

KCAA 2008 U13 Championships

Erith Stadium, Erith

U13 Boys 100m

Heat 1		Wind Speed	-0.5	
No.	Athlete	Club	Time	
1	74	Reon Gowan-Wade	Black & Brom H AC	13.2
2	80	Francis Lammas	Med & Maid AC	13.7
3	71	Nathaniel Fatola	Ashford AC	13.7
4	79	Alexander Kidd	Tonbridge AC	14.2
5	72	Luke Francis	Bexley AC	14.2
6	83	Ross Miles	Tonbridge AC	14.3
Heat 2		Wind Speed	+0.2	
No.	Athlete	Club	Time	
1	86	Jamal Sekimwanyi-K	Invicta East Kent AC	13.6
2	89	Oliver Woodham	Med & Maid AC	13.9
3	78	Harry Kendall	Tonbridge AC	14.3
4	68	Niyaz Chowdhury	Black & Brom H AC	14.4
5	77	Alex Joseph	Swale Combined. AC	14.6
6	73	Ashwyn Goorovadoo	Kent AC	14.9
Heat 3		Wind Speed	+0.7	
No.	Athlete	Club	Time	
1	63	Benjamin Akande	Black & Brom H AC	13.2
2	65	Temidayo Banwo	Unattached	14.2
3	82	Harry Middleton	Ashford AC	14.3
4	69	Lewis Church	Sevenoaks AC	14.4
5	81	Jacob Lane	Med & Maid AC	15.1
6	88	Luke Watson	Med & Maid AC	16.0
Heat 4		Wind Speed	-0.5	
No.	Athlete	Club	Time	
1	62	Jaffer Adams	Invicta East Kent AC	12.7
2	85	Samuel Ratcliff	Paddock Wood AC	14.0
3	67	Samuel Burdett	Med & Maid AC	14.5
4	70	Cameron Corbishley	Med & Maid AC	15.5
5	66	Rhys Barber	Med & Maid AC	16.2
S/F 1		Wind Speed	-1.2	
No.	Athlete	Club	Time	
1	62	Jaffer Adams	Invicta East Kent AC	12.9
2	74	Reon Gowan-Wade	Black & Brom H AC	13.3
3	80	Francis Lammas	Med & Maid AC	13.9
4	85	Samuel Ratcliff	Paddock Wood AC	14.2
5	82	Harry Middleton	Ashford AC	14.3
6	79	Alexander Kidd	Tonbridge AC	14.6
7	83	Ross Miles	Tonbridge AC	dns
S/F 2		Wind Speed	-0.5	
No.	Athlete	Club	Time	
1	63	Benjamin Akande	Black & Brom H AC	13.3
2	71	Nathaniel Fatola	Ashford AC	13.7
3	86	Jamal Sekimwanyi-K	Invicta East Kent AC	13.7
4	89	Oliver Woodham	Med & Maid AC	13.9
5	65	Temidayo Banwo	Unattached	14.1
6	72	Luke Francis	Bexley AC	14.1
7	78	Harry Kendall	Tonbridge AC	14.6
Final		Wind Speed	+0.0	
No.	Athlete	Club	Time	
1	62	Jaffer Adams	Invicta East Kent AC	12.8
2	74	Reon Gowan-Wade	Black & Brom H AC	13.1
3	63	Benjamin Akande	Black & Brom H AC	13.6
4	86	Jamal Sekimwanyi-K	Invicta East Kent AC	13.7
5	71	Nathaniel Fatola	Ashford AC	13.7
6	80	Francis Lammas	Med & Maid AC	14.1

Heat 2		Wind Speed	-1.2	
No.	Athlete	Club	Time	
1	74	Reon Gowan-Wade	Black & Brom H AC	27.2
2	95	Daniel McCarthy	Tonbridge AC	27.3
3	72	Luke Francis	Bexley AC	28.7
4	85	Samuel Ratcliff	Paddock Wood AC	29.3
5	67	Samuel Burdett	Med & Maid AC	30.3
6	94	Charlie Jinks	Bexley AC	32.1
Heat 3		Wind Speed	-3.0	
No.	Athlete	Club	Time	
1	62	Jaffer Adams	Invicta East Kent AC	27.1
2	80	Francis Lammas	Med & Maid AC	29.2
3	82	Harry Middleton	Ashford AC	29.2
4	92	Josh Gibson	Med & Maid AC	30.3
5	91	Liam Cater	Black & Brom H AC	34.5
Final		Wind Speed	-3.0	
No.	Athlete	Club	Time	
1	62	Jaffer Adams	Invicta East Kent AC	26.6
2	95	Daniel McCarthy	Tonbridge AC	27.7
3	74	Reon Gowan-Wade	Black & Brom H AC	27.7
4	86	Jamal Sekimwanyi-K	Invicta East Kent AC	28.7
5	63	Benjamin Akande	Black & Brom H AC	28.7
6	89	Oliver Woodham	Med & Maid AC	28.8

U13 Boys 800m

Heat 1				
No.	Athlete	Club	Time	
1	98	Nicholas Armstrong	Bexley AC	2:29.5
2	92	Josh Gibson	Med & Maid AC	2:30.2
3	107	James Williamson	Med & Maid AC	2:30.3
4	81	Jacob Lane	Med & Maid AC	2:44.3
5	94	Charlie Jinks	Bexley AC	2:44.6
	101	Daniel Flatman	Tonbridge AC	disq
Heat 2				
No.	Athlete	Club	Time	
1	87	Billy Somogyi	Bexley AC	2:24.6
2	79	Alexander Kidd	Tonbridge AC	2:25.8
3	105	Maximilian Nicholls	Ashford AC	2:28.6
4	106	William Stockwell	Med & Maid AC	2:30.4
5	85	Samuel Ratcliff	Paddock Wood AC	2:33.5
6	83	Ross Miles	Tonbridge AC	2:52.9
Heat 3				
No.	Athlete	Club	Time	
1	96	Sean Molloy	Tonbridge AC	2:24.1
2	104	Daniel Murison	Med & Maid AC	2:26.2
3	99	Corey De'Arth	Unattached	2:28.3
4	100	Louis Duprez	Invicta East Kent AC	2:38.6
5	102	Patrick Kirwan	Tonbridge AC	2:39.7
6	88	Luke Watson	Med & Maid AC	2:41.2
Final				
No.	Athlete	Club	Time	
1	96	Sean Molloy	Tonbridge AC	2:14.0
2	87	Billy Somogyi	Bexley AC	2:19.6
3	98	Nicholas Armstrong	Bexley AC	2:21.3
4	104	Daniel Murison	Med & Maid AC	2:27.3
5	99	Corey De'Arth	Unattached	2:29.0
6	79	Alexander Kidd	Tonbridge AC	2:34.0

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Heat 1		Wind Speed	-4.3	
No.	Athlete	Club	Time	
1	63	Benjamin Akande	Black & Brom H AC	28.0
2	86	Jamal Sekimwanyi-K	Invicta East Kent AC	28.3
3	89	Oliver Woodham	Med & Maid AC	28.4
4	69	Lewis Church	Sevenoaks AC	30.5
5	93	Lewis Jackson	Dartford Harriers	31.2

U13 Boys 1500m

Heat 1				
No.	Athlete	Club	Time	
1	116	Hanro Rossouw	Tonbridge AC	5:04.3
2	111	Tim Faes	Tonbridge AC	5:07.0
3	105	Maximilian Nicholls	Ashford AC	5:11.9
4	107	James Williamson	Med & Maid AC	5:17.8
5	106	William Stockwell	Med & Maid AC	5:22.6
6	115	Jamie Porter	Ashford AC	5:30.3
7	114	Benjamin Murphy	Med & Maid AC	5:32.8
8	94	Charlie Jinks	Bexley AC	5:40.5

Heat 2				
No.	Athlete	Club	Time	
1	117	William Smith	Cambridge Harriers	5:26.5
2	79	Alexander Kidd	Tonbridge AC	5:31.3
3	119	James West	Med & Maid AC	5:32.0
4	109	Tommy Crawley	Black & Brom H AC	5:32.3
5	81	Jacob Lane	Med & Maid AC	5:34.3
6	112	Louis Jennings	Med & Maid AC	5:40.9
7	118	Richard Webb	Black & Brom H AC	5:45.0
8	110	Thomas Desborough	Black & Brom H AC	5:52.6

Final				
No.	Athlete	Club	Time	
1	119	James West	Med & Maid AC	4:43.1
2	105	Maximilian Nicholls	Ashford AC	4:50.1
3	116	Hanro Rossouw	Tonbridge AC	4:52.3
4	79	Alexander Kidd	Tonbridge AC	5:00.3
5	109	Tommy Crawley	Black & Brom H AC	5:01.2
6	111	Tim Faes	Tonbridge AC	5:08.2
7	107	James Williamson	Med & Maid AC	5:17.3
8	106	William Stockwell	Med & Maid AC	5:19.2
9	117	William Smith	Cambridge Harriers	5:21.3
10	114	Benjamin Murphy	Med & Maid AC	5:22.9
11	115	Jamie Porter	Ashford AC	5:31.2
12	81	Jacob Lane	Med & Maid AC	5:43.6

U13 Boys 75m Hurdles

Final				
No.	Athlete	Club	Wind Speed	Time
1	80	Francis Lammas	-0.1	12.9
2	68	Niyaz Chowdhury		13.8
3	92	Josh Gibson		14.1
4	67	Samuel Burdett		14.1
5	94	Charlie Jinks		16.0
6	85	Samuel Ratcliff		16.0

U13 Boys 2000m Walk

Final				
No.	Athlete	Club	Time	
1	120	Guy Thomas	Tonbridge AC	12:22.1

U13 Boys High Jump

Final				
No.	Athlete	Club	Height	
1	98	Nicholas Armstrong	Bexley AC	1.54
2	74	Reon Gowan-Wade	Black & Brom H AC	1.54
3	121	William Scott	Tonbridge AC	1.45
4	85	Samuel Ratcliff	Paddock Wood AC	1.35
5	69	Lewis Church	Sevenoaks AC	1.35
6	80	Francis Lammas	Med & Maid AC	1.30
7	93	Lewis Jackson	Dartford Harriers	1.30
8	81	Jacob Lane	Med & Maid AC	1.25
9	97	Jon Pairman	Black & Brom H AC	1.15

U13 Boys Long Jump

Final				
No.	Athlete	Club	Wind Speed	Distance
1	74	Reon Gowan-Wade		5.44
2	80	Francis Lammas		4.74
3	85	Samuel Ratcliff		4.66
4	84	Joseph Millman		4.39
5	69	Lewis Church		4.36
6	77	Alex Joseph		4.35
7	78	Harry Kendall		4.30
8	92	Josh Gibson		4.13
9	67	Samuel Burdett		4.11
10	72	Luke Francis		3.97
11	82	Harry Middleton		3.96
12	94	Charlie Jinks		3.76
13	89	Oliver Woodham		3.68
14	70	Cameron Corbishley		3.62

U13 Boys Shot Putt

Final				
No.	Athlete	Club	Distance	
1	122	Matthew Blandford	Ashford AC	9.72
2	125	Charlie Murphy	Cambridge Harriers	9.44
3	80	Francis Lammas	Med & Maid AC	8.36
4	68	Niyaz Chowdhury	Black & Brom H AC	7.77
5	124	Daniel Hollett	Black & Brom H AC	7.75
6	123	Kaine Dimech	Med & Maid AC	7.70
7	69	Lewis Church	Sevenoaks AC	6.42

U13 Boys Discus

Final				
No.	Athlete	Club	Distance	
1	122	Matthew Blandford	Ashford AC	32.26
2	68	Niyaz Chowdhury	Black & Brom H AC	24.83
3	84	Joseph Millman	Dartford Harriers	18.98
4	124	Daniel Hollett	Black & Brom H AC	18.95

U13 Boys Javelin

Final				
No.	Athlete	Club	Distance	
1	122	Matthew Blandford	Ashford AC	43.40
2	92	Josh Gibson	Med & Maid AC	31.82
3	93	Lewis Jackson	Dartford Harriers	30.68
4	89	Oliver Woodham	Med & Maid AC	25.55
5	97	Jon Pairman	Black & Brom H AC	20.29
6	69	Lewis Church	Sevenoaks AC	16.72
7	118	Richard Webb	Black & Brom H AC	15.83

U13 Girls 75m

Heat 1				
No.	Athlete	Club	Wind Speed	Time
1	19	Daryll Neita		10.2
2	15	Vanessa La Fon		10.2
3	18	Jessica Murphy		10.9
4	20	Eirinn Ounsworth		10.9
5	126	Jazz Crawford		11.1
6	9	Rose Hairs		11.1
7	22	Caroline Shepheard		12.0

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Heat 2		Wind Speed	+1.1	
No.	Athlete	Club	Time	
1	24	Imogen Stocks	Invicta East Kent AC	10.3
2	17	Reshae McPherson	South London Harriers	10.7
3	12	Elizabeth Highwood	Ashford AC	10.8
4	1	Jane Angus	Med & Maid AC	10.8
5	28	Katie White	Med & Maid AC	11.0
6	4	Oluwatomi Baruwa	Dartford Harriers	11.0
7	21	Abigail Palmer	Bexley AC	11.1
8	16	Rachel Lageretabua	Paddock Wood AC	11.3
Heat 3		Wind Speed	+0.3	
No.	Athlete	Club	Time	
1	2	Dina Asher-Smith	Black & Brom H AC	10.1
2	6	Alyce Cooper	Med & Maid AC	10.5
3	11	Natalie Hepinstall	Unattached	10.7
4	13	Hester Hill	Ashford AC	10.9
5	10	Sophie Hamlyn	Ashford AC	11.0
6	27	Joanne Ware	Med & Maid AC	11.0
7	8	Lily Crawley	Black & Brom H AC	11.1
8	5	Simone Baxter	Sevenoaks AC	11.3
Final		Wind Speed	+1.5	
No.	Athlete	Club	Time	
1	2	Dina Asher-Smith	Black & Brom H AC	9.8
2	19	Daryll Neita	Cambridge Harriers	10.1
3	15	Vanessa La Fon	South London Harriers	10.2
4	24	Imogen Stocks	Invicta East Kent AC	10.3
5	6	Alyce Cooper	Med & Maid AC	10.6
6	17	Reshae McPherson	South London Harriers	10.8
7	12	Elizabeth Highwood	Ashford AC	10.9
8	11	Natalie Hepinstall	Unattached	11.0

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U13 Girls 800m

Heat 1				
No.	Athlete	Club	Time	
1	39	Katie Humphrey	Tonbridge AC	2:48.2
2	31	Holly Fletcher	Black & Brom H AC	2:51.3
3	37	Katherine Buckley	Ashford AC	2:51.4
4	30	Emily Coombs	Med & Maid AC	2:55.2
5	42	Susana Sidders	Swale Combined. AC	2:59.8
6	38	Katie Francis	Dartford Harriers	3:09.2
Heat 2				
No.	Athlete	Club	Time	
1	41	Saffron Salih	Dartford Harriers	2:40.7
2	40	Ellen Newark	Bexley AC	2:44.4
3	35	Lauren Bamford	Ashford AC	2:46.9
4	36	Cassie Benson	Dartford Harriers	3:04.8
5	22	Caroline Shepheard	Paddock Wood AC	3:14.5
Final				
No.	Athlete	Club	Time	
1	39	Katie Humphrey	Tonbridge AC	2:33.3
2	31	Holly Fletcher	Black & Brom H AC	2:34.2
3	41	Saffron Salih	Dartford Harriers	2:39.8
4	40	Ellen Newark	Bexley AC	2:44.8
5	37	Katherine Buckley	Ashford AC	2:49.8
6	35	Lauren Bamford	Ashford AC	dns

U13 Girls 1200m

Final				
No.	Athlete	Club	Time	
1	49	Alice Wood	Tonbridge AC	4:01.3
2	40	Ellen Newark	Bexley AC	4:03.7
3	45	Amy Ellson	Tonbridge AC	4:09.0
4	46	Sophie Parkes	Cambridge Harriers	4:11.2
5	41	Saffron Salih	Dartford Harriers	4:21.5
6	34	Sarah Westby	Med & Maid AC	4:27.6
7	47	Rebecca Roddy	Ashford AC	4:32.3
8	13	Hester Hill	Ashford AC	4:34.0
9	48	Rhia Sanders	Med & Maid AC	4:40.3
10	36	Cassie Benson	Dartford Harriers	4:49.9

U13 Girls 70m Hurdles

Heat 1		Wind Speed	-0.8	
No.	Athlete	Club	Time	
1	24	Imogen Stocks	Invicta East Kent AC	12.0
2	6	Alyce Cooper	Med & Maid AC	12.6
3	1	Jane Angus	Med & Maid AC	13.0
4	21	Abigail Palmer	Bexley AC	13.1
5	32	Aine Hurlock	Black & Brom H AC	13.8
6	30	Emily Coombs	Med & Maid AC	18.4
Heat 2		Wind Speed	+1.0	
No.	Athlete	Club	Time	
1	50	Anna Alvarez	Invicta East Kent AC	12.0
2	33	Abigail Purkis	Ashford AC	13.0
3	17	Reshae McPherson	South London Harriers	13.4
4	23	Lauren Smith	Med & Maid AC	13.9
5	18	Jessica Murphy	Med & Maid AC	13.9
6	51	Hannah Johnson	Newington	23.3
Final		Wind Speed	-0.9	
No.	Athlete	Club	Time	
1	24	Imogen Stocks	Invicta East Kent AC	11.9
2	50	Anna Alvarez	Invicta East Kent AC	12.0
3	6	Alyce Cooper	Med & Maid AC	12.8
4	33	Abigail Purkis	Ashford AC	13.0
5	1	Jane Angus	Med & Maid AC	13.0
6	21	Abigail Palmer	Bexley AC	22.0

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U13 Girls 150m

Heat 1		Wind Speed	-	
No.	Athlete	Club	Time	
1	2	Dina Asher-Smith	Black & Brom H AC	19.9
2	15	Vanessa La Fon	South London Harriers	20.7
3	31	Holly Fletcher	Black & Brom H AC	21.6
4	11	Natalie Hepinstall	Unattached	22.6
5	22	Caroline Shepheard	Paddock Wood AC	24.5
Heat 2		Wind Speed	-0.6	
No.	Athlete	Club	Time	
1	24	Imogen Stocks	Invicta East Kent AC	20.4
2	33	Abigail Purkis	Ashford AC	20.9
3	32	Aine Hurlock	Black & Brom H AC	22.1
4	27	Joanne Ware	Med & Maid AC	22.5
5	30	Emily Coombs	Med & Maid AC	25.3
Heat 3		Wind Speed	-1.9	
No.	Athlete	Club	Time	
1	6	Alyce Cooper	Med & Maid AC	21.6
2	28	Katie White	Med & Maid AC	22.2
3	21	Abigail Palmer	Bexley AC	22.3
4	29	Lauren Best	Newington	23.7
Final		Wind Speed		
No.	Athlete	Club	Time	
1	2	Dina Asher-Smith	Black & Brom H AC	19.5
2	24	Imogen Stocks	Invicta East Kent AC	20.0
3	33	Abigail Purkis	Ashford AC	20.5
4	15	Vanessa La Fon	South London Harriers	20.8
5	6	Alyce Cooper	Med & Maid AC	21.1
6	31	Holly Fletcher	Black & Brom H AC	21.3

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U13 Girls 2000m Walk

Final				
No.	Athlete	Club	Time	
1	53	Shannon Cordell	Black & Brom H AC	15:02.5

U13 Girls High Jump

Final				
No.	Athlete	Club	Height	
1	50	Anna Alvarez	Invicta East Kent AC	1.38
2	10	Sophie Hamlyn	Ashford AC	1.38
3	21	Abigail Palmer	Bexley AC	1.35
4	13	Hester Hill	Ashford AC	1.30
5	56	Georgia Read-Smith	Sevenoaks AC	1.30
6	55	Mabel Chambers	Black & Brom H AC	1.20
7	20	Eirinn Ounsworth	Dartford Harriers	1.20
8	30	Emily Coombs	Med & Maid AC	1.15
9	18	Jessica Murphy	Med & Maid AC	1.15

U13 Girls Long Jump

Final				
No.	Athlete	Club	Distance	Wind Speed
1	19	Daryll Neita	Cambridge Harriers	4.46
2	50	Anna Alvarez	Invicta East Kent AC	4.34
3	12	Elizabeth Highwood	Ashford AC	4.09
4	35	Lauren Bamford	Ashford AC	4.09
5	27	Joanne Ware	Med & Maid AC	4.06
6	24	Imogen Stocks	Invicta East Kent AC	4.05
7	6	Alyce Cooper	Med & Maid AC	3.97
8	18	Jessica Murphy	Med & Maid AC	3.79
9	8	Lily Crawley	Black & Brom H AC	3.77
10	4	Oluwatomi Baruwa	Dartford Harriers	3.72
11	37	Katherine Buckley	Ashford AC	3.71
12	21	Abigail Palmer	Bexley AC	3.62
13	53	Shannon Cordell	Black & Brom H AC	3.55
14	9	Rose Hairs	Tonbridge AC	3.55
15	5	Simone Baxter	Sevenoaks AC	3.42
16	30	Emily Coombs	Med & Maid AC	3.40
17	39	Katie Humphrey	Tonbridge AC	3.38
18	16	Rachel Laqueretabua	Paddock Wood AC	3.28
19	54	Isabella Baylis	Med & Maid AC	2.40

U13 Girls Shot Putt

Final				
No.	Athlete	Club	Distance	
1	58	Gemma Brown	Dartford Harriers	8.45
2	59	Nicola Gregory	Bexley AC	8.44
3	3	Aleyah Babb-Benjamin	Black & Brom H AC	8.42
4	50	Anna Alvarez	Invicta East Kent AC	8.13
5	60	Kirsten Hooton	Ashford AC	7.67
6	61	Ellie Lawrence	Black & Brom H AC	7.44
7	24	Imogen Stocks	Invicta East Kent AC	7.40
8	57	Jamie Boddie	Med & Maid AC	7.06
9	20	Eirinn Ounsworth	Dartford Harriers	6.56

U13 Girls Discus

Final				
No.	Athlete	Club	Distance	
1	58	Gemma Brown	Dartford Harriers	31.64
2	50	Anna Alvarez	Invicta East Kent AC	27.58
3	59	Nicola Gregory	Bexley AC	27.40
4	3	Aleyah Babb-Benjamin	Black & Brom H AC	20.28
5	29	Lauren Best	Newington	16.09
6	22	Caroline Shepheard	Paddock Wood AC	14.19
7	51	Hannah Johnson	Newington	13.11
8	53	Shannon Cordell	Black & Brom H AC	12.60

U13 Girls Javelin

Final				
No.	Athlete	Club	Distance	
1	50	Anna Alvarez	Invicta East Kent AC	29.65
2	59	Nicola Gregory	Bexley AC	19.67
3	61	Ellie Lawrence	Black & Brom H AC	18.88
4	32	Aine Hurlock	Black & Brom H AC	16.51
5	22	Caroline Shepheard	Paddock Wood AC	16.50
6	60	Kirsten Hooton	Ashford AC	16.48
7	18	Jessica Murphy	Med & Maid AC	15.84
8	30	Emily Coombs	Med & Maid AC	11.03

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