

## KCAA Veterans/Masters Championships - Erith 15-16/09/2012

### M35

100m					Final	w/s+0.0
No.	Name	Club			Perf	
1	G 1	Peter Davey	Ashford AC		12.32	
2	S 2	Craig Sharp	Dartford Harriers		13.33	

200m					Final	w/s+0.3
No.	Name	Club			Perf	
1	G 1	Peter Davey	Ashford AC		24.64	CBP

400m					Final	
No.	Name	Club			Perf	
1	G 1	Peter Davey	Ashford AC		55.92	
2	S 2	Craig Sharp	Dartford Harriers		58.24	

800m					Final	
No.	Name	Club			Perf	
1	G 2	Craig Sharp	Dartford Harriers		2:16.51	

110m Hurdles					Final	w/s+1.1
No.	Name	Club			Perf	
1	G 1	Peter Davey	Ashford AC		16.59	CBP
2	- 34	Tyrone Weaving	Thanet AC		20.92	

Pole Vault					Final	
No.	Name	Club			Perf	
	34	Tyrone Weaving	Thanet AC		nhr	2.20 xxx

Long Jump					Final	
No.	Name	Club			Perf	
1	G 1	Peter Davey	Ashford AC		5.52	5.52, 5.44, 5.45, 5.30, 5.45, 5.45
2	S 23	Stephen Lake	Ashford AC		5.44	5.25, 5.03, 5.30, 5.44, 5.18, 5.41

Triple Jump					Final	
No.	Name	Club			Perf	
1	G 23	Stephen Lake	Ashford AC		11.72	CBP nj, 11.52, 11.69, nj, nj, 11.72

### M40

100m					Final	w/s+0.0
No.	Name	Club			Perf	
1	G 4	Mark McAllister	Tonbridge AC		12.36	
2	S 3	David Kemp	Dartford Harriers		12.55	
3	B 6	Paul Stack	Blackheath & Bromley H AC		12.76	
4	462	Glen Readington (G)	WSEH		12.92	
5	5	Steven Powell	Unattached		13.77	

200m					Final	w/s+0.3
No.	Name	Club			Perf	
1	G 3	David Kemp	Dartford Harriers		25.06	
2	S 24	Paul English	Sevenoaks AC		25.86	
3	B 5	Steven Powell	Unattached		28.45	

400m					Final	
No.	Name	Club			Perf	
1	G 3	David Kemp	Dartford Harriers		56.76	
2	S 27	Gavin Kitchingham	Orpington Road Runners		59.46	
3	B 28	Tarzem Shoker	Dartford Harriers		59.46	
4	29	David Thorne	Hercules Wimbledon		63.29	

800m					Final	
No.	Name	Club			Perf	
1	G 27	Gavin Kitchingham	Orpington Road Runners		2:14.60	
2	S 36	Duncan Hussey	Dulwich Runners		2:21.29	

**1500m****Final**

	No.	Name	Club	Perf	
1	G	27	Gavin Kitchingham	Orpington Road Runners	4:29.21
2	S	36	Duncan Hussey	Dulwich Runners	4:56.53

**5000m****Final**

	No.	Name	Club	Perf	
1	G	27	Gavin Kitchingham	Orpington Road Runners	16:57.20
2	S	43	Martin Kelk	Invicta East Kent AC	17:48.08
3	B	35	Robert Fursey	Medway & Maidstone AC	18:49.27

**110m Hurdles****Final**

w/s+1.1

	No.	Name	Club	Perf	
		462	Glen Readington (G)	WSEH	17.22

**High Jump****Final**

	No.	Name	Club	Perf	
1	G	53	Stuart Earl	Medway & Maidstone AC	1.45

1.30 o, 1.35 o, 1.40 o, 1.45 xxo, 1.50 xxx

**Long Jump****Final**

	No.	Name	Club	Perf	
1	-	53	Stuart Earl	Medway & Maidstone AC	4.93

4.93, 4.76, nj, 4.84, 4.92, 4.82

**Shot****Final**

	No.	Name	Club	Perf	
1	G	65	Graham Holder	Bexley AC	10.91
2	S	64	Vincent Day	Newington AC	9.50
3	B	53	Stuart Earl	Medway & Maidstone AC	9.25
4		5	Steven Powell	Unattached	8.09
5		66	Ron Manser	Unattached	7.58
6		67	Ian Stanford	Paddock Wood AC	5.51

10.05, 10.35, 10.91, 10.49, np, 10.13  
9.21, 8.44, 9.50, 9.01, np, 9.02  
9.13, 8.97, np, 8.91, 8.85, 9.25  
8.09, 7.75, -, -, -  
7.58, 7.46, 7.06, 7.26, 7.27, 7.49  
5.51, 5.04, 5.25, 5.40, 5.23, 5.40**Discus****Final**

	No.	Name	Club	Perf	
1	G	65	Graham Holder	Bexley AC	36.71
2	-	64	Vincent Day	Newington AC	26.53
3	-	79	Michael Van Den Dobbelseen	Blackheath & Bromley H AC	26.38

CBP nt, 32.43, 35.83, 36.71, 36.12, 35.81  
24.10, 26.53, 24.64, 25.89, 25.05, nt  
nt, 22.85, nt, nt, 26.38, nt**Hammer****Final**

	No.	Name	Club	Perf	
1	G	65	Graham Holder	Bexley AC	53.70
2	-	67	Ian Stanford	Paddock Wood AC	16.30

CBP 50.32, 52.11, 53.12, 53.45, 53.70, nt  
16.30, 15.83, 15.81, 16.17, 15.52, 15.45**Javelin****Final**

	No.	Name	Club	Perf	
1	G	79	Michael Van Den Dobbelseen	Blackheath & Bromley H AC	48.89
2	S	4	Mark McAllister	Tonbridge AC	39.88
3	B	53	Stuart Earl	Medway & Maidstone AC	36.43
4		67	Ian Stanford	Paddock Wood AC	13.33

47.93, 45.15, 47.81, 47.29, 48.89, 46.59  
39.88, 38.65, 38.12, 36.35, 36.30, 37.24  
36.43, 35.70, 36.27  
13.33, nt, 13.26, 12.01, 12.01, 12.05**M50****100m****Final**

w/s+0.0

	No.	Name	Club	Perf	
1	G	7	Mark Woods	Paddock Wood AC	12.81

**200m****Final**

w/s+0.0

	No.	Name	Club	Perf	
1	G	7	Mark Woods	Paddock Wood AC	25.32
2	S	94	Steve Langford	Ashford AC	27.49

**400m****Final**

	No.	Name	Club	Perf	
1	G	7	Mark Woods	Paddock Wood AC	58.20
2	S	30	Ian Mackett	Ashford AC	68.62

**800m****Final**

	No.	Name	Club	Perf	
1	G	37	Raymond Chapman	Bromley Vets AC	2:30.23
2	S	30	Ian Mackett	Ashford AC	2:47.20

**1500m****Final**

	No.	Name	Club	Perf
1	G 41	Tony Tuohy	Dulwich Runners	4:32.19
2	S 42	Kevin Winch	Bexley AC	5:30.57

CBP

**5000m****Final**

	No.	Name	Club	Perf
1	G 41	Tony Tuohy	Dulwich Runners	16:42.32
2	S 44	Alan Camp	Blackheath & Bromley H AC	16:49.33
3	B 45	Martin Hawkins	Cambridge Harriers	19:47.77
4		42 Kevin Winch	Bexley AC	21:05.52

**2000m Walk****Final**

	No.	Name	Club	Perf
1	G 48	Noel Carmody	Cambridge Harriers	10:49.03
2	S 49	Gary MacDonald	Ashford AC	12:26.76

**High Jump****Final**

	No.	Name	Club	Perf
1	G 55	Gary Capon	Dartford Harriers	1.58
2	S 54	John Bancroft	Bexley AC	1.45

CBP 1.45 o, 1.50 o, 1.55 xo, 1.58 xo, 1.61 xxx  
1.35 o, 1.40 o, 1.45 xo, 1.50 xxx**Pole Vault****Final**

	No.	Name	Club	Perf
1	G 57	Allan Williams	Blackheath & Bromley H AC	3.35

3.35 o, 3.50 xxx

**Long Jump****Final**

	No.	Name	Club	Perf
1	G 94	Steve Langford	Ashford AC	4.66

4.47, 4.26, 4.06, 4.65, 4.66, nj

**Triple Jump****Final**

	No.	Name	Club	Perf
1	G 94	Steve Langford	Ashford AC	10.23

9.96, 10.06, 10.20, 10.00, 10.16, 10.23

**Shot****Final**

	No.	Name	Club	Perf
1	G 68	John Fenton	Dartford Harriers	10.95
2	S 69	Richard Scoones	Swale Combined AC	8.54

10.43, 10.82, np, 10.95, 10.86, 10.64  
8.39, 8.33, 8.15, 7.89, 8.29, 8.54**Discus****Final**

	No.	Name	Club	Perf
1	G 80	Gwyn Samuel	Cambridge Harriers	32.88
2	S 81	Peter Wishart	Cambridge Harriers	32.83
3	B 62	Wayne Howe	Ashford AC	31.45
4		69 Richard Scoones	Swale Combined AC	30.43

30.76, nt, 32.88, nt, 32.61, 30.49  
30.48, 30.96, nt, 30.65, 30.97, 32.83  
31.45, nt, nt, nt, nt, nt  
27.67, nt, nt, nt, 30.43, nt**Hammer****Final**

	No.	Name	Club	Perf
1	- 69	Richard Scoones	Swale Combined AC	28.14

-, 24.64, 27.01, 28.11, 27.49, 28.14

**Javelin****Final**

	No.	Name	Club	Perf
1	G 62	Wayne Howe	Ashford AC	38.34
2	- 69	Richard Scoones	Swale Combined AC	25.09

nt, nt, 3.71, nt, 38.34, nt  
24.87, 24.32, 25.09, 22.29, 22.83, 22.95**M60****100m****Final**

w/s+0.0

	No.	Name	Club	Perf
1	G 8	Robert Brown	Blackheath & Bromley H AC	14.44
2	S 10	Geoffrey Kitchener	Sevenoaks AC	14.58

**200m****Final**

w/s+0.0

	No.	Name	Club	Perf
1	G 8	Robert Brown	Blackheath & Bromley H AC	29.11
2	S 10	Geoffrey Kitchener	Sevenoaks AC	29.42

400m					Final
		No.	Name	Club	Perf
1	G	8	Robert Brown	Blackheath & Bromley H AC	65.60
2	S	31	Julian Spencer-Wood	Kent AC	67.30

800m					Final
		No.	Name	Club	Perf
1	G	31	Julian Spencer-Wood	Kent AC	2:31.34
2	S	8	Robert Brown	Blackheath & Bromley H AC	2:33.78
3	B	38	Peter Hamilton	Blackheath & Bromley H AC	2:41.68

1500m					Final
		No.	Name	Club	Perf
1	G	38	Peter Hamilton	Blackheath & Bromley H AC	5:31.44

5000m					Final
		No.	Name	Club	Perf
1	G	46	Christopher Marshall	Bromley Vets AC	20:57.91
2	S	47	Peter Watts	Swanley & District AC	21:28.81

100m Hurdles					Final	w/s+0.9
		No.	Name	Club	Perf	
1	G	10	Geoffrey Kitchener	Sevenoaks AC	21.58	

300m Hurdles					Final
		No.	Name	Club	Perf
1	G	10	Geoffrey Kitchener	Sevenoaks AC	54.44

2000m Walk					Final
		No.	Name	Club	Perf
1	G	50	Stephen Holliday	Medway & Maidstone AC	12:47.55

High Jump					Final
		No.	Name	Club	Perf
1	G	10	Geoffrey Kitchener	Sevenoaks AC	1.35

1.15o,1.20o,1.25o,1.30o,1.35xxo,1.40xxx

Pole Vault					Final
		No.	Name	Club	Perf
1	G	58	Michael Goodall	Ashford AC	2.60

2.60 xo, 2.80 xxx

Long Jump					Final
		No.	Name	Club	Perf
1	-	9	John Gilbert	Invicta East Kent AC	3.10

3.10, 3.02, 3.03, -, 2.98, 3.06

Shot					Final
		No.	Name	Club	Perf
1	G	63	John Stevens	Bexley AC	10.39
2	S	70	Peter Hawney	Cambridge Harriers	9.43
3	B	9	John Gilbert	Invicta East Kent AC	9.07

10.29, 10.28, 10.27, -, 10.39, 10.39  
9.21, 9.30, 9.20, 9.43, 9.19, 9.35  
8.40, 9.07, np, 8.81, np, 9.05

Discus					Final
		No.	Name	Club	Perf
1	G	70	Peter Hawney	Cambridge Harriers	28.37
		9	John Gilbert	Invicta East Kent AC	ndr

28.37, 25.34, nt, nt, 25.44, 26.63  
nt, nt, nt

Hammer					Final
		No.	Name	Club	Perf
1	G	63	John Stevens	Bexley AC	36.50
2	S	9	John Gilbert	Invicta East Kent AC	27.66

34.52, 34.50, 32.98, 34.21, 36.50, 34.63  
25.70, 27.66, nt, nt, 27.02, nt

Javelin					Final
		No.	Name	Club	Perf
1	G	88	Robert Williams	Unattached	33.48
2	S	63	John Stevens	Bexley AC	27.86
3	-	9	John Gilbert	Invicta East Kent AC	22.01

33.48, 31.03, 30.46, 30.60, 30.00, 32.42  
19.21, 27.30, -, 27.86, 26.10, nt  
20.24, 22.01, nt, nt, nt, 20.30

**M70**

					Final	w/s+0.0
		No.	Name	Club	Perf	
1	G	13	John Godbeer	Cambridge Harriers	17.67	
2	-	14	Richard Pitcairn-Knowles	Sevenoaks AC	19.93	
3	-	11	Ronald Denney	Sevenoaks AC	22.72	

					Final	w/s+0.0
		No.	Name	Club	Perf	
1	-	14	Richard Pitcairn-Knowles	Sevenoaks AC	40.27	
2	-	11	Ronald Denney	Sevenoaks AC	45.30	

					Final	
		No.	Name	Club	Perf	
1	G	32	Arthur Kimber	Dartford Harriers	80.37	
2	-	14	Richard Pitcairn-Knowles	Sevenoaks AC	96.65	
3	-	11	Ronald Denney	Sevenoaks AC	104.90	

					Final	
		No.	Name	Club	Perf	
1	G	32	Arthur Kimber	Dartford Harriers	3:05.98	
2	-	11	Ronald Denney	Sevenoaks AC	3:36.76	
3	-	14	Richard Pitcairn-Knowles	Sevenoaks AC	3:37.07	

					Final	
		No.	Name	Club	Perf	
1	-	11	Ronald Denney	Sevenoaks AC	7:14.12	
2	-	14	Richard Pitcairn-Knowles	Sevenoaks AC	7:24.08	

					Final	
		No.	Name	Club	Perf	
1	G	11	Ronald Denney	Sevenoaks AC	27:15.02	
		14	Richard Pitcairn-Knowles	Sevenoaks AC	dnf	

					Final	w/s-1.3
		No.	Name	Club	Perf	
1	G	12	Barry Ferguson	Cambridge Harriers	14.12	

CBP

					Final	
		No.	Name	Club	Perf	
1	G	12	Barry Ferguson	Cambridge Harriers	53.57	

CBP

					Final	
		No.	Name	Club	Perf	
1	-	59	David Simpson	Sevenoaks AC	1.40	

1.40 xxo, 1.60 xxx

					Final	
		No.	Name	Club	Perf	
1	G	73	Gordon Hickey	Blackheath & Bromley H AC	9.14	

8.98, 8.59, 8.91, 8.53, 9.14, 9.12

					Final	
		No.	Name	Club	Perf	
1	-	82	Peter Barber	Cambridge Harriers	21.56	

18.87, 21.56, 20.86, nt, 21.31, 20.23

					Final	
		No.	Name	Club	Perf	
1	G	82	Peter Barber	Cambridge Harriers	27.81	
2	S	73	Gordon Hickey	Blackheath & Bromley H AC	23.71	
3	-	72	Neville Hargreaves	Medway & Maidstone AC	19.99	

24.00, 26.95, 27.81, 27.59, nt, nt  
20.96, 21.24, nt, 23.71, 22.33, 22.27  
19.89, 19.99, nt, nt, 19.50, 18.07

					Final	
		No.	Name	Club	Perf	
1	G	89	Michael Duffin	Paddock Wood AC	22.37	
2	S	59	David Simpson	Sevenoaks AC	21.87	
3	-	73	Gordon Hickey	Blackheath & Bromley H AC	20.07	
4		11	Ronald Denney	Sevenoaks AC	11.77	

21.72, 22.37, 21.02, 21.12, 19.96, 19.28  
15.70, 18.82, 17.06, 21.87, 18.12, nt  
18.06, 20.07, nt, nt, 19.69, 19.54  
11.77, nt, 7.55, 6.90, 8.57, nt

**W35**

<b>100m</b>					<b>Final</b>	<b>w/s-0.8</b>
		No.	Name	Club		Perf
1	G	16	Kirstie Taylor	Dartford Harriers		13.83
2	S	15	Fleur Hardie	Dartford Harriers		15.30

<b>200m</b>					<b>Final</b>	<b>w/s+0.8</b>
		No.	Name	Club		Perf
1	G	16	Kirstie Taylor	Dartford Harriers		29.35

<b>Shot</b>					<b>Final</b>	
		No.	Name	Club		Perf
1	-	74	Claire Gilbert	Invicta East Kent AC		6.04

5.69, 5.84, 5.91, 6.04, 5.94, 4.88

<b>Javelin</b>					<b>Final</b>	
		No.	Name	Club		Perf
1	-	16	Kirstie Taylor	Dartford Harriers		22.87

21.99, 22.06, 22.87, nt, 22.22, 21.62

**W40**

<b>100m</b>					<b>Final</b>	<b>w/s-0.8</b>
		No.	Name	Club		Perf
1	G	21	Emma Wood	Tonbridge AC		13.57
2	S	17	Jo Barnes	Tonbridge AC		14.74
3	B	18	Kate Maryon	Paddock Wood AC		14.97
4		19	Abiola Onatade	Cambridge Harriers		16.59

<b>200m</b>					<b>Final</b>	<b>w/s+0.8</b>
		No.	Name	Club		Perf
1	G	21	Emma Wood	Tonbridge AC		27.85
2	S	18	Kate Maryon	Paddock Wood AC		30.78
3	-	19	Abiola Onatade	Cambridge Harriers		34.75

<b>2000m Walk</b>					<b>Final</b>	
		No.	Name	Club		Perf
1	G	51	Angela Martin	Paddock Wood AC		13:15.55

<b>High Jump</b>					<b>Final</b>	
		No.	Name	Club		Perf
1	G	18	Kate Maryon	Paddock Wood AC		1.30

1.20 o, 1.25 o, 1.30 o, 1.35 xxx

<b>Pole Vault</b>					<b>Final</b>	
		No.	Name	Club		Perf
1	G	61	Maria Newton	Medway & Maidstone AC		2.30
2	-	60	Jackie Montgomery	Blackheath & Bromley H AC		2.10

1.80o,1.90-,2.00o,2.10o,2.20o,2.30o,2.40xxx  
1.70o,1.80o,1.90o,2.00o,2.10xxo,2.20xxx

<b>Long Jump</b>					<b>Final</b>	
		No.	Name	Club		Perf
1	G	18	Kate Maryon	Paddock Wood AC		3.96

3.70, nj, 3.96, nj, 3.85, 3.85

<b>Discus</b>					<b>Final</b>	
		No.	Name	Club		Perf
1	-	83	Julie Manser	Unattached		17.11

nt, 15.61, 15.86, 17.11, 17.00, 15.97

**W50**

<b>2000m Walk</b>					<b>Final</b>	
		No.	Name	Club		Perf
1	G	52	Geraldine Legon	Bexley AC		13:29.54

<b>High Jump</b>					<b>Final</b>	
		No.	Name	Club		Perf
1	G	93	Teresa Eades	Dartford Harriers		1.30

1.20 o, 1.25 o, 1.30 o, 1.35 xxx

<b>Pole Vault</b>					<b>Final</b>	
		No.	Name	Club		Perf
1	G	93	Teresa Eades	Dartford Harriers		2.30

CBP 1.80o,1.90-,2.00o,2.10-,2.20o,2.30xo,2.43xxx

**Long Jump****Final**

	No.	Name	Club	Perf	
1	G	93	Teresa Eades	Dartford Harriers	3.96

3.75, 3.78, 3.96, 3.89, 3.87, 3.94

**Triple Jump****Final**

	No.	Name	Club	Perf	
1	G	93	Teresa Eades	Dartford Harriers	8.78

8.56, 8.67, 8.58, 8.74, 8.78, 8.57

**Shot****Final**

	No.	Name	Club	Perf	
1	G	75	Anne Goad	Dartford Harriers	9.44

9.25, 8.88, 8.73, 8.55, 9.44, np

**Discus****Final**

	No.	Name	Club	Perf	
1	G	75	Anne Goad	Dartford Harriers	22.62
2	S	84	Lynne Atkinson	Cambridge Harriers	20.25

22.43, 22.62, nt, 21.57, 21.02, 20.36  
18.62, 19.39, 18.65, nt, 19.92, 20.25**Hammer****Final**

	No.	Name	Club	Perf	
1	G	75	Anne Goad	Dartford Harriers	25.70
2	S	84	Lynne Atkinson	Cambridge Harriers	24.63
3	B	86	Kim Weaving	Thanet AC	23.89

24.24, 23.65, 24.48, 24.37, 24.80, 25.70  
nt, 24.63, nt, 23.49, nt, 21.80  
23.24, 20.81, 20.40, 22.11, 23.89, 23.81**Javelin****Final**

	No.	Name	Club	Perf	
1	G	75	Anne Goad	Dartford Harriers	23.28
2	-	84	Lynne Atkinson	Cambridge Harriers	13.75

nt, 22.79, 23.28, nt, nt, 22.71  
nt, 13.68, 13.75, 12.77, nt, nt**W60****400m****Final**

	No.	Name	Club	Perf	
1	G	33	Pat Halstead	Dartford Harriers	85.99

CBP

**800m****Final**

	No.	Name	Club	Perf	
1	G	33	Pat Halstead	Dartford Harriers	3:02.87

CBP

**1500m****Final**

	No.	Name	Club	Perf	
1	G	33	Pat Halstead	Dartford Harriers	6:06.64

CBP

**Shot****Final**

	No.	Name	Club	Perf	
1		76	Liz Simmons (G)	Epsom & Ewell H	9.44
2	G	77	Barbara Terry	Blackheath & Bromley H AC	8.27

9.26, 9.21, 9.44, np, 9.19, np  
8.02, 8.22, 8.21, 8.27, 8.25, 8.18**Discus****Final**

	No.	Name	Club	Perf	
1		76	Liz Simmons (G)	Epsom & Ewell H	20.89
2	G	77	Barbara Terry	Blackheath & Bromley H AC	19.01

19.08, 19.69, 20.89, nt, nt, nt  
nt, nt, 13.11, 18.44, nt, 19.01**Hammer****Final**

	No.	Name	Club	Perf	
1		76	Liz Simmons (G)	Epsom & Ewell H	28.49
2	G	77	Barbara Terry	Blackheath & Bromley H AC	24.71

21.76, 25.01, 28.49, 27.99, nt, 24.94  
24.71, 24.58, nt, 22.90, 21.39, nt**Javelin****Final**

	No.	Name	Club	Perf	
1		76	Liz Simmons (G)	Epsom & Ewell H	24.00
2	G	77	Barbara Terry	Blackheath & Bromley H AC	17.62

21.69, 23.76, 23.84, 22.01, 22.84, 24.00  
14.58, 15.97, 15.62, 15.75, nt, 17.62**W70****Shot****Final**

	No.	Name	Club	Perf	
1	G	78	Marlow Hadler	Cambridge Harriers	7.01

NCBP 6.59, 7.01, 6.66, 6.90, 6.93, 6.83

**Hammer****Final**

	No.	Name	Club	Perf	
1	G	78	Marlow Hadler	Cambridge Harriers	20.06

NCBP 17.57, 19.34, 20.06, 17.77, 18.78, 19.18

**Javelin****Final**

	No.	Name	Club	Perf	
1	-	78	Marlow Hadler	Cambridge Harriers	12.01

NCBP 10.79, 11.31, 11.49, 8.95, nt, 12.01