; nt; 52.74  
 nt; 46.79; nt; 46.25; nt; 48.30  
 46.09; 39.96; 44.36; 43.43; 43.46; 44.20  
 41.91; 45.56; 42.85; 45.56; 40.84; 42.06  
 nt; nt; 43.22; 39.04; nt; 42.86  
 36.39; nt; 35.43; 34.27; 37.80; 42.22  
 33.81; 36.80; 40.30; 41.76; 39.34; nt  
 33.48; 32.27; 31.86  
 27.12; 29.50; 31.34

**U15 Boys**

100m		Heat 1		w/s=2.2	
No.	Athlete	Club	Perf		
1	7	Rory Kuypers	Medway and Maidstone AC	11.74	Q
2	14	Harry Pitman	Ashford AC	12.04	Q
3	4	Matthew Elliott	Ashford AC	12.05	Q
4	8	Ernie Lake	Tonbridge AC	12.43	
5	1	Olu Wafemi Agbaje	Bexley AC	12.59	
6	19	Jack Victory	Ashford AC	13.06	
7	18	Alex Thomson	Tonbridge AC	13.08	
8	20	Reece Williams	Swale Combined AC	13.10	

100m		Heat 2		w/s=0.5	
No.	Athlete	Club	Perf		
1	12	Justin Oludemi	Dartford Harriers AC	11.94	Q
2	13	Joshua Oshunrinde	Medway and Maidstone AC	11.95	Q
3	5	Nathan Isaac	Medway and Maidstone AC	12.15	Q
4	15	Nathaniel St Louis-Mason	S Factor Academy	12.25	q
5	10	Luke Okosieme	Cambridge Harriers	12.26	q
6	6	Jack Kemp	Invicta East Kent AC	12.36	
7	3	Hayden Dyke	Ashford AC	13.05	
8	17	Philip Tenyue	Blackheath & Bromley H AC	13.57	

100m		Final		w/s=1.9	
No.	Athlete	Club	Perf		
1	12	Justin Oludemi	Dartford Harriers AC	11.67	
2	7	Rory Kuypers	Medway and Maidstone AC	11.81	
3	13	Joshua Oshunrinde	Medway and Maidstone AC	11.90	
4	5	Nathan Isaac	Medway and Maidstone AC	12.06	
5	4	Matthew Elliott	Ashford AC	12.09	
6	10	Luke Okosieme	Cambridge Harriers	12.09	
7	14	Harry Pitman	Ashford AC	12.11	
8	15	Nathaniel St Louis-Mason	S Factor Academy	12.20	

300m		Final		
No.	Athlete	Club	Perf	
1	16	Ben Sutton	Dartford Harriers AC	38.34
2	21	Lewis Cable	Medway and Maidstone AC	40.84
3	35	George Pope	Blackheath & Bromley H AC	41.61
4	22	Ben Perrin	Medway and Maidstone AC	41.88
5	37	Ewan Wood	Tonbridge AC	42.53
6	34	Connor Neal	Thanet AC	42.57
7	24	Felix Brooks	Tonbridge AC	44.32

1500m		Heat 1			
No.	Athlete	Club	Perf		
1	51	Quinn Austin	Medway and Maidstone AC	4:33.97	Q
2	64	Tom Simpson	Cambridge Harriers	4:34.97	Q
3	61	Archie May	Dartford Harriers AC	4:36.69	Q
4	39	Coleman Corry	Blackheath & Bromley H AC	4:37.64	Q
5	58	Ted Higgins	Bexley AC	4:38.50	q
6	57	Jack Higgins	Bexley AC	4:39.25	q
7	53	Marcus Etheridge	Invicta East Kent AC	4:43.97	q
8	66	Cameron Swatton	Blackheath & Bromley H AC	5:02.91	
9	48	Cameron Sharp	Dartford Harriers AC	5:03.99	
10	63	Matthew Roach	Bexley AC	5:06.89	

1500m		Heat 2			
No.	Athlete	Club	Perf		
1	45	Angus Harrington	Blackheath & Bromley H AC	4:39.36	Q
2	55	Matthew Francis	Cambridge Harriers	4:40.47	Q
3	60	James Kingston	Tonbridge AC	4:42.12	Q
4	42	Toby Emm	Tonbridge AC	4:42.45	Q
5	54	Gabriel Foley	Canterbury Harriers	4:43.11	q
6	49	Charlie Tomkins	Dartford Harriers AC	4:45.38	
7	44	Cole Gibbens	Invicta East Kent AC	4:47.71	
8	46	Callum Myatt	Blackheath & Bromley H AC	4:48.48	
9	65	Ronnie Stowell	Bexley AC	4:49.99	
10	62	Benjamin McNally	Dartford Harriers AC	4:57.33	
11	80	Charles Andrews	Blackheath & Bromley H AC	5:06.67	
12	50	Oliver Weston	Invicta East Kent AC	5:10.52	

1500m		Final		
No.	Athlete	Club	Perf	
1	51	Quinn Austin	Medway and Maidstone AC	4:22.80
2	45	Angus Harrington	Blackheath & Bromley H AC	4:23.02
3	39	Coleman Corry	Blackheath & Bromley H AC	4:29.33
4	64	Tom Simpson	Cambridge Harriers	4:33.02
5	55	Matthew Francis	Cambridge Harriers	4:34.22
6	58	Ted Higgins	Bexley AC	4:35.12
7	61	Archie May	Dartford Harriers AC	4:36.21
8	57	Jack Higgins	Bexley AC	4:42.53
9	42	Toby Emm	Tonbridge AC	4:46.39
10	60	James Kingston	Tonbridge AC	4:48.53
11	54	Gabriel Foley	Canterbury Harriers	4:51.39
12	53	Marcus Etheridge	Invicta East Kent AC	4:52.96

80m Hurdles		Final		w/s=3.1
No.	Athlete	Club	Perf	
1	27	Isaac Milham	Medway and Maidstone AC	11.26
2	25	Luke Cressey	Thanet AC	12.55
3	3	Hayden Dyke	Ashford AC	13.77
4	30	William Vickery	Tonbridge AC	14.34
5	28	Daniel Smith	Tonbridge AC	14.86
6	24	Felix Brooks	Tonbridge AC	16.07

High Jump		Final		
No.	Athlete	Club	Perf	
1	25	Luke Cressey	Thanet AC	1.73
2	10	Luke Okosieme	Cambridge Harriers	1.65
3	68	David Fullbrook	Tonbridge AC	1.60
4	69	Pedro Gleadall	Blackheath & Bromley H AC	1.55
5	29	Jack Smith	Bexley AC	1.55
5	30	William Vickery	Tonbridge AC	1.55
7	28	Daniel Smith	Tonbridge AC	1.45
8	70	Samuel Masters	Bexley AC	1.35

1.40 o;1.45 -;1.50 o;1.55 o;1.60 o;1.65 xo;1.70 xo;1.73 o;1.7  
1.50 o;1.55 -;1.60 o;1.65 o;1.70 xxx  
1.40 o;1.45 o;1.50 o;1.55 o;1.60 o;1.65 xxx  
1.30 o;1.35 o;1.40 o;1.45 xo;1.50 o;1.55 xxo;1.60 xxx  
1.35 o;1.40 o;1.45 o;1.50 xxo;1.55 xxo;1.60 xxx  
1.40 o;1.45 o;1.50 xxo ;1.55 xxo;1.60 xxx  
1.35 o;1.40 o;1.45 xo;1.50 xxx  
1.35 o;1.40 xxx

Long Jump		Final		
No.	Athlete	Club	Perf	
1	16	Ben Sutton	Dartford Harriers AC	5.50
2	11	Jason Okusanya	Bexley AC	5.29
3	13	Joshua Oshunrinde	Medway and Maidstone AC	5.02
4	8	Ernie Lake	Tonbridge AC	4.99
5	70	Samuel Masters	Bexley AC	4.65
6	18	Alex Thomson	Tonbridge AC	4.49
7	72	Inigo Warren	Invicta East Kent AC	4.41
8	20	Reece Williams	Swale Combined AC	4.36
9	24	Felix Brooks	Tonbridge AC	4.17
10	71	Samuel Baker	Cambridge Harriers	3.96
11	19	Jack Victory	Ashford AC	2.61

- 5.26,-; 5.37,-; 5.50,-; 5.31,-; 5.39,-; 5.46,-  
nj; 5.09,-; 5.29,-; 5.16,-; nj; -  
- 5.02,-; 4.76,-; 4.67,-; 4.73,-; 4.76,-; 4.66,-  
nj; 4.98,-; 4.79,-; 4.85,-; 4.99,-; 4.54,-  
- 4.56,-; 4.65,-; 4.57,-; 4.54,-; 4.23,-; -  
- 4.37,-; 4.26,-; 4.13,-; 4.28,-; 4.18,-; 4.49,-  
- 4.22,-; 3.97,-; 4.41,-; 3.93,-; 4.30,-; nj  
- 4.36,-; 4.19,-; nj; 3.94,-; 3.89,-; nj  
- 4.01,-; 3.92,-; 4.17,-  
- nj; 3.96,-; nj  
- nj; nj; 2.61,-

Triple Jump		Final		
No.	Athlete	Club	Perf	
1	73	Shaun Khaira	Ashford AC	10.40
2	72	Inigo Warren	Invicta East Kent AC	10.24
3	34	Connor Neal	Thanet AC	9.32
4	60	James Kingston	Tonbridge AC	9.17

- 9.94,-; 9.93,-; 9.92,-; 9.73,-; 10.07,-; 10.40,-  
- 9.74,-; nj; 9.60,-; 9.68,-; 10.24,-; 9.84,-  
- 9.32,-; nj; 9.15,-; 8.82,-; 9.29,-; 9.21,-  
- 9.13,-; 9.17,-; nj; 8.94,-; 8.81,-; nj

Javelin		Final		
No.	Athlete	Club	Perf	
1	68	David Fullbrook	Tonbridge AC	40.67
2	45	Angus Harrington	Blackheath & Bromley H AC	38.76
3	69	Pedro Gleadall	Blackheath & Bromley H AC	36.44
4	20	Reece Williams	Swale Combined AC	27.57
5	8	Ernie Lake	Tonbridge AC	27.26
6	38	Ben Blake	Medway and Maidstone AC	23.28
7	76	Freddie Marshall	Tonbridge AC	21.47
8	65	Ronnie Stowell	Bexley AC	21.39
9	42	Toby Emm	Tonbridge AC	21.31
10	79	George Saxby	Dartford Harriers AC	20.86
11	19	Jack Victory	Ashford AC	20.47
	78	Rowan Burford	Dartford Harriers AC	ndr

40.60; 40.53; 38.20; 38.46; 35.64; 40.67  
28.33; 18.08; 38.76; 34.45; rtd  
nt; 30.21; 28.73; nt; nt; 36.44  
26.03; 25.77; 25.52; 27.57; 23.75; 25.79  
27.26; 18.76; 20.67; nt; nt; nt  
21.96; 21.48; 23.28; 20.13; 21.02; nt  
21.47; 20.60; 21.01; 19.84; nt; 20.82  
21.39; 20.01; 17.16; rtd  
nt; nt; 21.31  
19.85; 20.86; 15.56  
nt; 20.47; 19.83  
nt; nt; nt

**Senior Women**

200m		Final		w/s=1.8
No.	Athlete	Club	Perf	
1	7	Jodie Leslie	Bedford & County AC	24.99
2	3	Shauna McFarlane	Medway and Maidstone AC	26.03
3	6	Hannah Sutton	Dartford Harriers AC	27.12

800m		Final		
No.	Athlete	Club	Perf	
1	11	Danielle Critchley	Blackheath & Bromley H AC	2:18.54
2	10	Beth Armstrong	Bexley AC	2:27.55

400m Hurdles		Final		
No.	Athlete	Club	Perf	
1	16	Becky McLinden	Blackheath & Bromley H AC	65.28
2	15	Hatshepsut James	Cambridge Harriers	66.32

5000m		Final		
No.	Athlete	Club	Perf	
1	15	Cath Stibbs (W40)	Kent AC	18:44.25
2	16	Lydia Blackmore	Kent AC	18:52.21

High Jump		Final		
No.	Athlete	Club	Perf	
1	19	Deborah Martin	Ashford AC	1.65
2	18	Katherine Hamilton	Ashford AC	1.45

1.60 xo;1.65 xo;1.68 -;1.71 xxx  
1.40 o;1.45 xo;1.50 xxx

Triple Jump		Final		
No.	Athlete	Club	Perf	
1	23	Chanel Hemmings	Cambridge Harriers	11.34

- 10.78,-; 11.18,-; nj; nj; 11.14,-; 11.34,-

Seated Disability Shot		Final		
No.	Athlete	Club	Perf	
1	32	Claire Harvey F55	Ashford AC	6.14
1	31	Helen Cooke F34	Ashford AC	4.55

5.92; 5.98; 5.76; 6.04; 6.14; 5.71  
4.20; 4.16; 4.11; 4.49; 4.55; 4.33

Javelin		Final		
No.	Athlete	Club	Perf	
1	30	Leanne O'Donovan	Dartford Harriers AC	31.25
2	29	Natalie Mann	Cambridge Harriers	20.16
3	25	Christine Lynch (W55)	Swale Combined AC	12.54

29.29; 27.90; 24.89; 27.60; 30.38; 31.25  
18.98; 19.47; 20.16; nt; nt; nt  
12.35; 11.33; 12.26; 11.52; nt; 12.54

Seated Disability Javelin		Final		
No.	Athlete	Club	Perf	
1	32	Claire Harvey F55	Ashford AC	12.33
1	31	Helen Cooke F34	Ashford AC	10.01

12.32; nt; nt; 12.33; nt; nt  
8.36; 9.89; 9.85; 10.01; 9.61; nt

**U20 Women**

200m		Final		w/s=1.8
No.	Athlete	Club	Perf	
1	13	Danielle Blake	Cambridge Harriers	24.68
2	1	Jazz Crawford	Blackheath & Bromley H AC	25.09
3	4	Rose Hairs	Tonbridge AC	25.20
4	2	Darcey Kuypers	Medway and Maidstone AC	25.86
5	7	Katie White	Tonbridge AC	26.21
6	5	Jazmin Salter	Medway and Maidstone AC	26.28
	14	Eleanor Ribbits	Tonbridge AC	dns

800m		Final		
No.	Athlete	Club	Perf	
1	24	Bobby Clay	Invicta East Kent AC	2:07.08
2	25	Niamh Bridson-Hubbard	Blackheath & Bromley H AC	2:12.73
3	26	Sian Driscoll	Tonbridge AC	2:14.22
4	29	Emily McKane	Invicta East Kent AC	2:19.19
5	21	Harley Wooler	Bexley AC	2:23.16
6	30	Amy Old	Invicta East Kent AC	2:24.53
7	27	Hannah Czarnowski	Tonbridge AC	2:25.54
8	31	Anna Weston	Invicta East Kent AC	2:30.55
9	28	Charlotte Harwood	Medway and Maidstone AC	2:31.12
10	23	Bonnie Maugey	Dartford Harriers AC	2:32.43

CBP

400m Hurdles		Final		
No.	Athlete	Club	Perf	
1	37	Leah Everson	Blackheath & Bromley H AC	66.55
2	17	Harriet Day	Medway and Maidstone AC	68.75
3	38	Kemi Ajose	Cambridge Harriers	70.49
4	22	Lucy Daniel	Cambridge Harriers	74.66

1500m Steeple Chase		Final		
No.	Athlete	Club	Perf	
1	33	Lilly Coward	Invicta East Kent AC	5:28.85

CBP

High Jump		Final		
No.	Athlete	Club	Perf	
1	15	Joanne Ware	Tonbridge AC	1.65
	14	Eleanor Ribbits	Tonbridge AC	nhr

1.50 o; 1.55 o; 1.60 o; 1.65 o; 1.68 xxx  
1.35 xxx

Long Jump		Final		
No.	Athlete	Club	Perf	
1	15	Joanne Ware	Tonbridge AC	5.25
2	42	Ella Walden	Dartford Harriers AC	4.98
	14	Eleanor Ribbits	Tonbridge AC	ndr

- nj; 5.25,-; nj; 4.88,-; nj; 5.11,-  
- 4.67,-; 4.92,-; 4.73,-; 4.89,-; 4.98,-; 4.87,-  
- wd

Triple Jump		Final		
No.	Athlete	Club	Perf	
1	15	Joanne Ware	Tonbridge AC	10.86
2	42	Ella Walden	Dartford Harriers AC	10.22
3	43	Temilola Tewogbade	Bexley AC	10.15
4	19	Bobbie Cornelius	Swale Combined AC	8.74

- 10.86,-; 10.75,-; 10.83,-; nj; -; nj  
- 9.82,-; 10.06,-; nj; 9.52,-; 10.08,-; 10.22,-  
- 9.80,-; nj; 9.95,-; 10.15,-; 9.96,-; 10.08,-  
- 8.33,-; 8.60,-; 8.67,-; 8.74,-; nj; 8.74,-

Javelin		Final		
No.	Athlete	Club	Perf	
1	48	Storm Porter	Unattached	23.46
2	32	Hester Hill	Unattached	22.94

nt; 23.46; nt; 22.57; 22.05; nt  
19.58; 22.94; 19.84; 19.29; 18.79; 19.94

### U17 Women

200m		Heat 1		w/s=1.4
No.	Athlete	Club	Perf	
1	1	Immanuela Aliu	Dartford Harriers AC	24.68
2	3	Magda Cienciala	Blackheath & Bromley H AC	25.32
3	14	Olivia Richer	Blackheath & Bromley H AC	26.24
4	19	Holly Fielder	Invicta East Kent AC	27.08
5	4	Sophie Delaney	Invicta East Kent AC	28.34
6	38	Faye Olszowka T20/F20	Bexley AC	29.83
7	22	Ellie White	Bexley AC	30.96

Q  
Q  
Q  
q

200m		Heat 2		w/s=3.0
No.	Athlete	Club	Perf	
1	2	Vera Chinedu	Cambridge Harriers	25.12
2	18	Kehinde Eyiowuawi	Bexley AC	25.87
3	12	Parris Johnson	Blackheath & Bromley H AC	25.88
4	20	Elizabeth Ibidunni	Blackheath & Bromley H AC	26.46
5	17	Poppy Dinley	Medway and Maidstone AC	28.10
6	9	Jasmine Harding	Invicta East Kent AC	28.81

Q  
Q  
Q  
q

200m		Final		w/s=1.0
No.	Athlete	Club	Perf	
1	2	Vera Chinedu	Cambridge Harriers	24.86
2	1	Immanuela Aliu	Dartford Harriers AC	24.87
3	3	Magda Cienciala	Blackheath & Bromley H AC	25.53
4	12	Parris Johnson	Blackheath & Bromley H AC	25.63
5	18	Kehinde Eyiowuawi	Bexley AC	26.11
6	14	Olivia Richer	Blackheath & Bromley H AC	26.50
7	20	Elizabeth Ibidunni	Blackheath & Bromley H AC	26.75
8	19	Holly Fielder	Invicta East Kent AC	27.31

### 800m

800m		Heat 1		
No.	Athlete	Club	Perf	
1	57	Sabrina Sinha	Cambridge Harriers	2:20.06
2	56	Chloe Sharp	Dartford Harriers AC	2:24.97
3	54	Alice Ralph	Tonbridge AC	2:26.72
4	45	Zahra Crane	Cambridge Harriers	2:30.73
5	48	Sarah Hall	Invicta East Kent AC	2:32.45
6	58	Amelia Waters	Cambridge Harriers	2:48.31
7	49	Amy Hart	Dartford Harriers AC	2:58.47

Q  
Q  
Q  
q  
q

800m		Heat 2		
No.	Athlete	Club	Perf	
1	34	Emily Bond	Invicta East Kent AC	2:20.10
2	51	Jessica Keene	Blackheath & Bromley H AC	2:23.24
3	50	Freya Hopkisson	Medway and Maidstone AC	2:25.44
4	55	Shannon Risky	Blackheath & Bromley H AC	2:33.13
5	43	Rebecca Burford	Dartford Harriers AC	2:37.59
6	53	Faye O'Brien	Dartford Harriers AC	2:43.83
7	44	Eleanor Coleman	Dartford Harriers AC	2:52.80
	46	Alice English	Swale Combined AC	dnf

Q  
Q  
Q

800m		Final		
No.	Athlete	Club	Perf	
1	57	Sabrina Sinha	Cambridge Harriers	2:09.89
2	56	Chloe Sharp	Dartford Harriers AC	2:13.39
3	51	Jessica Keene	Blackheath & Bromley H AC	2:16.99
4	54	Alice Ralph	Tonbridge AC	2:17.76
5	50	Freya Hopkisson	Medway and Maidstone AC	2:23.97
6	45	Zahra Crane	Cambridge Harriers	2:30.49
7	48	Sarah Hall	Invicta East Kent AC	2:36.72
	34	Emily Bond	Invicta East Kent AC	dns

CBP

300m Hurdles		Final		
No.	Athlete	Club	Perf	
1	29	Isabella Hilditch	Blackheath & Bromley H AC	45.00
2	39	Imogen Munday	Medway and Maidstone AC	46.33
3	27	Jade Fitt	Cambridge Harriers	47.76
4	31	Alexandra Prickett	Ashford AC	49.84
5	72	Corinne Wakesmith	Invicta East Kent AC	55.62

1500m Steeple Chase		Final		
No.	Athlete	Club	Perf	
1	75	Holly Page	Dartford Harriers AC	4:58.34
2	61	Yasmin Austridge	Blackheath & Bromley H AC	5:06.46
3	74	Naomi Kingston	Blackheath & Bromley H AC	5:16.01
4	73	Molly Hawkins	Cambridge Harriers	5:50.67
5	63	Jessica Carley	Invicta East Kent AC	5:54.08

CBP

Pole Vault		Final		
No.	Athlete	Club	Perf	
1	26	Leia Desseaux	Ashford AC	2.40
2	83	Grace Thomas	Bexley AC	2.20
3	82	Emily Crowhurst	Bexley AC	2.20

2.20 o;2.30 o;2.40 o;2.50 xxx  
1.80 o;1.95 xo;2.10 xo;2.20 xo;2.30 xxx  
2.10 o;2.20 xxo;2.30 xxx

Disability Long Jump		Final		
No.	Athlete	Club	Perf	
1	38	Faye Olszowka F20	Bexley AC	2.35

2.35; 1.75; 2.12; 1.97; wd

Shot		Final		
No.	Athlete	Club	Perf	
1	13	Hannah Owen	Ashford AC	10.15
2	91	Anna Barnett	Blackheath & Bromley H AC	9.22
3	86	Vanessa Elver	Dartford Harriers AC	8.79
4	92	Charlotte Carbin	Cambridge Harriers	8.16
5	19	Holly Fielder	Invicta East Kent AC	7.87
6	93	Chloe Williams	Thanet AC	7.04
7	80	Mira Vainio-Doiseul	Cambridge Harriers	6.29

9.90; 10.15; 10.06; -; 9.51; 9.73  
9.22; 8.83; np; 9.11; 9.22; 8.72  
8.79; 8.11; 8.69; np; 7.89; 7.68  
7.52; 8.16; 7.74; 7.43; 7.98; 7.38  
7.68; 7.84; 7.47; 7.87; 7.05; 7.50  
6.84; 6.46; 6.28; -; 7.04; 6.35  
5.72; 5.97; 5.90; 5.28; 6.29; 5.78

Discus		Final		
No.	Athlete	Club	Perf	
1	94	Carys Marsden	Blackheath & Bromley H AC	32.86
2	91	Anna Barnett	Blackheath & Bromley H AC	32.29
3	93	Chloe Williams	Thanet AC	20.53
4	92	Charlotte Carbin	Cambridge Harriers	18.54

nt; nt; 24.30; 32.86; 32.23; nt  
nt; nt; 14.86; 32.29; 31.13; 31.27  
20.53; 19.21; nt; nt; 17.06; nt  
18.54; 17.45; nt; nt; 15.48; 15.60

Hammer		Final		
No.	Athlete	Club	Perf	
1	96	Victoria Wiltshire	Blackheath & Bromley H AC	46.48
2	13	Hannah Owen	Ashford AC	45.47
3	94	Carys Marsden	Blackheath & Bromley H AC	36.41
4	83	Grace Thomas	Bexley AC	29.49
5	95	Sophie Fenner	Cambridge Harriers	29.40
6	93	Chloe Williams	Thanet AC	27.43

CBP

46.48; 45.81; 44.94; nt; 45.04; 43.30  
nt; nt; 10.62; 44.94; 45.47; 43.90  
nt; 35.92; 36.41; nt; nt; nt  
29.49; 28.10; 25.66; nt; 23.75; 22.09  
nt; 27.98; 26.85; 29.40; 25.61; 28.84  
26.74; 20.98; nt; nt; 27.02; 27.43

U15 Girls		Heat 1		
200m		w/s=2.1		
No.	Athlete	Club	Perf	
1	10	Louise Evans	Invicta East Kent AC	26.61
2	31	Princess Ighedosa	Bexley AC	27.98
3	9	Faith Etokowo	Ashford AC	28.11
4	25	Jamaica Williams	Cambridge Harriers	28.14
5	33	Sophia Smith	Invicta East Kent AC	28.15
6	15	Mia Hillyard	Thanet AC	28.44
7	18	Lauren Macey	Invicta East Kent AC	29.57
8	28	Georgiana Crawley	Tonbridge AC	30.65

Q  
Q  
Q  
q

200m		Heat 2		w/s=2.2	
No.	Athlete	Club	Perf		
1	4	Mhairi Brooks	Blackheath & Bromley H AC	26.37	Q
2	3	Shiann Brock-Walters	Cambridge Harriers	26.56	Q
3	21	Asha Root	Tonbridge AC	27.52	Q
4	8	Zara Edeleanu	Medway and Maidstone AC	27.67	q
5	20	Erin Moses	Thanet AC	28.41	
6	32	Zoe Martial	Blackheath & Bromley H AC	29.35	
7	34	Ashley Ward	Ashford AC	30.17	
8	29	Jasmine Fairman	Dartford Harriers AC	31.76	

200m		Final		w/s=1.2	
No.	Athlete	Club	Perf		
1	3	Shiann Brock-Walters	Cambridge Harriers	26.34	
2	10	Louise Evans	Invicta East Kent AC	26.39	
3	4	Mhairi Brooks	Blackheath & Bromley H AC	26.49	
4	21	Asha Root	Tonbridge AC	27.16	
5	8	Zara Edeleanu	Medway and Maidstone AC	28.24	
6	25	Jamaica Williams	Cambridge Harriers	28.55	
7	31	Princess Ighedosa	Bexley AC	28.84	
8	9	Faith Etokowo	Ashford AC	29.09	

800m		Heat 1			
No.	Athlete	Club	Perf		
1	52	Kathleen Faes	Tonbridge AC	2:21.55	Q
2	54	Matilda Hall	Tonbridge AC	2:24.97	Q
3	59	Elizabeth Miller	Tonbridge AC	2:26.00	Q
4	58	Alexandra Millard	Invicta East Kent AC	2:28.98	q
5	15	Mia Hillyard	Thanet AC	2:29.81	q
6	33	Sophia Smith	Invicta East Kent AC	2:32.86	
7	56	Cary Kwaramba-Downs	Dartford Harriers AC	2:37.49	
8	13	Rebecca Hales	Thanet Roadrunners AC	2:37.71	
9	29	Jasmine Fairman	Dartford Harriers AC	2:54.08	

800m		Heat 2			
No.	Athlete	Club	Perf		
1	61	Millie Smith	Blackheath & Bromley H AC	2:26.94	Q
2	63	Beth Williams	Thanet Roadrunners AC	2:29.21	Q
3	50	Grace Scopes	Blackheath & Bromley H AC	2:30.57	Q
4	51	Claudia Bates	Dartford Harriers AC	2:32.23	
5	55	Ella King-Powrie	Tonbridge AC	2:32.32	
6	53	Louise Flynn	Invicta East Kent AC	2:37.72	
7	60	Alice Prentice	Blackheath & Bromley H AC	2:46.08	
8	57	Phoebe Lawrie	Invicta East Kent AC	2:57.80	

800m		Final			
No.	Athlete	Club	Perf		
1	52	Kathleen Faes	Tonbridge AC	2:18.05	
2	61	Millie Smith	Blackheath & Bromley H AC	2:21.80	
3	54	Matilda Hall	Tonbridge AC	2:23.78	
4	59	Elizabeth Miller	Tonbridge AC	2:24.79	
5	63	Beth Williams	Thanet Roadrunners AC	2:25.71	
6	58	Alexandra Millard	Invicta East Kent AC	2:28.43	
7	15	Mia Hillyard	Thanet AC	2:40.29	
	50	Grace Scopes	Blackheath & Bromley H AC	dnf	

75m Hurdles		Heat 1		w/s=2.0	
No.	Athlete	Club	Perf		
1	35	Micheline Ashong	Cambridge Harriers	12.11	Q
2	40	Emily Higham	Invicta East Kent AC	12.85	Q
3	20	Erin Moses	Thanet AC	12.93	Q
4	8	Zara Edeleanu	Medway and Maidstone AC	13.01	q
5	37	Madeleine Cooper	Cambridge Harriers	13.11	
6	36	Zoe Austridge	Blackheath & Bromley H AC	13.16	
7	29	Jasmine Fairman	Dartford Harriers AC	15.70	

75m Hurdles		Heat 2		w/s=0.5	
No.	Athlete	Club	Perf		
1	30	Emily Featherstone	Medway and Maidstone AC	11.97	Q
2	42	Ashleigh West	Medway and Maidstone AC	12.18	Q
3	41	Lucy Maunders	Medway and Maidstone AC	13.03	Q
4	38	Jade Curtis	Ashford AC	13.08	
5	18	Lauren Macey	Invicta East Kent AC	13.84	
6	39	Emily Giardina	Thanet AC	15.17	

75m Hurdles		Final		w/s=3.0
No.	Athlete	Club	Perf	
1	42	Ashleigh West	Medway and Maidstone AC	11.80
2	35	Michelina Ashong	Cambridge Harriers	11.81
3	30	Emily Featherstone	Medway and Maidstone AC	12.00
4	40	Emily Higham	Invicta East Kent AC	12.64
5	41	Lucy Maunders	Medway and Maidstone AC	12.92
6	38	Jade Curtis	Ashford AC	13.06
7	20	Erin Moses	Thanet AC	13.18
8	8	Zara Edeleanu	Medway and Maidstone AC	14.50

Pole Vault		Final		
No.	Athlete	Club	Perf	
1	79	Lois Warden	Bexley AC	2.90
2	78	Erin Thomas	Bexley AC	2.80
3	77	Eleanor Barrett	Blackheath & Bromley H AC	2.40

2.70 o;2.80 xo;2.90 o;3.00 xxx  
 2.40 xo;2.50 o;2.60 xxo;2.70 xxo;2.80 xo;2.90 xxx  
 1.60 o;1.95 o;2.10 o;2.20 xxo;2.30 o;2.40 xo;2.50 xxx

Shot		Final		
No.	Athlete	Club	Perf	
1	85	Eloise Locke	Blackheath & Bromley H AC	12.64
2	83	Eve Keith	Blackheath & Bromley H AC	11.24
3	82	Kareena Galley	Blackheath & Bromley H AC	9.33
4	81	Kirsty-Anne Ebbage	Tonbridge AC	8.94
5	84	Catie Kohler	Tonbridge AC	8.40
6	40	Emily Higham	Invicta East Kent AC	8.09
7	24	Eva Timlin	Tonbridge AC	7.65
8	39	Emily Giardina	Thanet AC	7.46
9	28	Georgiana Crawley	Tonbridge AC	6.49
10	76	Kamiyla Robinson-Pascal	Blackheath & Bromley H AC	6.44
11	15	Mia Hillyard	Thanet AC	6.21

11.94; 12.03; np; 12.64; 11.87; 11.22  
 10.44; 10.89; 11.20; np; 10.98; 11.24  
 9.22; 9.33; 8.99; 8.67; np; 8.73  
 8.78; 8.24; 8.55; -; 8.94; 8.93  
 8.34; -; 8.40; -; 7.79; np  
 7.47; 7.87; np; 7.61; np; 8.09  
 7.65; np; 6.04; 7.09; np; 7.10  
 6.79; 6.25; 7.46; 6.99; 6.19; 6.52  
 6.42; 6.49; 5.76  
 6.23; 6.44; 6.38  
 6.21; wd

Discus		Final		
No.	Athlete	Club	Perf	
1	83	Eve Keith	Blackheath & Bromley H AC	34.20
2	85	Eloise Locke	Blackheath & Bromley H AC	30.87
3	84	Catie Kohler	Tonbridge AC	28.62
4	81	Kirsty-Anne Ebbage	Tonbridge AC	25.56
5	86	Alexandra Kelsey	Blackheath & Bromley H AC	24.23
6	82	Kareena Galley	Blackheath & Bromley H AC	23.98
7	34	Ashley Ward	Ashford AC	20.22

31.38; 34.20; 33.74; 33.58; nt; nt  
 30.87; nt; 30.51; nt; 29.72; 29.97  
 20.70; 27.47; 26.37; 26.58; 25.50; 28.62  
 20.83; nt; 23.88; 24.68; 25.56; 22.17  
 24.16; nt; 21.45; 21.04; 24.23; nt  
 nt; nt; 20.06; nt; 20.72; 23.98  
 20.15; 18.47; nt; 20.22; 18.73; nt

Hammer		Final		
No.	Athlete	Club	Perf	
1	84	Catie Kohler	Tonbridge AC	31.56
2	81	Kirsty-Anne Ebbage	Tonbridge AC	29.23
3	88	Katie Graham	Medway and Maidstone AC	28.57
4	86	Alexandra Kelsey	Blackheath & Bromley H AC	26.26
5	89	Megan Williams	Thanet AC	15.24

nt; nt; 8.00; nt; nt; 31.56  
 nt; nt; 7.27; nt; 29.23; nt  
 26.24; nt; 26.92; 28.57; nt; nt  
 nt; nt; 5.65; 24.34; 26.26; 25.95  
 15.24; 15.11; 14.27; 12.71; 14.76; 14.97